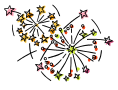



<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>
<p>2</p> <p>Spaghetti & meat sauce Cottage cheese Sautéed summer squash Pears Mini roll <i>Lemon Lulu</i></p>	<p>3</p> <p>Creamy chicken salad Winter squash Brussels sprouts with walnut vinaigrette Whole grain mini roll <i>Strawberry cream cake</i></p>	<p>4</p> <p><i>CLOSED – HAPPY 4TH OF JULY!</i></p> 	<p>5</p> <p>Pumpkin soup Chickpea tomato salad Green beans Mandarin oranges Garlic bread <i>Rainbow sherbet</i></p>	<p>6</p> <p>Baked haddock Mashed potatoes Dilled carrots Whole grain roll <i>Marble cake with chocolate frosting</i></p>	<p>7</p> <p>Smorgasbord</p>
<p>9</p> <p>Egg salad sandwich Broccoli bake Applesauce <i>Chocolate cookie</i></p>	<p>10</p> <p>Shrimp salad Italian blend vegetables Corn salad Oatmeal bread <i>Strawberry shortcake</i></p>	<p>11</p> <p>Chicken and biscuits Coleslaw w/pineapple Green beans <i>Watermelon & blueberries</i></p>	<p>12</p> <p>Ranch ham salad Summer squash Tomato salad Branana mini muffin <i>Lime cheesecake</i></p>	<p>13</p> <p>Shepherd's pie Cauliflower w/ red pepper Garlic bread <i>Applesauce cake</i></p>	<p>14</p> <p>Smorgasbord</p>
<p>16</p> <p>Meatballs & sauce Summer veggie salad Cottage cheese w/ fruit Garlic bread <i>Sundae</i></p>	<p>17</p> <p>Waldorf turkey salad on a soft roll Green bean salad w/ feta & dill Parsley carrots <i>Brownie</i></p>	<p>18</p> <p>Citrus tilapia Potato salad Summer vegetable mix Whole grain roll <i>White cake</i></p>	<p>19</p> <p>Goulash Cottage cheese Spinach Spiced pears Sourdough Italian bread <i>Ice cream sundae cups</i></p>	<p>20</p> <p>Lemon basil chicken salad Maple carrot salad Brussels sprouts Garlic bread <i>Bumbleberry crisp</i></p>	<p>21</p> <p>Smorgasbord</p>
<p>23</p> <p>Vegetable soup Roast beef sandwich Cranapplesauce <i>Peanut butter bar</i></p>	<p>24</p> <p>Ham & cheese quiche Cauliflower salad Spinach Whole grain roll <i>Ice cream sandwich</i></p>	<p>25</p> <p>Tuna macaroni salad Beet salad Steamed asparagus Zucchini dill mini muffins <i>Carrot cake</i></p>	<p>26</p> <p>Roasted red pepper fettucine White bean & tomato salad Green beans Oatmeal bread <i>Yellow cake with maple frosting</i></p>	<p>27</p> <p>Spaghetti with meat sauce Coleslaw Spinach Calzone bread <i>Mango blueberry fruit cup</i></p>	<p>28</p> <p>Smorgasbord</p>
<p>30</p> <p>Crab macaroni salad Watermelon Mixed vegetables Roll & butter <i>Ice cream cup</i></p>	<p>31</p> <p>Mandarin orange turkey salad Corn Broccoli slaw Mini roll <i>Molasses cookie</i></p>	<p>July 2018</p> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; display: inline-block;"> <p>NOON DINNERS</p> </div> 			

*This institution is an equal-opportunity provider.
1% milk offered at meals and snack times.*

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<p>2</p> <p>Corn chowder Egg salad sandwich Spinach</p> <p><i>White cake with chocolate frosting</i></p>	<p>3</p> <p>Turkey meatloaf Kidney bean salad Broccoli florets Whole grain roll</p> <p><i>Peaches n' cream</i></p>	<p>4</p> <p>CLOSED – HAPPY 4TH OF JULY!</p> 	<p>5</p> <p>Tuna boat Chilled cantaloupe Black bean avocado salad</p> <p><i>Peanut butter cookie</i></p>	<p>6</p> <p>Pizza Waybury Inn salad Corn Mandarin oranges</p> <p><i>7-layer magic bar</i></p>
<p>9</p> <p>Chicken alfredo Lentil salad Carrots Whole grain bread</p> <p><i>Fresh strawberries</i></p>	<p>10</p> <p>Chili con carne Fruit salsa Broccoli Whole grain roll</p> <p><i>Chocolate pudding</i></p>	<p>11</p> <p>Minestrone soup Grilled cheese sandwich Sweet potato fries</p> <p><i>Dessert</i></p>	<p>12</p> <p>Broccoli and cheddar quiche White bean salad Hot buttered beets Zucchini muffin</p> <p><i>Vanilla ice cream</i></p>	<p>13</p> <p>Spinach ricotta pie Garbanzo feta salad Cauliflower Whole grain roll</p> <p><i>Chocolate chip cookie</i></p>
<p>16</p> <p>Macaroni and cheese Black bean and avocado salad Zucchini Mandarin oranges Oatmeal bread</p> <p><i>Maple blondie</i></p>	<p>17</p> <p>Teriyaki salmon Mashed potatoes Peas Whole grain roll</p> <p><i>Lemon cupcake</i></p>	<p>18</p> <p>Sesame chicken Jasmine rice Corn Green cabbage sauté Whole grain bread</p> <p><i>Double decadence chocolate cake</i></p>	<p>19</p> <p>Turkey gravy on a biscuit Summer squash Black & white bean salad</p> <p><i>Fresh fruit</i></p>	<p>20</p> <p>Ham salad sandwich Asparagus Sweet potato fries</p> <p><i>Blueberry upside-down cake</i></p>
<p>23</p> <p>Clam chowder Beets w/ shallot vinaigrette Corn Whole grain roll</p> <p><i>Raspberry bar</i></p>	<p>24</p> <p>Lazy lasagna Deviled eggs Carrot salad Broccoli florets Whole grain mini roll</p> <p><i>Banana cake with cream cheese frosting</i></p>	<p>25</p> <p>Scrambled eggs w/cheese Baked beans Honey lime fruit Brown bread</p> <p><i>Key lime pie</i></p>	<p>26</p> <p>Hamburger Potato salad with fresh herbs Spinach with vinegar Bread & butter</p> <p><i>Chocolate ice cream</i></p>	<p>27</p> <p>Chicken broccoli bake Carrots Whole grain roll</p> <p><i>Oatmeal raisin cookie</i></p>
<p>30</p> <p>Western omelet Roasted potatoes Spinach Biscuit</p> <p><i>Fruit salad</i></p>	<p>31</p> <p>Pizza White bean salad Spinach</p> <p><i>Rainbow sherbet</i></p>	<p>July 2018</p> <p>SUPPERS</p>  		

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