





























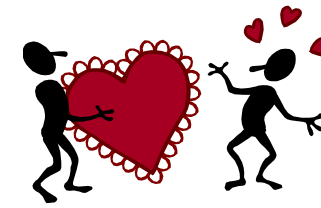


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>February 2019</p>  		<p><i>And, every day, for your enjoyment...</i></p> <p>7-10 am Breakfast, Newspapers, Visiting</p> <p>10:00 Morning Chat & Walking Group </p> <p>11:30 Exercise & Walking Groups</p> <p>2:00 Afternoon Chat</p> <p>3:30 Exercise & Walking Groups</p> <p>5:45 Evening Farewell</p>		<p>10:30 Students Visit</p> <p>Poker Game with Sue</p> <p>Beach Volleyball</p> <p>Word Games</p> <p>Games and Puzzles</p> <p>1:00 Blue Brass!</p> <p>NJ's Book Reading </p> <p>Ring Toss</p> <p>2:30 Trip: Hot Chocolate</p> <p>PI Trio and Dancing</p> <p>Bingo</p> <p>4:00 Norman Rockwell: Life & Art </p> <p>Trivia</p> <p>Turkey Bowling</p>	<p>2</p> <p>9:30 Music with Caleb</p> <p>10:00 Dave and His Labrador Retriever</p> <p>10:30 Art with Sophia</p> <p>Golf</p> <p>Green Bean Cutting</p> <p>1:00 Music and Massage with Maryanne's Piano Music</p> <p>Bingo</p>
<p>4</p> <p>9:45 Bone Builders</p> <p>10:00 Catholic Communion</p> <p>10:30 Singalong with Mary Jane and Jack</p> <p>Craft with Joelle</p> <p>Ladderball</p> <p>1:00 Pete Seeger Singalong with Ron</p> <p>Word Pictures... Darts</p> <p>2:30 Ted Climbs Denali</p> <p>Life Lessons</p> <p>Long Table Car Shuffleboard</p> <p>4:00 Jazz Piano with Fred</p> <p>Valentines for Vets </p> <p>Pool Club</p>	<p>5</p> <p>10:00 Pinochle w/Betty</p> <p>10:30 Shader Croft Band</p> <p>Paper Heart Wreaths</p> <p>Tabletop Shuffleboard</p> <p>1:00 Concert with Lyn</p> <p>Valentines for Vets</p> <p>Pool Bocce</p> <p>2:30 Rodgers and Hammerstein Singalong w/Kathleen</p> <p>Nail Care</p> <p>Bone Builders</p> <p>4:00 Jazz Standards with Chuck & David</p> <p>Apple Cutting </p> <p>Tabletop Golf </p>	<p>6</p> <p>9:45 Bone Builders</p> <p>10:30 Trip: Breadloaf Mountain</p> <p>Zen Community</p> <p>King Pede with Barb</p> <p>Singalong with Sheila</p> <p>Art Group with NJ </p> <p>Tabletop Bagball</p> <p>1:00 Jimmy Dorsey with Barb</p> <p>Reading with Zosha</p> <p>Tabletop Bowling</p> <p>2:30 Winslow Homer's Art</p> <p>Target Toss</p> <p>Penny Ante</p> <p>4:00 Folksongs with Rodger</p> <p>Word Power</p> <p>Bowlabocce</p>	<p>7</p> <p>10:30 Trip: Vermont Coffee Co.</p> <p>David on the Revolutionary War</p> <p>Tabletop Basketball</p> <p>12:45 Pinochle with Betty</p> <p>1:00 Singalong with Sue</p> <p>Life Lessons</p> <p>Car Shuffleboard </p> <p>2:30 Broadway & Jazz Hits with Dottie and Steve</p> <p>Apple Cutting</p> <p>Bone Builders</p> <p>4:00 Life and Music of Tennessee Ernie Ford</p> <p>Words in a Word</p> <p>Pool Club</p>	<p>8</p> <p>10:30 Poker Game with Sue</p> <p>Old Bones</p> <p>Wheel of Fortune</p> <p>Pool</p> <p>1:00 Hockey Referee with Carol</p> <p>NJ's Book Reading</p> <p>Bingo</p> <p>2:30 Laura Ingalls Wilder's Life & The Long Winter</p> <p>Devotional Hour</p> <p>Horseshoes </p> <p>4:00 Piano Students Perform</p> <p>Baking</p> <p>Beanie Baby Target Toss</p>	<p>9</p> <p>9:30 Music with Caleb</p> <p>10:30 Art with Sophia</p> <p>Croquet</p> <p>1:00 Jazz Piano with Chris</p> <p>Bingo</p> 
