

***Enjoy Project Independence from Home***  
***~ Join our Online Activities over Zoom! ~***  
***November 21- November 25, 2022***

	<b><i>Monday</i></b> <i>November 21</i>	<b><i>Tuesday</i></b> <i>November 22</i>	<b><i>Wednesday</i></b> <i>November 23</i>	<b><i>Thursday</i></b> <i>November 24</i>	<b><i>Friday</i></b> <i>November 25</i>
<b><i>10:30</i></b>	Music with Carol	Brian and Zosha Show	Today's Headlines & Major Events with Ron	<b>Thanksgiving Holiday</b>	Zosha Reads the <i>Addison Independent</i>
<b><i>4:00</i></b>	Bone Builders with Sibylle	Dancing in Your Chair With Alice	Bone Builders with Sibylle		Bone Builders with Carol
<b><i>Note Time</i></b>	<b><i>5:45</i></b> Bingo! with Dale	<b><i>5:45</i></b> Book Club with Mona	<b>No Activity</b>		<b><i>5:45</i></b> Zooming with Carol
		<p><b><i>We can help with your computer.</i></b>  <b><i>We can show you how to Zoom!</i></b></p> <p><b><i>Call Kristin at 802.388.3983.</i></b></p>			

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<b>10:30</b>	Bingo Turkey Bowling	Title IX: Landmark Civil Rights Law Tabletop Bowling	<b>PI Trio</b> Sidewalk Shuffleboard	<b>Thanksgiving Holiday</b>	Van Trip Word Games Pool
<b>1:00</b>	<i>Grandma Gateway's Walk</i> Woodcraft Croquet	Life Lessons with Eileen Basket Toss	Wheel of Fortune Art Cart with Sean Tabletop Basketball		Music & Massage with Betsy Bowling
<b>2:30</b>	Armchair Travel to Guatemala Inverted Car Shuffle	<b>Music and More with Kathleen &amp; Dutton Smith</b> Golf	Reading the <i>Addy Indy</i> Pokeeno w/Dale Tabletop Shuffleboard		Comedy Hour with Ted Target Toss
<b>4:00</b>	Your Favorite Songs with Cecilia Basket Toss	Dale's Walking Miracle Story Bowling	<b>Piano Music with Fred</b> Bocce		<b>Jazz Standards with Fred</b> Turkey Bowling

*Activities subject to change.*

***Every day we offer:***

- 9:00 Yogurt and Fresh Fruit
- 9:30 Morning Mix, Morning News
- 10:00 Morning Chat, Morning Walk
- 11:30 Exercise, Walking Group
- 12:00 Lunch
- 2:00 Snack
- 3:30 Exercise, Afternoon Walk
- 5:00 Supper
- 5:45 Evening Chat

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