



APRIL 2018

Calendar grid for April 2018 with columns for days of the week and rows for dates. Each cell contains a schedule of activities and times.

April 2019



And, every day, for your enjoyment...
7-10 am Breakfast, Newspapers, Visiting
10:00 Morning Chat & Walking Group
11:30 Exercise & Walking Groups
2:00 Afternoon Chat
3:30 Exercise & Walking Groups
5:45 Evening Farewell



PILLS TO TAKE AT PROJECT?
Be sure to give any medications to the nurses rather than carry them on you.
Thank you!

❖ **EARLY CLOSING (for staff meeting)** ❖
Thursday, April 25– closing at 6:00 pm



Highlights! More Inside!

- ❖ African A Cappella Songs
- ❖ Don and Scandinavian Folk Art in Wood
- ❖ Skype with Former Project Leader Jack
- ❖ Easter Concert with Dale & Frances
- ❖ Jeannie and Her Next Adventure
- ❖ Damascus Share His Music

Van Trips:

- Point Bay Marina
- Lincoln Library
- Sugar House
- Singalong at Helen Porter
- Lake Dunmore
- Fire and Ice Restaurant



**Foot Clinic
at Project Independence**

Monday, April 15, 1:00 – 4:00 PM

*check payable to Elderly Services
due by Friday, April 12*

Thursday, April 25, 1:00 – 4:00 PM

*check payable to Elderly Services
due by Monday, April 22*

\$40 for first appointment (includes supplies)

\$30 for subsequent appointments

To Register

Call 388-3983 for Claire or her voicemail.



Family Caregiver Support Group
12 noon, 3rd Friday of the month