



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>September 2018</p>  <div style="border: 1px solid black; border-radius: 15px; padding: 5px; display: inline-block;">~ NOON DINNERS ~</div> 					1 Smorgasbord
<i>We are an equal-opportunity provider. 1% milk offered at meals and snack times.</i>					
3 CLOSED – LABOR DAY	4 Vegetable chili Cottage cheese Dilled carrots Cornbread <i>Peanut butter bar</i>	5 Waldorf turkey salad Corn salsa Winter squash Whole grain roll <i>Ice cream with blackberry & blueberry sauce</i>	6 Meatloaf Potato salad Green beans Oat bread <i>Fresh fruit cup</i>	7 Chicken pot pie Beet avocado salad Steamed asparagus <i>Oatmeal raisin cookie</i>	8 Smorgasbord
10 Basil cream chicken Zucchini Spiced pineapple Cornbread <i>White chocolate brownie</i>	11 Crab cakes Parsley new potatoes Broccoli florets Whole grain roll <i>Zucchini cupcakes with caramel icing</i>	12 Spinach ricotta pie Cauliflower salad Peas Blueberry muffin <i>Mango peach cup</i>	13 Vegetable lasagna Cottage cheese with fruit Hot buttered beets Garlic bread <i>Apple crisp</i>	14 Hamburg gravy Potatoes Carrots and Brussels sprouts Whole grain roll <i>Chocolate cake</i>	15 Smorgasbord
17 Turkey stuffing bake Spinach Fruit salad Oatmeal bread <i>Ice cream cake</i>	18 Baked haddock Carrot salad with pineapple Cauliflower Brown bread <i>Chocolate-filled cupcakes</i>	19 Chicken gravy Mashed potatoes Cinnamon pears Broccoli Whole grain bread <i>Gingerbread with whipped cream</i>	20 Hamburger steak with caramelized onions Raspberry applesauce Green beans Whole grain roll <i>Lemon cream tarts</i>	21 Tuscan bean soup and saltines Egg salad sandwich Mai tai fruit salad <i>Cherry berry crisp</i>	22 Smorgasbord
24 Cheesy goulash Maple carrot salad Peas Sourdough Italian bread <i>Pavlova</i>	25 Yam soufflé Cottage cheese Hot buttered beets Garlic bread <i>Applesauce</i>	26 Four bean bake Coleslaw Yellow squash Cornbread <i>Lemon Lulu</i>	27 Ham and asparagus quiche Black bean & avocado salad Carrots Oatmeal roll <i>Cr. cheese brownie</i>	28 Pam's turkey meatloaf Mashed yams Broccoli florets Whole grain roll <i>Fresh fruit with rainbow sherbet</i>	29 Smorgasbord

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September 2018



~ SUPPERS ~



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<p style="text-align: right;">3</p> <p style="text-align: center;"><i>CLOSED - LABOR DAY</i></p>	<p style="text-align: right;">4</p> <p>Teriyaki salmon Zucchini Peppered cauliflower Pumpernickel bread</p> <p style="text-align: center;"><i>Gingerbread with lemon sauce</i></p>	<p style="text-align: right;">5</p> <p>Grilled cheese sandwich Pumpkin curry soup Asparagus Spiced pears</p> <p style="text-align: center;"><i>Peach upside-down cake</i></p>	<p style="text-align: right;">6</p> <p>Macaroni and cheese Black bean avocado salad Spinach Mandarin oranges Brown bread</p> <p style="text-align: center;"><i>Angel food cake</i></p>	<p style="text-align: right;">7</p> <p>Lazy lasagna Fresh corn salad Grilled Brussels sprouts Garlic bread</p> <p style="text-align: center;"><i>Chocolate mousse bar</i></p>
<p style="text-align: right;">10</p> <p>Shepherd's pie Coleslaw Mini whole grain roll</p> <p style="text-align: center;"><i>Banana cake with cream cheese frosting</i></p>	<p style="text-align: right;">11</p> <p>Minestrone soup Hummus cheddar melt Maple carrot salad</p> <p style="text-align: center;"><i>Strawberries 'n cream</i></p>	<p style="text-align: right;">12</p> <p>Broccoli cheese soup Smoked turkey on a roll Peas</p> <p style="text-align: center;"><i>Chocolate chip bar</i></p>	<p style="text-align: right;">13</p> <p>Fall vegetable strata Red bean salad Yellow squash Mini roll</p> <p style="text-align: center;"><i>Lemon cake</i></p>	<p style="text-align: right;">14</p> <p>Citrus tilapia White bean & tomato salad Green beans Whole grain roll</p> <p style="text-align: center;"><i>Peach berry cobbler</i></p>
<p style="text-align: right;">17</p> <p>Chicken alfredo Black & white bean salad Asparagus Garlic bread</p> <p style="text-align: center;"><i>Cranberry white chocolate cookie</i></p>	<p style="text-align: right;">18</p> <p>Turkey burger Tomato salad Zucchini & onions Cheddar cornbread</p> <p style="text-align: center;"><i>Black Forest chocolate cake</i></p>	<p style="text-align: right;">19</p> <p>Scrambled eggs Baked beans Sweet potato salad Blueberry muffin</p> <p style="text-align: center;"><i>Apple crisp</i></p>	<p style="text-align: right;">20</p> <p>Baked salmon Potato salad Spinach Irish soda bread</p> <p style="text-align: center;"><i>Vanilla ice cream with maple drizzle</i></p>	<p style="text-align: right;">21</p> <p>Ravioli with peppers & sundried tomatoes Chickpea salad Broccoli Mini roll</p> <p style="text-align: center;"><i>Pumpkin surprise cupcake</i></p>
<p style="text-align: right;">24</p> <p>Tuna macaroni salad Tomatoes caprese Herbed zucchini Mini roll</p> <p style="text-align: center;"><i>Fruit cup</i></p>	<p style="text-align: right;">25</p> <p>Israeli quiche Green beans with feta Dilled carrots Brown bread muffin</p> <p style="text-align: center;"><i>Strawberry cream cake</i></p>	<p style="text-align: right;">26</p> <p>Beef stew Broccoli slaw with raisins Whole grain roll</p> <p style="text-align: center;"><i>Ice cream sandwich</i></p>	<p style="text-align: right;">27</p> <p>Spaghetti with meat sauce Cottage cheese Asparagus Sourdough Italian bread</p> <p style="text-align: center;"><i>Walnut brownie</i></p>	<p style="text-align: right;">28</p> <p>Cheese pizza Three bean salad Carrot pineapple salad</p> <p style="text-align: center;"><i>Peanut butter cookie</i></p>