Project Independence Activities, November 2-6

Monday *November 2nd*	***Tuesday*** *November 3rd*	***Wednesday*** *November 4th*	***Thursday*** *November 5th*	***Friday*** *November 6th*
9:30 ***Wise Minds Group*** ***10:30*** Let's Visit Balmoral, the Royal Family's Home in Scotland, w/ Sam Ladderball ***Mystery Van Trip: Joelle*** ***1:00*** Curiosities w/ Kira Curling Art w/ Sam ***2:30*** Farming with Horses w/ Sean Human Foosball Art w/ Glenn; Paint and Sip 3:30 Tai Chi in MDR ***4:00*** ***Sing-Along w/ Wellspring Singers*** Golf	***Election Day!*** ***9:30*** ***Women's Group*** ***10:30*** Sing Along w/ Glenn Darts Calendar Folding w/ Connie ***1:00*** The History of Voting w/ Sam Bounce Golf Kitchen Prep w/ Glenn or Kira ***2:30*** Natural Wonders w/ Emily Beanie Baby Target Toss Men's Group w/ Sam ***4:00*** Stories & Songs w/ Sam Curling Family Diaries w/ Carol	***10:30*** ***PI Trio*** Target Toss Quilting & Crafts w/ Donna & Susan ***11:30***: Mindfulness Moments w/ Karen ***1:00*** Antics w/ Amy Croquet Nailcare ***2:30*** Bingo ***Mystery Van Trip: David*** Games in the Great Room: Word Games, Ball Games ***4:00*** Life and Music of Frank Sinatra w/ Sibylle Cornhole Art w/ Finn	***10:30*** Therapy dogs w/ Nancy and Shasta Human Foosball Art w/ Shari ***1:00*** Jukebox Memories w/ Jill S Curling Oyster Art w/ Jill ***2:30*** ***Hollywood Musicals w/ Robert Wyatt: Thursday edition!*** Pool ***4:00*** Ted Topics w/ Ted Axe Throwing	***9:30*** ***Book Club w/Karen*** ***10:30*** Music and Massage w/ Betsy & Ken Bocce Hand Care w/ Karen ***11:30:*** Mindfulness Moments w/ Sibyelle ***1:00*** ***Linda Cormany Slide Show*** Flight School Readings w/ Ron ***2:30*** ***Creative Coloring & More w/ Linda & Betsy*** Long Table Car Shuffleboard: Board Games ***4:00*** ***Ted's Tunes*** Bowling

Every day we offer: 9:00 Muffins, Fruit, and More; 9:30 Morning Mix; 10:00 Morning Chat & Morning Walk; 11:30 Exercise & Walking Group; 2:00 Snack & Afternoon Mix; 3:30 Exercise & Afternoon Walk; 5:45 Evening Chat