<p>11</p> <p>9:45 Bone Builders</p> <p>10:30 Mystery Trip</p> <p>PI Trio</p> <p>Air Hockey</p> <p>1:00 Singalong w/Mona & Louise</p> <p>Art with An and Kathy</p> <p>Ring Bocce</p> <p>2:30 Piano Singalong w/Linda</p> <p>Life Lessons</p> <p>Basketball Bonanza </p> <p>4:00 Jazz Piano with Fred</p> <p>Flip It! with Dale</p> <p>Pool Club</p>	<p>12</p> <p>10:00 Pinochle w/Betty</p> <p>10:30 Kitchen Tunk</p> <p>Trivia</p> <p>Nail Care</p> <p>1:00 Numbers Puzzle with Helen</p> <p>Lifelong Learning</p> <p>Rocket Shuffleboard</p> <p>2:30 David Reads "Mutiny on the Bounty"</p> <p>Bingo</p> <p>Bone Builders</p> <p>4:00 Dance Party</p> <p>Craft</p> <p>Koosh Ball Tennis </p>	<p>13</p> <p>9:45 Bone Builders</p> <p>10:00 Janet & Lily Visit</p> <p>10:30 King Pede with Barb</p> <p>Singalong with Sheila</p> <p>Baking</p> <p>Bowlabocce</p> <p>1:00 Concert with Lyn</p> <p>Reading with Zosha</p> <p>Tabletop Golf</p> <p>2:30 John Plays Old Country Blues Guitar</p> <p>Poetry Hour</p> <p>Ladderball</p> <p>4:00 Hymns with Meredith & Friends</p> <p>Green Bean Cutting</p> <p>Car Shuffleboard</p>	<p>14</p> <p>10:00 Painting with Cynthia </p> <p>10:30 Valentine's Day Sing & Dance </p> <p>Horseshoes</p> <p>12:45 Pinochle with Betty</p> <p>1:00 Music and Stories w/Nola</p> <p>Valentine Poetry</p> <p>Car Pong Shuffle</p> <p>2:30 Trip: Zamboni</p> <p>Valentine's Dance Party</p> <p>Bone Builders</p> <p>4:00 Valentine's Day Singalong with Mary and Friends</p> <p>Jack London: Call of the Wild</p> <p>Pool Club</p>	<p>15</p> <p>10:30 Students Visit</p> <p>Poker Game with Sue</p> <p>Ceramic Art with Sylvia</p> <p>Beach Volleyball</p> <p>Name That Tune</p> <p>Games and Puzzles</p> <p>1:00 Elem. School Visit and Singalong</p> <p>NJ's Book Reading</p> <p>Moving Target</p> <p>2:30 Life, Bach and the Goldberg Variations</p> <p>Remember When ...?</p> <p>Pool Bocce</p> <p>4:00 Music Listening</p> <p>Making Pretzels</p> <p>Rocket Shuffleboard</p>	<p>16</p> <p>9:30 Music with Caleb</p> <p>10:30 Music Students Perform</p> <p>Ladderball</p> <p>1:00 RidgeRunners Band</p> <p>Bingo</p> 
<p>18</p> <p>9:45 Bone Builders</p> <p>10:30 All about Ivory with Francis</p> <p>Making Pretzels</p> <p>Floor Shuffleboard</p> <p>1:00 Dancing With Your Chair with Alice</p> <p>Green Bean Cutting</p> <p>Car Shuffleboard</p> <p>2:30 Piano Singalong with Linda</p> <p>Life Lessons</p> <p>Pool Bocce</p> <p>4:00 Trip: Lincoln Library </p> <p>Jazz Piano with Fred</p> <p>Presidential Trivia</p> <p>Pool Club</p>	<p>19</p> <p>10:00 Pinochle w/Betty</p> <p>10:30 History of the Hershey Kiss & Other Valentine Candies</p> <p>Music with David</p> <p>Car Shuffleboard</p> <p>1:00 David Reads "Mutiny on the Bounty"</p> <p>Crosswords</p> <p>Target Toss</p> <p>2:30 Trip: Helen Porter</p> <p>All about the Unicycle</p> <p>Bone Builders</p> <p>4:00 Pokeeno with Dale</p> <p>Violin & Cello Concert</p> <p>Car Pong Shuffleboard</p>	<p>20</p> <p>9:45 Bone Builders</p> <p>10:30 King Pede with Barb</p> <p>Singalong w/Pat & Mal</p> <p>Needlework Memories</p> <p>Pool Bocce</p> <p>1:00 Play: "Love Letters"</p> <p>Craft with Ann</p> <p>Tabletop Golf</p> <p>2:30 Jazz Piano & Song with Fred and Fiona </p> <p>Craft with Ann</p> <p>Ring Toss</p> <p>4:00 Old Time Music and Dance Party with Jim & Don</p> <p>Nail Care</p> <p>Darts</p>	<p>21</p> <p>10:30 Woodchuck's Revenge</p> <p>Green Bean Cutting</p> <p>Team Tennis</p> <p>12:45 Pinochle with Betty</p> <p>1:00 Turkey Bowling</p> <p>Bingo</p> <p>Crosswords</p> <p>2:30 Concert with Lyn</p> <p>Jack London: Call of the Wild</p> <p>Bone Builders</p> <p>4:00 Fred and Sarah: Jazz Piano & Song</p> <p>Trivia</p> <p>Pool Club</p>	<p>22</p> <p>10:30 Trip: Rosie's Hot Chocolate </p> <p>Poker Game with Sue</p> <p>Judd Plays Accordion</p> <p>Pool</p> <p>1:00 Neighbor Spotlight on David: Birds of Vermont</p> <p>NJ's Book Reading</p> <p>Koosh Ball Tennis</p> <p>2:30 Who Was Tesla?