





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1 style="text-align: center;">February 2019</h1> <div style="border: 1px solid black; border-radius: 15px; padding: 5px; text-align: center; margin: 10px auto; width: fit-content;">~ NOON DINNERS ~</div>					1
					Chicken chow mein with rice Beet avocado salad Broccoli florets Mini roll <i>Lemon Lulu cake</i>
4	5	6	7	8	9
Tuna macaroni salad Green beans & feta Fruit salad Bread and butter <i>Pineapple upside-down cake</i>	Sloppy Jane on a bun Cabbage apple salad Sweet potato fries Cornbread <i>Vanilla pudding</i>	Glazed salmon Wild rice pilaf Peas Raspberry applesauce Whole grain mini roll <i>Strawberry cream cake</i>	Spaghetti & meatballs Cauliflower florets Cottage cheese with pineapple Garlic bread <i>Key lime bars with coconut macadamia crust</i>	Ham and asparagus quiche Chickpea salad Beets Whole grain roll <i>Cranberry white chocolate bar</i>	Smorgasbord
11	12	13	14	15	16
Shepherd's pie Zucchini Oatmeal bread <i>Walnut brownie</i>	Chicken stew w/ biscuits Broccoli Fruit salad <i>Cake with mixed berries</i>	Rice and bean enchiladas Corn & tomato salad with avocado Cilantro lime coleslaw <i>Chocolate cheesecake</i>	Turkey divan Carrot pineapple salad Green beans Branana bread <i>Apple cake</i>	Baked haddock Mashed potatoes Yellow squash Whole grain roll <i>Bev's potato cake</i>	Smorgasbord
18	19	20	21	22	23
Turkey gravy on a biscuit Maple carrot salad Asparagus <i>Black raspberry ice cream cake</i>	Homemade chicken noodle soup Roasted beets Bean salad Roll <i>Chocolate cake</i>	Cauliflower cheese soup Cottage cheese salad Broccoli Mini bran muffin <i>Snickerdoodle cookie</i>	Four-bean bake Coleslaw Winter squash Garlic knot <i>Gingerbread with whipped cream</i>	Corn chowder with saltines Egg salad on whole grain bread Brussels sprouts <i>Hot fruit compote</i>	Smorgasbord
25	26	27	28	 <p><i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i></p>	
Veggie chili Chicken salad on a finger roll Ambrosia salad <i>Banana cake</i>	Macaroni and cheese Mango sauce Spinach Brown bread <i>Mandarin oranges & cream</i>	Beef stew on a buttermilk biscuit Coleslaw Winter squash <i>Peanut butter cookie</i>	Spinach ricotta pie Carrot ginger salad Green beans Whole grain roll <i>Chocolate cookie</i>		

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<h1>February 2019</h1>  <div style="border: 1px solid black; border-radius: 15px; padding: 5px; display: inline-block;">~ SUPPERS ~</div>				<p>1</p> <p>Fettucine with roasted red pepper sauce Winter squash Black bean salad Whole wheat mini roll</p> <p><i>Cranberry orange bar</i></p>
<p>4</p> <p>Scrambled eggs w/cheddar Roasted potatoes Asparagus Blueberry muffin</p> <p><i>Chocolate ice cream</i></p>	<p>5</p> <p>Minestrone soup Grilled hummus & cheddar Carrots</p> <p><i>Carrot cake</i></p>	<p>6</p> <p>Reuben casserole 3-bean salad Yellow squash Mini roll</p> <p><i>Banana cupcake</i></p>	<p>7</p> <p>Chicken & rice Broccoli Red cabbage slaw Mini roll</p> <p><i>Peanut butter cheesecake brownie</i></p>	<p>8</p> <p>3-cheese pizza Best lentil salad Maple carrot salad Spinach</p> <p><i>Swedish apple pie</i></p>
<p>11</p> <p>Broccoli cheddar chowder Ham salad on a bun Yellow squash</p> <p><i>Spice cake</i></p>	<p>12</p> <p>Chicken & peanut noodles Sweet 'n sour cabbage Corn Mini roll</p> <p><i>Chocolate peanut butter cookie</i></p>	<p>13</p> <p>Vegetable quiche Coconut mashed sweet potatoes Roasted asparagus Bran muffin</p> <p><i>Fruit salad</i></p>	<p>14</p> <p>Crabcakes with tartar sauce Dill potato salad Spinach Whole grain roll</p> <p><i>Vanilla ice cream with caramel drizzle</i></p>	<p>15</p> <p>Macaroni and cheese Black & white bean salad Fruit salad Mini roll</p> <p><i>Coconut blueberry cake with lemon sauce</i></p>
<p>18</p> <p>Lemon butter haddock Beet salad with avocado & feta Spinach Whole grain roll</p> <p><i>Yellow cake</i></p>	<p>19</p> <p>Quiche Mediterranean chickpea salad Cauliflower Oatmeal roll</p> <p><i>Orange dreamsicle smoothie</i></p>	<p>20</p> <p>Beef stroganoff & egg noodles Beet walnut salad Zucchini Sourdough bread</p> <p><i>Chocolate chip cookie</i></p>	<p>21</p> <p>Cheesy Spanish rice Black bean avocado salad Corn Bread and butter</p> <p><i>Maple date bar</i></p>	<p>22</p> <p>Chicken w/apple stuffing Green beans Mashed yams Mini roll</p> <p><i>Chocolate mousse bar</i></p>
<p>25</p> <p>Cheddar risotto Tomato white bean salad Steamed broccoli Blueberry mini muffin</p> <p><i>Peach mango salad</i></p>	<p>26</p> <p>Chili con carne Rice pilaf Broccoli raisin slaw Mini corn muffin</p> <p><i>Rainbow sherbet</i></p>	<p>27</p> <p>Salmon moutarde Roasted potatoes Brussels sprouts Pesto roll</p> <p><i>Lemon pound cake</i></p>	<p>28</p> <p>Lazy lasagna Cottage cheese Red bean salad Zucchini Sourdough bread</p> <p><i>Fresh fruit</i></p>	 <p><i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i></p>