

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>November 2018</h1>   <div style="border: 1px solid black; border-radius: 15px; padding: 5px; display: inline-block;">~ SUPPERS ~</div>				
<i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i>				
5	6	7	1	2
Chicken Alfredo Red bean salad Green beans Herb bread <i>Oatmeal chocolate chip cookies</i>	Meatloaf Mashed potatoes Brussels sprouts Whole grain roll <i>Rainbow sherbet</i>	Macaroni and cheese Black bean salad Corn Mini whole grain roll <i>Angel food cake with berries</i>	Baked haddock Roasted potatoes Asparagus Irish soda bread <i>Cheesecake</i>	Chili con carne Corn salsa Sweet potato fries Brown bread muffin <i>Banana cake</i>
12	13	14	8	9
Baked fish Fresh corn salad Cauliflower Oatmeal bread <i>Ice cream cake</i>	Fettuccine with roasted red pepper sauce Chickpea salad Asparagus Sourdough Italian bread <i>Pumpkin surprise cupcake</i>	Sunshine baked eggs Coconut mashed sweet potatoes Yellow squash Branana bread <i>Chocolate pudding</i>	Vegetable chili Grilled cheese sandwich Beet salad with avocado and feta <i>Peanut butter cookie</i>	Baked salmon Sweet potato salad Spinach Whole grain roll <i>Ultimate chocolate cupcake</i>
19	20	21	15	16
Cheesy omelet Beet walnut salad Grilled Brussels Sprouts Bran muffins <i>Peach mango salad</i>	Broccoli cheddar soup Tuna on a whole grain roll Dilled potato salad <i>Strawberry shortcake</i>	Goulash Winter squash Lima beans vinaigrette Calzone bread <i>Peanut butter swirl brownie</i>	CLOSED – HAPPY THANKSGIVING! 	Four bean bake Carrot salad Zucchini Garlic bread <i>Snickerdoodle cookie</i>
26	27	28	22	23
Spaghetti with Italian meat sauce Asparagus Cottage cheese Sourdough bread <i>Gingerbread w/lemon sauce</i>	Chicken with peanut sauce on rice Spinach Carrot salad Mini roll <i>Chocolate drop cookie</i>	Baked scrod Buttered egg noodles Spiced pineapple Broccoli Bread & butter <i>Blueberry upside down cake</i>	29	30
			Minestrone soup Egg & olive salad on a roll Mai Tai fruit salad <i>Brownie sundae</i>	Shepherd's pie Broccoli raisin slaw Whole grain roll <i>Swedish apple pie</i>