


<b>DECEMBER 2018</b>					
<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>
<p><b>3</b></p> <p>Lemon basil chicken salad Broccoli Jennifer Mixed melon Oatmeal bread</p> <p><i>Sugar cookie</i></p>	<p><b>4</b></p> <p>Roast pork &amp; stuffing bake Applesauce Steamed asparagus Whole grain mini roll</p> <p><i>Rice pudding</i></p>	<p><b>5</b></p> <p>Turkey divan with noodles Beet salad Green beans Sourdough Italian bread Cherry berry crisp</p>	<p><b>6</b></p> <p>Baked salmon Sweet potato salad Brussels sprouts Whole grain rolls</p> <p><i>Ice cream cake</i></p>	<p><b>7</b></p> <p>Tortellini with meat sauce Coleslaw Winter squash Brown bread mini muffins <i>Eggnog bread pudding</i></p>	<p><b>8</b></p> <p>Smorgasbord</p>
<p><b>10</b></p> <p>Penne pasta with meat sauce Cottage cheese w/fruit Green beans with feta &amp; garlic Bread &amp; butter</p> <p><i>Chocolate ice cream</i></p>	<p><b>11</b></p> <p>Minestrone soup Carrot salad Egg salad sandwich</p> <p><i>Fruit cup</i></p>	<p><b>12</b></p> <p>Hot turkey sandwich Sweet potato salad Zucchini Cranapplesauce</p> <p><i>Chocolate cake with peppermint mocha frosting</i></p>	<p><b>13</b></p> <p>Chicken Alfredo Black bean salad with avocado and feta Broccoli Oatmeal roll</p> <p><i>Christmas cookie</i></p>	<p><b>14</b></p> <p>Turkey meatloaf with tomato sauce Mashed yams Gingered carrots Whole grain rolls</p> <p><i>Carrot cake</i></p>	<p><b>15</b></p> <p>Smorgasbord</p>
<p><b>17</b></p> <p>Broccoli cheddar soup Tuna on a finger roll Fruit salad</p> <p><i>Lemon cake</i></p>	<p><b>18</b></p> <p>Quiche 3-bean salad Yellow squash Whole grain rolls</p> <p><i>Black raspberry ice cream</i></p>	<p><b>19</b></p> <p>Baked ham with spiced pineapple Mashed sweet potatoes Broccoli Squash rolls <i>Cheesecake with strawberries</i></p>	<p><b>20</b></p> <p>Sweet potato soufflé Kidney bean salad Spinach Whole grain roll</p> <p><i>Fruit smoothie</i></p>	<p><b>21</b></p> <p>Vegetable chili Cottage cheese Corn salsa Whole grain rolls</p> <p><i>Applesauce cake</i></p>	<p><b>22</b></p> <p>Smorgasbord</p>
<p><b>24</b></p> <p>Egg bake Bean salad Green beans Garlic bread</p> <p><i>Brownie</i></p>	<p><b>25</b></p> <p>Merry Christmas</p>	<p><b>26</b></p> <p>Chicken stew Coleslaw Winter squash Mini wh. wheat rolls <i>Sundae cup</i></p>	<p><b>27</b></p> <p>Split pea soup Mai tai fruit salad Turkey salad sandwich <i>Gingerbread with whipped cream</i></p>	<p><b>28</b></p> <p>Four bean bake Asparagus Dilled carrots Brown bread</p> <p><i>Pumpkin coffee cake</i></p>	<p><b>29</b></p> <p>Smorgasbord</p>
<p><b>31</b></p> <p>Tomato turkey soup Raspberry applesauce Brussels sprouts Calzone bread</p> <p><i>White cake with chocolate frosting</i></p>	<p><b>December 2018</b></p> <p><b>NOON DINNERS</b></p> 				

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>Crabcakes Mashed potatoes Spinach Whole grain roll</p> <p><i>Banana cupcake</i></p>	<p><b>4</b></p> <p>Israeli quiche Bean salad Corn Pumpkin muffin</p> <p><i>Fruit smoothie</i></p>	<p><b>5</b></p> <p>Spaghetti with 3 cheeses &amp; tomato Cottage cheese Carrot salad Zucchini Oatmeal bread</p> <p><i>Ice cream sandwich</i></p>	<p><b>6</b></p> <p>Sesame chicken with rice Sweet &amp; sour cabbage Broccoli Mini roll</p> <p><i>Pumpkin cheesecake</i></p>	<p><b>7</b></p> <p>Pot roast with gravy on a biscuit Yellow squash Peas</p> <p><i>Peanut butter cookie</i></p>
<p><b>10</b></p> <p>Chicken and biscuits Sweet potato fries Asparagus</p> <p><i>Cream cheese brownie</i></p>	<p><b>11</b></p> <p>Clam chowder Tomato &amp; white bean salad Brussels sprouts Whole grain roll</p> <p><i>Mud pie</i></p>	<p><b>12</b></p> <p>Beef stroganoff Coleslaw Spiced pears Whole grain roll</p> <p><i>Chocolate drop cookie</i></p>	<p><b>13</b></p> <p>Western omelet Chickpea salad Spinach Maple nut muffin</p> <p><i>Mango blueberry salad</i></p>	<p><b>14</b></p> <p>Cheese ravioli with red peppers Red bean salad Winter squash Italian bread</p> <p><i>Chocolate pudding</i></p>
<p><b>17</b></p> <p>Macaroni and cheese Black &amp; white bean salad Spinach Mini roll</p> <p><i>Peaches 'n cream</i></p>	<p><b>18</b></p> <p>Turkey and gravy Mashed potatoes Cranberry sauce Peas and carrots Whole grain roll</p> <p><i>Mini chocolate lava cake</i></p>	<p><b>19</b></p> <p>Pizza Waybury Inn salad Green beans Mandarin oranges</p> <p><i>Swedish apple pie</i></p>	<p><b>20</b></p> <p>Baked scrod Roasted potatoes Asparagus Herb bread</p> <p><i>Vanilla ice cream</i></p>	<p><b>21</b></p> <p>Shepherd's pie Grilled Brussels sprouts Cottage cheese Oatmeal roll</p> <p><i>Holiday tree brownie</i></p>
<p><b>24</b></p> <p>Grilled cheese sandwich on oatmeal bread Cream of tomato soup and Ritz crackers Chickpea salad Yellow squash</p> <p><i>Strawberry ice cream</i></p>	<p><b>25</b></p> <p></p>	<p><b>26</b></p> <p>Salmon moutard Mashed sweet potatoes Brussels sprouts with vinaigrette Pesto roll</p> <p><i>Yellow cake</i></p>	<p><b>27</b></p> <p>Chili con carne Corn salsa Zucchini Cornbread</p> <p><i>Key lime pie</i></p>	<p><b>28</b></p> <p>Ham &amp; cheese quiche Bean salad Steamed spinach Blueberry muffin</p> <p><i>Fruit salad</i></p>
<p><b>31</b></p> <p>Chicken w/apple stuffing Carrot salad Green beans Cornbread <i>Brownie</i></p>	<p><b>December 2018</b></p> <div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 10px;"> <p><b>SUPPERS</b></p> </div> 			

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