</p> <p>Devotional Hour</p> <p>Pool Bocce </p> <p>4:00 Irish ♪ with O'hAnleigh</p> <p>Catalogues</p> <p>Car Shuffleboard</p>	<p>23</p> <p>9:30 Music with Caleb</p> <p>10:30 Live Music with Heron Fire</p> <p>Tabletop Shuffleboard</p> <p>1:00 Swing Tunes with Mark</p> <p>Bingo</p>
<p>25</p> <p>9:45 Bone Builders</p> <p>10:30 PI Trio</p> <p>Baking with Joelle</p> <p>Tabletop Basketball</p> <p>1:00 Robert Plays Gershwin</p> <p>Word Pictures</p> <p>Rocket Shuffleboard</p> <p>2:30 Massage with Nancy</p> <p>North American Wildlife</p> <p>Team Tennis</p> <p>4:00 Jazz Piano with Fred</p> <p>LCR Dice Game with Dale </p> <p>Pool Club</p>	<p>26</p> <p>10:00 Pinochle w/Betty</p> <p>10:30 Trip: Snowbowl </p> <p>Underground & Secret NYC</p> <p>Ring Bocce</p> <p>1:00 Ragtime Piano with George Numbers Puzzle with Helen</p> <p>Car Pong Shuffleboard</p> <p>2:30 Ragtime Piano with George</p> <p>Sharing Stories</p> <p>Bone Builders</p> <p>4:00 Concert with Lyn</p> <p>Craft</p> <p>Tabletop Bowling</p>	<p>27</p> <p>9:45 Bone Builders</p> <p>10:00 Janet & Lily visit</p> <p>Catholic Communion</p> <p>10:30 King Pede with Barb</p> <p>John Plays Old Country Blues Guitar </p> <p>Nail Care</p> <p>Horseshoes</p> <p>1:00 Farm Days with Barb</p> <p>Singalong with Sue</p> <p>Target Toss</p> <p>2:30 Trip: Rikert Nordic Center</p> <p>Folksongs with Rodger</p> <p>Ladderball</p> <p>4:00 Fred and Sarah: Jazz Piano & Song</p> <p>Trivia</p> <p>Tabletop Shuffleboard</p>	<p>28</p> <p>10:00 Painting with Cynthia</p> <p>10:30 Edwin Reads Poetry</p> <p>Concentration</p> <p>Long Car Shuffleboard</p> <p>12:45 Pinochle with Betty</p> <p>1:00 Piano Singalong with Rick</p> <p>Life Lessons</p> <p>Ring Bocce </p> <p>2:30 Banjo Music with Rick & Kristin</p> <p>Bone Builders</p> <p>3:30 Presidential Trivia</p> <p>Bingo </p> <p>Pool Club</p> <p>⇒ EARLY CLOSE ⇐</p>	<p>28</p>    <p>Happy Valentines Day!</p>	



Icy or Muddy Driveway?
Call us at 388-3983.
We may need you to rendezvous with the van at a nearby dry spot. Thank you!

❖ EARLY CLOSING (for staff meeting) ❖
Thursday, February 28– closing at 6:00 pm



- ❖ Ceramic Art with Sylvia
- ❖ Singalong with Visiting Students
- ❖ Play: “Love Letters”
- ❖ John Plays Old Country Blues Guitar
- ❖ Life of a Hockey Referee with Carol
- ❖ Chris Plays Jazz Piano
- ❖ Rodgers & Hammerstein Singalong

Van Trips:

- Breadloaf Mountain Zen Community
- Zamboni Machine
- Rikert Nordic Center
- Lincoln Library
- Vermont Coffee Company
- Helen Porter



♥ **Foot Clinic** ♥
at Project Independence

Monday, February 18, 1:00 – 4:00 PM
*check payable to Elderly Services
due by Friday, February 15*

Thursday, February 21, 1:00 – 4:00 PM
*check payable to Elderly Services
due by Monday, February 18*

\$40 for first appointment (includes supplies)
\$30 for subsequent appointments

To Register

Call 388-3983 for Dana or her voicemail.



Family Caregiver Support Group
12 noon, 3rd Friday of the month