

Every day we offer:

- 9:00 Yogurt and Fresh Fruit
- 9:30 Morning Mix, Morning News
- 10:00 Morning Chat, Morning Walk
- 11:30 Exercise, Walking Group
- 12:00 Lunch
- 2:00 Snack
- 3:30 Exercise, Afternoon Walk
- 5:00 Supper
- 5:45 Evening Chat

Activities subject to change.