



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>February 2019</h1>  <div style="border: 1px solid black; border-radius: 15px; padding: 5px; display: inline-block;">~ SUPPERS ~</div>				<p>1</p> <p>Fettucine with roasted red pepper sauce Winter squash Black bean salad Whole wheat mini roll</p> <p><i>Cranberry orange bar</i></p>
<p>4</p> <p>Scrambled eggs w/cheddar Roasted potatoes Asparagus Blueberry muffin</p> <p><i>Chocolate ice cream</i></p>	<p>5</p> <p>Minestrone soup Grilled hummus & cheddar Carrots</p> <p><i>Carrot cake</i></p>	<p>6</p> <p>Reuben casserole 3-bean salad Yellow squash Mini roll</p> <p><i>Banana cupcake</i></p>	<p>7</p> <p>Chicken & rice Broccoli Red cabbage slaw Mini roll</p> <p><i>Peanut butter cheesecake brownie</i></p>	<p>8</p> <p>3-cheese pizza Best lentil salad Maple carrot salad Spinach</p> <p><i>Swedish apple pie</i></p>
<p>11</p> <p>Broccoli cheddar chowder Ham salad on a bun Yellow squash</p> <p><i>Spice cake</i></p>	<p>12</p> <p>Chicken & peanut noodles Sweet 'n sour cabbage Corn Mini roll</p> <p><i>Chocolate peanut butter cookie</i></p>	<p>13</p> <p>Vegetable quiche Coconut mashed sweet potatoes Roasted asparagus Bran muffin</p> <p><i>Fruit salad</i></p>	<p>14</p> <p>Crabcakes with tartar sauce Dill potato salad Spinach Whole grain roll</p> <p><i>Vanilla ice cream with caramel drizzle</i></p>	<p>15</p> <p>Macaroni and cheese Black & white bean salad Fruit salad Mini roll</p> <p><i>Coconut blueberry cake with lemon sauce</i></p>
<p>18</p> <p>Lemon butter haddock Beet salad with avocado & feta Spinach Whole grain roll</p> <p><i>Yellow cake</i></p>	<p>19</p> <p>Quiche Mediterranean chickpea salad Cauliflower Oatmeal roll</p> <p><i>Orange dreamsicle smoothie</i></p>	<p>20</p> <p>Beef stroganoff & egg noodles Beet walnut salad Zucchini Sourdough bread</p> <p><i>Chocolate chip cookie</i></p>	<p>21</p> <p>Cheesy Spanish rice Black bean avocado salad Corn Bread and butter</p> <p><i>Maple date bar</i></p>	<p>22</p> <p>Chicken w/apple stuffing Green beans Mashed yams Mini roll</p> <p><i>Chocolate mousse bar</i></p>
<p>25</p> <p>Cheddar risotto Tomato white bean salad Steamed broccoli Blueberry mini muffin</p> <p><i>Peach mango salad</i></p>	<p>26</p> <p>Chili con carne Rice pilaf Broccoli raisin slaw Mini corn muffin</p> <p><i>Rainbow sherbet</i></p>	<p>27</p> <p>Salmon moutarde Roasted potatoes Brussels sprouts Pesto roll</p> <p><i>Lemon pound cake</i></p>	<p>28</p> <p>Lazy lasagna Cottage cheese Red bean salad Zucchini Sourdough bread</p> <p><i>Fresh fruit</i></p>	 <p><i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i></p>