

| <i>MONDAY</i>   | <i>TUESDAY</i>  | <i>WEDNESDAY</i>  | <i>THURSDAY</i>  | <i>FRIDAY</i>   |
|---|---|---|--|---|
| <p>2</p> <p>Corn chowder<br/>Egg salad sandwich<br/>Spinach</p> <p><i>White cake with chocolate frosting</i></p>                                      | <p>3</p> <p>Turkey meatloaf<br/>Kidney bean salad<br/>Broccoli florets<br/>Whole grain roll</p> <p><i>Peaches n' cream</i></p>                                      | <p>4</p> <p><b>CLOSED –<br/>HAPPY 4<sup>TH</sup><br/>OF JULY!</b></p>    | <p>5</p> <p>Tuna boat<br/>Chilled cantaloupe<br/>Black bean avocado salad</p> <p><i>Peanut butter cookie</i></p>                                   | <p>6</p> <p>Pizza<br/>Waybury Inn salad<br/>Corn<br/>Mandarin oranges</p> <p><i>7-layer magic bar</i></p>                             |
| <p>9</p> <p>Chicken alfredo<br/>Lentil salad<br/>Carrots<br/>Whole grain bread</p> <p><i>Fresh strawberries</i></p>                                   | <p>10</p> <p>Chili con carne<br/>Fruit salsa<br/>Broccoli<br/>Whole grain roll</p> <p><i>Chocolate pudding</i></p>  | <p>11</p> <p>Minestrone soup<br/>Grilled cheese sandwich<br/>Sweet potato fries</p> <p><i>Dessert</i></p>   | <p>12</p> <p>Broccoli and cheddar quiche<br/>White bean salad<br/>Hot buttered beets<br/>Zucchini muffin</p> <p><i>Vanilla ice cream</i></p>       | <p>13</p> <p>Spinach ricotta pie<br/>Garbanzo feta salad<br/>Cauliflower<br/>Whole grain roll</p> <p><i>Chocolate chip cookie</i></p> |
| <p>16</p> <p>Macaroni and cheese<br/>Black bean and avocado salad<br/>Zucchini<br/>Mandarin oranges<br/>Oatmeal bread</p> <p><i>Maple blondie</i></p> | <p>17</p> <p>Teriyaki salmon<br/>Mashed potatoes<br/>Peas<br/>Whole grain roll</p> <p><i>Lemon cupcake</i></p>  | <p>18</p> <p>Sesame chicken<br/>Jasmine rice<br/>Corn<br/>Green cabbage sauté<br/>Whole grain bread</p> <p><i>Double decadence chocolate cake</i></p>   | <p>19</p> <p>Turkey gravy on a biscuit<br/>Summer squash<br/>Black &amp; white bean salad</p> <p><i>Fresh fruit</i></p>                            | <p>20</p> <p>Ham salad sandwich<br/>Asparagus<br/>Sweet potato fries</p> <p><i>Blueberry upside-down cake</i></p>                     |
| <p>23</p> <p>Clam chowder<br/>Beets w/ shallot vinaigrette<br/>Corn<br/>Whole grain roll</p> <p><i>Raspberry bar</i></p>                              | <p>24</p> <p>Lazy lasagna<br/>Deviled eggs<br/>Carrot salad<br/>Broccoli florets<br/>Whole grain mini roll</p> <p><i>Banana cake with cream cheese frosting</i></p> | <p>25</p> <p>Scrambled eggs w/cheese<br/>Baked beans<br/>Honey lime fruit<br/>Brown bread</p> <p><i>Key lime pie</i></p>  | <p>26</p> <p>Hamburger<br/>Potato salad<br/>with fresh herbs<br/>Spinach with vinegar<br/>Bread &amp; butter</p> <p><i>Chocolate ice cream</i></p> | <p>27</p> <p>Chicken broccoli bake<br/>Carrots<br/>Whole grain roll</p> <p><i>Oatmeal raisin cookie</i></p>                           |
| <p>30</p> <p>Western omelet<br/>Roasted potatoes<br/>Spinach<br/>Biscuit</p> <p><i>Fruit salad</i></p>  | <p>31</p> <p>Pizza<br/>White bean salad<br/>Spinach</p> <p><i>Rainbow sherbet</i></p>   | <p><b>July 2018</b></p> <p><b>SUPPERS</b></p>   |  |   |

*This institution is an equal-opportunity provider.  
1% milk offered at meals and snack times.*