



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>August 2018</p> <p>NOON DINNERS</p>  <p><i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i></p>		<p>1</p> <p>Mandarin orange turkey salad Corn relish Brussels sprouts Whole grain mini roll</p> <p><i>Mixed melon with sherbet</i></p>	<p>2</p> <p>Mexican style baked rotini & beef Carrot salad Cauliflower Garlic bread</p> <p><i>Fresh raspberry sauce on ice cream</i></p>	<p>3</p> <p>Broccoli quiche Red bean salad Zucchini Cornbread</p> <p><i>Spice cake</i></p>	<p>4</p> <p>Smorgasbord</p>
<p>6</p> <p>Macaroni and cheese Black and white bean salad Spinach Mandarin oranges Assorted bread</p> <p><i>Oatmeal chocolate chip bar</i></p>	<p>7</p> <p>BBQ beef & beans Tomatoes with ranch dressing Country blend vegetables Blueberry muffin</p> <p><i>White cake with peach melba sauce</i></p>	<p>8</p> <p>Roast beef on a whole grain bun Green beans with feta & dill Creamed onions</p> <p><i>Lemon Lulu cake</i></p>	<p>9</p> <p>Scrod picante Potato salad Dilled carrots Whole grain roll</p> <p><i>Walnut brownie</i></p>	<p>10</p> <p>Lemon basil chicken salad Raspberry applesauce Broccoli florets Irish soda bread</p> <p><i>Pineapple upside-down cake</i></p>	<p>11</p> <p>Smorgasbord</p>
<p>13</p> <p>Turkey gravy on a biscuit Mashed potatoes Brussels sprouts</p> <p><i>Carrot cake</i></p>	<p>14</p> <p>Tuna macaroni salad Maple carrot salad Green beans Zucchini dill mini muffin</p> <p><i>Blueberry smoothie</i></p>	<p>15</p> <p>Egg salad boat Marinated tomato salad Hot buttered beets</p> <p><i>Mango peach fruit cup</i></p>	<p>16</p> <p>3-cheese penne pasta w/roasted vegetables Bean salad Steamed broccoli Sourdough Italian bread <i>Mud pie</i></p>	<p>17</p> <p>Stuffed cabbage bake Spinach Cantaloupe Cheese bread</p> <p><i>Ice cream with maple topping</i></p>	<p>18</p> <p>Smorgasbord</p>
<p>20</p> <p>Shrimp salad Spiced pineapple Asparagus Cornbread</p> <p><i>Snickerdoodle</i></p>	<p>21</p> <p>Peanut noodles with chicken & red peppers Tomatoes Caprese Carrots Whole grain mini roll <i>Vanilla pudding</i></p>	<p>22</p> <p>Turkey divan Sweet potato salad Cauliflower Rye bread & butter</p> <p><i>Blueberry cobbler</i></p>	<p>23</p> <p>Yam soufflé Green beans with tomato & feta Cottage cheese Garlic herb bread</p> <p><i>Chocolate cookie</i></p>	<p>24</p> <p>Meatloaf Mashed potatoes Zucchini Whole grain roll</p> <p><i>Watermelon & blueberries</i></p>	<p>25</p> <p>Smorgasbord</p>
<p>27</p> <p>Deli pasta salad Coleslaw Zucchini Orange pineapple mini muffin <i>Lemon pudding</i></p>	<p>28</p> <p>Spaghetti and cheese Black bean & avocado salad Yellow squash Bread strips</p> <p><i>Apple cake</i></p>	<p>29</p> <p>Baked salmon Potato salad Spinach Oatmeal bread</p> <p><i>Mixed melon & sherbet</i></p>	<p>30</p> <p>BBQ chicken Sweet potato salad Country blend vegetables Whole grain roll</p> <p><i>Chocolate snack cake</i></p>	<p>31</p> <p>Pumpkin soup Egg salad sandwich Carrots</p> <p><i>Cherry cream cheese tart</i></p>	<p><i>September 1</i></p> <p>Smorgasbord</p>

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<p>August 2018</p> <p>SUPPERS</p>  <p><i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i></p>		<p>1</p> <p>Fettuccine with roasted red pepper sauce Cottage cheese Green beans Applesauce Mini roll</p> <p><i>Yellow cake</i></p>	<p>2</p> <p>Baked haddock Asparagus with lemon Roasted potatoes Whole grain roll</p> <p><i>Watermelon</i></p>	<p>3</p> <p>Spinach ricotta pie Quinoa, black bean and feta salad Baby peas Brown bread muffin</p> <p><i>Chocolate pudding</i></p>
<p>6</p> <p>Pulled pork on a roll Coleslaw Corn</p> <p><i>Ice cream sandwich</i></p>	<p>7</p> <p>Tuna melt Cucumber salad Carrot slaw Cheese bread</p> <p><i>Maple blondie</i></p>	<p>8</p> <p>Baked fried chicken Chickpea salad Peas Whole grain roll</p> <p><i>Fruit smoothie</i></p>	<p>9</p> <p>Mushroom and cheddar soup Ham salad on a bun Sweet potato fries</p> <p><i>Coconut oatmeal cookie</i></p>	<p>10</p> <p>Turkey meatloaf Hot buttered beets Broccoli slaw Oatmeal roll</p> <p><i>Maple walnut swirl brownie</i></p>
<p>13</p> <p>Minestrone soup Grilled cheese sandwich Asparagus</p> <p><i>Wacky cupcake</i></p>	<p>14</p> <p>Cheese pizza White bean & tomato salad Zucchini with onions</p> <p><i>Peach berry crisp</i></p>	<p>15</p> <p>Meatloaf Scalloped potatoes Red bean salad Oatmeal bread</p> <p><i>Chocolate peanut butter blossom</i></p>	<p>16</p> <p>General Tso's chicken w/ rice Asian slaw Corn Whole grain roll</p> <p><i>Strawberry ice cream</i></p>	<p>17</p> <p>Teriyaki salmon Orzo salad Green beans Mandarin oranges Mini roll</p> <p><i>Lemon coconut blueberry cake</i></p>
<p>20</p> <p>Chili con carne Black bean and mango salsa Spinach Whole grain bread</p> <p><i>White cake</i></p>	<p>21</p> <p>Macaroni and cheese Black and white bean salad Zucchini Pears Mini roll</p> <p><i>Chocolate ice cream</i></p>	<p>22</p> <p>Crab cakes Potato salad with herbs Summer vegetable mix Brown bread</p> <p><i>Lime cheesecake</i></p>	<p>23</p> <p>Egg and olive on a bun Beet, avocado & feta salad Summer squash</p> <p><i>Banana cake with cream cheese frosting</i></p>	<p>24</p> <p>Curry chicken salad Rice and lentil salad Cranapple sauce Sourdough bread & butter</p> <p><i>Peanut butter cookie bar</i></p>
<p>27</p> <p>Summer garden quiche Beet and walnut salad Brussels sprouts Whole grain roll</p> <p><i>Fruit salad</i></p>	<p>28</p> <p>Grilled cheese Tomato soup Broccoli and cauliflower salad Mandarin oranges</p> <p><i>Chocolate cake with peanut butter frosting</i></p>	<p>29</p> <p>Goulash White bean and tomato salad Corn Garlic bread</p> <p><i>Black raspberry ice cream</i></p>	<p>30</p> <p>Turkey gravy Mashed potatoes Asparagus Whole grain roll</p> <p><i>Angel food cake with berries</i></p>	<p>31</p> <p>Broccoli soup Ham salad on a whole grain bun Sweet potato fries</p> <p><i>Maple bread pudding</i></p>