





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>November 2018</p> <p><i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i></p>		<p>NOON DINNERS</p> 	<p>1</p> <p>Curried pumpkin soup Beet avocado salad Turkey salad on a roll Saltines</p> <p><i>Vanilla ice cream cake with caramel drizzle</i></p>	<p>2</p> <p>Quiche Cabbage apple salad Winter squash Whole grain roll</p> <p><i>Chocolate cake</i></p>	<p>3</p> <p>Smorgasbord</p>
<p>5</p> <p>Tuna macaroni salad Spiced pineapple Peas & carrots Cornbread</p> <p><i>Strawberry ice cream</i></p>	<p>6</p> <p>Sweet potato soufflé Cottage cheese California blend vegetables Garlic bread</p> <p><i>Black Forest cake</i></p>	<p>7</p> <p>Ham salad on a roll Tomato salsa Winter squash</p> <p><i>Mango peach medley</i></p>	<p>8</p> <p>Italian chicken stew Cranapple pear sauce Broccoli Garlic knot</p> <p><i>Carrot cake</i></p>	<p>9</p> <p>Corned beef hash Carrot salad Asparagus Oatmeal bread</p> <p><i>Apple crisp</i></p>	<p>10</p> <p>Smorgasbord</p>
<p>12</p> <p>Vegetable soup Chicken salad on a finger roll Mandarin oranges</p> <p><i>Walnut brownie</i></p>	<p>13</p> <p>Spanish rice Green beans Black bean avocado salad Whole grain mini roll</p> <p><i>Date nut cake</i></p>	<p>14</p> <p>Roast turkey & gravy Mashed potatoes Stuffing Cranberry relish Peas and carrots Whole grain mini roll</p> <p><i>Pumpkin pie</i></p>	<p>15</p> <p>Chicken à la King Sweet potato fries Spinach Biscuits</p> <p><i>Hot fruit compote</i></p>	<p>16</p> <p>Cheddar crab ziti Bean salad Broccoli Cornbread</p> <p><i>Ice cream sandwich</i></p>	<p>17</p> <p>Smorgasbord</p>
<p>19</p> <p>Hot turkey on bread Fruit salad Coleslaw</p> <p><i>Pumpkin pie brownies</i></p>	<p>20</p> <p>Macaroni & cheese White bean and tomato salad Spinach Morning glory mini muffins</p> <p><i>Homemade applesauce</i></p>	<p>21</p> <p>Meatloaf Mashed potatoes Green beans Whole grain rolls</p> <p><i>White cake with berry topping</i></p>	<p>22</p> <p> CLOSED – HAPPY THANKSGIVING!</p>	<p>23</p> <p>Spinach ricotta pie Broccoli and cauliflower salad Peas and carrots Whole grain bread</p> <p><i>Lemon cake</i></p>	<p>24</p> <p>Smorgasbord</p>
<p>26</p> <p>Spinach cheddar egg bake Baked beans Cantaloupe Blueberry muffin</p> <p><i>Chocolate cake with raspberry frosting</i></p>	<p>27</p> <p>Citrus tilapia with tartar sauce Green beans with feta and dill Winter squash Cornbread</p> <p><i>Maple blondies</i></p>	<p>28</p> <p>Rotini Mexican style Peach mango salad Brussels sprouts Garlic bread</p> <p><i>Mud pie</i></p>	<p>29</p> <p>Four cheese spinach lasagna Corn salsa Carrots Sourdough Italian bread</p> <p><i>Purple cow smoothie</i></p>	<p>30</p> <p>Chicken chow mein with rice Glazed pineapple Spinach Mini roll</p> <p><i>Vanilla pudding</i></p>	<p>December 1</p> <p>Smorgasbord</p>

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<h1>November 2018</h1>   <div style="border: 1px solid black; border-radius: 15px; padding: 5px; display: inline-block;">~ SUPPERS ~</div>				
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5	6	7	1	2
Chicken Alfredo Red bean salad Green beans Herb bread <i>Oatmeal chocolate chip cookies</i>	Meatloaf Mashed potatoes Brussels sprouts Whole grain roll <i>Rainbow sherbet</i>	Macaroni and cheese Black bean salad Corn Mini whole grain roll <i>Angel food cake with berries</i>	Baked haddock Roasted potatoes Asparagus Irish soda bread <i>Cheesecake</i>	Chili con carne Corn salsa Sweet potato fries Brown bread muffin <i>Banana cake</i>
12	13	14	8	9
Baked fish Fresh corn salad Cauliflower Oatmeal bread <i>Ice cream cake</i>	Fettuccine with roasted red pepper sauce Chickpea salad Asparagus Sourdough Italian bread <i>Pumpkin surprise cupcake</i>	Sunshine baked eggs Coconut mashed sweet potatoes Yellow squash Branana bread <i>Chocolate pudding</i>	Vegetable chili Grilled cheese sandwich Beet salad with avocado and feta <i>Peanut butter cookie</i>	Baked salmon Sweet potato salad Spinach Whole grain roll <i>Ultimate chocolate cupcake</i>
19	20	21	15	16
Cheesy omelet Beet walnut salad Grilled Brussels Sprouts Bran muffins <i>Peach mango salad</i>	Broccoli cheddar soup Tuna on a whole grain roll Dilled potato salad <i>Strawberry shortcake</i>	Goulash Winter squash Lima beans vinaigrette Calzone bread <i>Peanut butter swirl brownie</i>	CLOSED – HAPPY THANKSGIVING! 	Four bean bake Carrot salad Zucchini Garlic bread <i>Snickerdoodle cookie</i>
26	27	28	22	23
Spaghetti with Italian meat sauce Asparagus Cottage cheese Sourdough bread <i>Gingerbread w/lemon sauce</i>	Chicken with peanut sauce on rice Spinach Carrot salad Mini roll <i>Chocolate drop cookie</i>	Baked scrod Buttered egg noodles Spiced pineapple Broccoli Bread & butter <i>Blueberry upside down cake</i>	29	30
			Minestrone soup Egg & olive salad on a roll Mai Tai fruit salad <i>Brownie sundae</i>	Shepherd's pie Broccoli raisin slaw Whole grain roll <i>Swedish apple pie</i>