

































MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>November 2018</p> 	<p><i>And, every day, for your enjoyment...</i></p> <p>7-10 am Breakfast, Newspapers, Visiting</p> <p>10:00 Morning Chat & Walking Group</p> <p>11:30 Exercise & Walking Groups</p> <p>2:00 Afternoon Chat</p> <p>3:30 Exercise & Walking Groups</p> <p>5:45 Evening Farewell </p>		<p>1</p> <p><u>10:30</u> <i>Edwin: Life and Stories</i> Life Lessons with Eileen Ring Bocce</p> <p><u>12:45</u> <i>Pinochle w/Betty</i> <u>1:00</u> Singalong with Sue Music & Massage Golf</p> <p><u>2:30</u> <i>Broadway & Jazz Hits w/Dottie and Steve</i> Nail Care...Bone Builders</p> <p><u>4:00</u> <i>A Woodchuck's Perspective on VT</i> Singalong with Judy Pool Club</p>	<p>2</p> <p><u>10:30</u> <i>Trip: Otter Creek</i> <i>Poker Game with Sue</i> Tommy Dorsey's  Target Toss</p> <p><u>1:00</u> <i>Violin Students Play</i> NJ's Book Reading Horseshoes</p> <p><u>2:30</u> <i>Dance Group Performs</i> Devotional Hour Ladderball</p> <p><u>4:00</u> <i>Piano Recital</i> Craft with Joelle Car Shuffleboard</p> 	<p>3</p> <p><u>10:30</u> Singalong with David Bowling</p> <p><u>1:00</u> Country Singalong with Kristin Bingo</p> 
<p>5</p> <p><u>9:45</u> Bone Builders</p> <p><u>10:00</u> <i>Catholic Communion</i></p> <p><u>10:30</u> <i>A Woodchuck's Perspective on VT</i> Green Bean Cutting Car Shuffleboard</p> <p><u>1:00</u> <i>Readings w/Eileen</i> <i>M'bury College</i>  <i>Class</i></p> <p>Pool</p> <p><u>2:30</u> Flashback to the 60s Cards for Vets Tabletop Shuffleboard</p> <p><u>4:00</u> <i>Jazz Piano with Fred</i> <i>Pokeeno with Dale</i> Pool Club</p>	<p>6</p> <p><u>10:00</u> <i>Pinochle w/Betty</i></p> <p><u>10:30</u> <i>Shader Croft Band</i> Mandala Art Ladderball</p> <p><u>1:00</u> <i>PI Trio</i> Cards for Vets Bowling </p> <p><u>2:30</u> Heating with Wood Singalong Bone Builders</p> <p><u>4:00</u> <i>Concert with Lyn</i> Word Games Horseshoes</p>	<p>7</p> <p><u>9:45</u> Bone Builders</p> <p><u>10:00</u> <i>Readings w/Nick</i></p> <p><u>10:30</u> <i>King Pede w/Barb</i> Golf</p> <p>Nail Care</p> <p>Apple Cutting  </p> <p><u>1:00</u> <i>M'bury College</i>  <i>Class</i> What Is That?</p> <p><u>2:30</u> Tabletop Shuffleboard</p> <p><u>2:30</u> Folksongs with Rodger Word Power Beanie Baby Target Toss</p> <p><u>4:00</u> <i>Wellspring Singers</i> Trivia with Denise Basketball Bonanza</p>	<p>8</p> <p><u>10:30</u> <i>Trip: Islamic Art Exhibit</i> <i>Bruce & Molly: Folk</i> </p> <p>Apple Cutting Horseshoes</p> <p><u>12:45</u> <i>Pinochle w/Betty</i></p> <p><u>1:00</u> <i>Students Visit</i> <i>Edwin Reads Poetry</i> Art Activity Tabletop Basketball</p> <p><u>2:30</u> <i>Trip: Otter Creek</i> New England Tribes Bone Builders</p> <p><u>4:00</u> <i>Fred and Sarah: Jazz Piano & Song</i> What Is That? </p> <p>Pool Club</p>	<p>9</p> <p><u>10:30</u> <i>Poker Game with Sue</i> <i>M'bury College</i>  <i>Class</i> Baking with Betsy </p> <p>Bocce</p> <p><u>1:00</u> <i>Jazz Piano & Song with Fred and Fiona</i> NJ's Book Reading Tabletop BagBall</p> <p><u>2:30</u> <i>Tap Dance Group</i> Bingo Ring Bocce</p> <p><u>4:00</u> <i>Irish</i>  <i>w/O'hAnleigh</i> Old Wives' Tales Bowling</p> 	<p>10</p> <p><u>10:30</u> Music & Massage with Betsy Car Shuffleboard</p> <p><u>1:00</u> Singalong with Sue Bingo</p> 
