### PROJECT INDEPENDENCE — APRIL 2019

Elderly Services, Inc. www.elderlyservices.org mail@elderlyservices.org 802-388-3983



### PILLS TO TAKE AT PROIECT?

Be sure to give any medications to the nurses rather than carry them on you. Thank you!

\* EARLY CLOSING (for staff meeting) \* Thursday, April 25-closing at 6:00 pm





# Highlights! More Inside!

- ❖ African A Cappella Songs
- ❖ Don and Scandinavian Folk Art in Wood
- ❖ Skype with Former Project Leader Jack
- ❖ Easter Concert with Dale & Frances
- ❖ Jeannie and Her Next Adventure
- ❖ Damascus Share His Music

## Van Trips:

- o Point Bay Marina
- Lincoln Library
- Sugar House
- Singalong at Helen Porter
- Lake Dunmore
- Fire and Ice Restaurant



Monday, April 15, 1:00 - 4:00 PM

check payable to Elderly Services due by Friday, April 12

Thursday, April 25, 1:00 - 4:00 PM

check payable to Elderly Services due by Monday, April 22

\$40 for first appointment (includes supplies) \$30 for subsequent appointments

### To Register

Call 388-3983 for Claire or her voicemail.





Family Caregiver Support Group 12 noon, 3<sup>rd</sup> Friday of the month