

# October 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b></p> <p>Lemon basil chicken salad Tomato salad Peas Brown bread</p> <p><i>Berry cobbler</i></p>	<p><b>2</b></p> <p>Lasagna Orange beet salad Steamed Brussels sprouts Herb bread</p> <p><i>Strawberry cream cake</i></p>	<p><b>3</b></p> <p>Macaroni &amp; cheese Black bean and avocado salad Steamed broccoli Pineapple Blueberry mini muffin</p> <p><i>Apple crisp à la mode</i></p>	<p><b>4</b></p> <p>Turkey burger Mashed potatoes Carrots Whole grain roll</p> <p><i>Peach upside-down cake</i></p>	<p><b>5</b></p> <p>Spaghetti with meat sauce Coleslaw Green beans Whole grain mini roll</p> <p><i>Tapioca pudding</i></p>	<p><b>6</b></p> <p>Smorgasbord</p>
<p><b>8</b></p> <p>Waldorf tuna on a bun Scalloped tomatoes Cucumber salad</p> <p><i>Ice cream sundae cup</i></p>	<p><b>9</b></p> <p>Chicken ravioli with red pepper 3-bean salad Winter squash Whole grain bread</p> <p><i>Apple cake</i></p>	<p><b>10</b></p> <p>Egg salad sandwich Greek orzo salad Mandarin oranges Broccoli with cheese</p> <p><i>Pumpkin custard with whipped cream</i></p>	<p><b>11</b></p> <p>Baked spaghetti Cauliflower and olive salad Green beans Whole grain rolls</p> <p><i>Brownie</i></p>	<p><b>12</b></p> <p>Turkey divan Vegetable medley</p> <p>Brown bread</p> <p><i>Mai tai fruit cup</i></p>	<p><b>13</b></p> <p>Smorgasbord</p>
<p><b>15</b></p> <p>Curried pumpkin soup Chicken salad on a finger roll Cauliflower bake</p> <p><i>Applesauce</i></p>	<p><b>16</b></p> <p>3-cheese penne pasta w/roasted vegetables Cottage cheese Corn Garlic bread <i>Gingerbread with lemon sauce</i></p>	<p><b>17</b></p> <p>Pork and stuffing bake Lentil salad Summer squash Mini bran muffins</p> <p><i>Lemon Lulu cake</i></p>	<p><b>18</b></p> <p>Creamy broccoli chowder Ham salad sandwich Peach mango salad</p> <p><i>Marble cake</i></p>	<p><b>19</b></p> <p>Basil cream chicken with rice Cabbage apple salad Maple winter squash Mini roll <i>Peanut butter bar</i></p>	<p><b>20</b></p> <p>Smorgasbord</p>
<p><b>22</b></p> <p>Spinach ricotta pie White bean &amp; tomato salad Summer squash Blueberry muffin</p> <p><i>Fruit cup</i></p>	<p><b>23</b></p> <p>Turkey meatloaf with tomato sauce Orange glazed sweet potatoes Brussels sprouts Whole grain roll <i>Carrot cake</i></p>	<p><b>24</b></p> <p>Chicken cacciatore with brown rice Carrot salad Beets Garlic bread</p> <p><i>Ice cream sandwich</i></p>	<p><b>25</b></p> <p>Beef stew Spiced pears Winter squash Buttermilk biscuits</p> <p><i>Pecan pumpkin cheesecake</i></p>	<p><b>26</b></p> <p>Shrimp pasta salad Tomatoes caprese Peas Cornbread</p> <p><i>Peach crisp</i></p>	<p><b>27</b></p> <p>Smorgasbord</p>
<p><b>29</b></p> <p>Chicken &amp; gravy on mashed potatoes Coleslaw Peas</p> <p><i>Banana cake with cream cheese frosting</i></p>	<p><b>30</b></p> <p>Baked salmon Maple glazed winter squash Spinach Whole grain rolls <i>Cherry cheesecake bars</i></p>	<p><b>31</b></p> <p>Vegetarian chili Cottage cheese Green beans Cheese bread <i>Peanut butter spider cookie</i></p>	<p><b>October 2018</b></p> <p><b>NOON DINNERS</b></p> <p><i>We are an equal-opportunity provider. 1% milk offered at meals and snack times.</i></p>		