<p>12</p> <p><u>9:45</u> Bone Builders</p> <p><u>10:30</u> <i>The Making of "Wee Lassie"</i> Patriotic Singalong Green Bean Cutting Bowling</p> <p><u>1:00</u> <i>Singalong with Mona & Louise</i> Veterans Day Beanie Baby Target Toss</p> <p><u>2:30</u> Veterans Day </p> <p>Patriotic Singalong Flyswatter Volleyball</p> <p><u>4:00</u> <i>Jazz Piano with Fred</i> <i>Flip It! with Dale</i> Pool Club</p>	<p>13</p> <p><u>10:00</u> <i>Pinochle w/Betty</i></p> <p><u>10:30</u> History of Women in Sports Singalong with Marion Golf</p> <p><u>1:00</u> <i>Don Quixote Readings</i> <i>Numbers Puzzle with Helen</i></p> <p>Pool</p> <p><u>2:30</u> <i>Mystery Trip</i> Matching Quotes with Personalities Bone Builders</p> <p><u>4:00</u> Dancing Fun in the Fall Trivia </p> <p>Golf</p>	<p>14</p> <p><u>9:45</u> Bone Builders</p> <p><u>10:00</u> <i>Lily & Janet Visit</i> <i>Readings with Nick</i></p> <p><u>10:30</u> <i>King Pede w/Barb</i> <i>Hot Chocolate @ Rosie's</i> <i>Singalong w/Kathleen</i> Baking with Nancy Jane Ring Bocce</p> <p><u>1:00</u> <i>All about Aprons w/Barb</i> <i>Craft with Ann</i></p> <p>Horseshoes </p> <p><u>2:30</u> <i>Craft with Ann</i> Puerto Rico Travels Tabletop BagBall</p> <p><u>4:00</u> <i>Hymns with Meredith & Friends</i> Naturally Curious...Bocce</p>	<p>15</p> <p><u>10:30</u> <i>Students Visit</i> <i>Woodchuck's Revenge</i> <i>Painting with Cynthia</i> Tabletop Shuffleboard</p> <p><u>12:45</u> <i>Pinochle w/Betty</i></p> <p><u>1:00</u> Heating with Wood Life Lessons PoolaBocce</p> <p><u>2:30</u> <i>Banjo Music with Rick and Kristin</i> </p> <p>Nail Care Bone Builders</p> <p><u>4:00</u> <i>LCR Dice Game w/Dale</i> Life and Music of Tommy Dorsey Pool Club</p>	<p>16</p> <p><u>10:30</u> <i>Students Visit</i> <i>Poker Game with Sue</i> We Are Thankful for... Cards and Games Turkey Bowling</p> <p><u>1:00</u> <i>Concert with Lyn</i> NJ's Book Reading Bingo</p> <p><u>2:30</u> <i>Jazz Piano & Song with Fred and Fiona</i> Devotional Hour Tabletop Basketball</p> <p><u>4:00</u> The Berlin Wall Baking Pumpkin Bread with Joelle Turkey Bowling</p> 	<p>17</p> <p><u>10:30</u> <i>Swing Tunes with Mark</i> Bingo</p> <p><u>1:00</u> <i>RidgeRunners Band</i> Ladderball</p> 
<p>19</p> <p><u>9:45</u> Bone Builders</p> <p><u>10:30</u> <i>Singalong with Mary Jane and Jack</i> Baking Pumpkin Bread Ladderball</p> <p><u>1:00</u> <i>Seated Dancing w/Alice</i> Apple Cutting... Golf</p> <p><u>2:30</u> <i>Singalong with Mary & Friends</i> Ask Nurse Laurie Basketball Bonanza</p> <p><u>4:00</u> <i>Jazz Piano with Fred</i> <i>Massage with Nancy</i> Pool Club</p>	<p>20</p> <p><u>10:00</u> <i>Pinochle w/Betty</i></p> <p><u>10:30</u> <i>Kitchen Tunk</i> </p> <p>Crossword Nail Care</p> <p><u>1:00</u> <i>Ragtime with George</i> Sharing Stories Horseshoes</p> <p><u>2:30</u> <i>Ragtime with George</i> Green Bean Cutting Bone Builders</p> <p><u>4:00</u> <i>Jazz Standards with Chuck & David</i> Thanksgiving Tea Beanie Baby Target Toss</p>	<p>21</p> <p><u>9:45</u> Bone Builders</p> <p><u>10:00</u> <i>Readings with Nick</i></p> <p><u>10:30</u> <i>King Pede w/Barb</i> <i>Singalong with Pat & Mal</i> Art Group w/Nancy Jane Car Shuffleboard</p> <p><u>1:00</u> <i>Concert with Lyn</i> Word Games... Pool</p> <p><u>2:30</u> We Are Thankful For... Fancy Cranberry Sauce Ring Toss</p> <p><u>4:00</u> <i>Old Time Music Party with Jim and Don</i> Trivia with Denise Bowla Bocce</p>	<p>22</p> <p>CLOSED - HAPPY THANKSGIVING!