

Elderly Services

Fall Community Education Series

Join us at the Middlebury Congregational Church!

Session 1: Aging in Addison County: Services and Help

Are you wondering what services will be available for yourself or for an elder in your life? We will review the variety of helping options for aging individuals and answer questions about cost and affordability.

Presented by Eileen Lawson

Geriatric Social Worker, Elderly Services

Date: Tuesday, September 26, 4:30-6:00 p.m.

Session 2: My Reflections on Living with Dementia

Jane Dwinell will read from her recently published book and take your questions. There are 13,000 people over age 65 in Vermont currently with a dementia diagnosis. It is a disease that touches everyone, yet there remains a stigma around talking about it. Jane's husband Sky did what he could to erase that stigma. He died in 2021, and since then Jane has been continuing the work that he started.

Presented by Jane Dwinell, author of Alzheimer's Canyon: One Couple's Reflections on Living with Dementia.

Date: Tuesday, October 3, 4:30-6:00 p.m.

Session 3: Telephone and Computer Scams that Target the Elderly

Falling victim to a telephone or computer scam can happen to anyone, but members of our elderly community are the most vulnerable. Learn specific strategies you can use to keep yourself or your loved ones from becoming victims of this type of scam.

Presented by: Chief Tom Hanley

Middlebury Police Department

Date: Tuesday, October 17, 4:30-6:00 p.m.

Session 4: Does Your Loved One Have Memory Loss?

Families have many questions when a relative is forgetful. When do I intervene? What is the right approach? We will discuss tips for everyday living with a person who has memory loss.

Presented by: Joanne Corbett

Clinical Social Worker, Elderly Services

Date: Tuesday, November 7, 4:30-6:00 p.m.

Register now

802.388.3983

Sessions are free and open to the public and will be held at the Middlebury Congregational Church.

To RSVP or learn more, call Eileen Lawson at Elderly Services: 802-388-3983



<http://elderlyservices.org/esi-community-education-fall-23/>