</p> 	<p>23</p> <p><u>10:30</u> <i>Poker Game with Sue</i> Write That Caption! Poetry with Mona Bowling</p> <p><u>1:00</u> <i>PI Trio</i> NJ's Book Reading Bingo</p> <p><u>2:30</u> All about Grace Kelly Opera Friday Ring Bocce</p> <p><u>4:00</u> Anne Murray Singalong Word Games Air Hockey</p> 	<p>24</p> <p><u>10:30</u> <i>Live Music with Heron Fire</i> Horseshoes</p> <p><u>1:00</u> Music and Massage with <i>Maryanne's Piano Music</i> Bingo</p> 
<p>26</p> <p><u>9:45</u> Bone Builders</p> <p><u>10:30</u> <i>Mystery Trip</i> Matching Quotes & Personalities Green Bean Cutting Horseshoes</p> <p><u>1:00</u> <i>Robert Plays Piano</i> Advent Calendar Ring Bocce</p> <p><u>2:30</u> <i>Piano Singalong with Linda</i> Advent Calendar Tabletop Basketball</p> <p><u>4:00</u> <i>Jazz Piano with Fred</i> Bingo Pool Club</p>	<p>27</p> <p><u>10:00</u> <i>Pinochle w/Betty</i></p> <p><u>10:30</u> <i>Letters of John and Abigail Adams w/Cliff</i> Singalong with Marion Bowla Bocce</p> <p><u>1:00</u> <i>Numbers Puzzle</i>  <i>with Helen</i> Wilderness Living Ring Toss</p> <p><u>2:30</u> <i>Trip: Islamic Art Exhibit</i> <i>Don Quixote Readings</i> Bone Builders</p> <p><u>4:00</u> <i>Jazz Standards with Chuck & David</i> Baking P.Butter Cookies Basketball Bonanza</p>	<p>28</p> <p><u>9:45</u> Bone Builders</p> <p><u>10:00</u> <i>Lily & Janet Visit</i> <i>Readings with Nick</i></p> <p><i>Catholic Communion</i></p> <p><u>10:30</u> <i>King Pede w/Barb</i> <i>Neighbor Spotlight</i> Baking... Air Hockey</p> <p><u>1:00</u> Travels to Ecuador Winter on the Farm Ladderball</p> <p><u>2:30</u> <i>Trip: Middlebury Sweets</i> Travels to Ecuador Bowling </p> <p><u>4:00</u> <i>Fred and Sarah: Jazz Piano & Song</i> Nail Care Poola Bocce</p>	<p>29</p> <p><u>10:30</u> <i>Painting with Cynthia</i> Golf... Record Players Apple Cutting</p> <p><u>12:45</u> <i>Pinochle w/Betty</i></p> <p><u>1:00</u> <i>Byways of Addison County with Judith</i> <i>Craft with Ann</i> Air Hockey</p> <p><u>2:30</u> <i>Byways of Addison County with Judith</i> <i>Craft with Ann</i> Bone Builders</p> <p><u>4:00</u> <i>M'bury College "Cabaret" Highlights</i> Hunting Stories Pool Club</p> 	<p>30</p> <p><u>10:30</u> <i>Poker Game with Sue</i> <i>Old Bones</i> Bowerbirds and Other Fascinating Creatures Pool </p> <p><u>1:00</u> <i>PI Trio</i> NJ's Book Reading Beanie Baby Target Toss</p> <p><u>2:30</u> <i>Jazz Piano & Song with Chuck and Fiona</i> Trivia Horseshoes</p> <p><u>4:00</u> <i>Concert with Lyn</i> Record Players Tabletop Shuffleboard</p>	<p>Dec 1</p> <p><u>10:00</u> <i>Women's Barbershop Concert</i></p> <p><u>10:30</u> <i>Music Students Perform</i> Tabletop Bagball</p> <p><u>1:00</u> Singalong with David Bingo</p> 

PROJECT INDEPENDENCE NOVEMBER 2018



Elderly Services, Inc.
www.elderlyservices.org
mail@elderlyservices.org
802-388-3983

 **COOL WEATHER IS BACK!** 
Please put your name on your:

- Winter coat Hats
- Mittens, Gloves Sweater
- Boots Scarves

Thanks for helping us
keep track of your clothing!

Important Holiday Schedule Information

Wed., Nov. 21 Open regular hours
Thursday, Nov. 22 CLOSED for Thanksgiving
Friday, Nov. 23 Open regular hours
Saturday, Nov. 24 Open regular hours

Saturday, Dec. 22 Open regular hours
Monday, Dec. 24 Open until 2:30
Tuesday, Dec. 25 CLOSED for Christmas
Wednesday, Dec. 26 Open regular hours

Monday, Dec. 31 Open regular hours
Monday, Jan. 1 CLOSED for New Year's
Tuesday, Jan. 2 Open regular hours



Addison County

Home Health Foot Clinic at Project Independence

Monday, November 19, 1:00 – 4:00 PM
check payable to Elderly Services
due by Friday, November 16
Thursday, November 29, 1:00 – 4:00 PM
check payable to Elderly Services
due by Monday, November 26

\$40 for first appointment (includes supplies)
\$30 for subsequent appointments

To Register
Call 388-3983 for Dana or her voicemail.



November Highlights! More Inside!

- ❖ Middlebury College Music Class
- ❖ Peter Describes the Making of "Wee Lassie"
- ❖ M'bury College Dance Group
- ❖ Vermont from a Woodchuck's Perspective w/David
- ❖ The Armchair Traveller: Driving the Byways of Addison County and Beyond with Judith
- ❖ Violin Students Perform
- ❖ Middlebury College Musical Players "Cabaret"

Van Trips:

- ♦ Following the Otter Creek
- ♦ Art Exhibit: Wondrous Worlds of Islamic Art
- ♦ Hot Choccolate at Rosie's
- ♦ Mystery Trips

CLOSED THANKSGIVING, NOV. 22

☺ **Open Friday and Saturday, Nov. 23 & 24** ☺

Family Caregiver Support Group
12 noon, 3rd Friday of the month