

ARE YOU ON FACEBOOK?
Please like and follow us at facebook.com/elderlyservices.
Spread the word about our wonderful programs!



Have a friend who might enjoy Project Independence? Let us know!
We always welcome new members.

EARLY CLOSING (for staff meeting)
Thursday, June 21– closing at 6:00 pm



Highlights! More Inside!

- ❖ *Freeze Frame with A Photographer*
- ❖ *Readings with Eileen*
- ❖ *Project Wimbleton*
- ❖ *“The Nightmare in Film Noir”*
- ❖ *Music with the Moore Family*
- ❖ *Art in Photos and Paintings with Lily & Pete*
- ❖ *Preschool Show*
- ❖ *Chat with Rick: “Why are phone booths gone?”*
- ❖ *Clowning Around with Art & Co.*
- ❖ *Wagon Rides with Patrick*
- ❖ *Yoga with Jen*



Van Trips:

- Zeno Mountain Farm
- Tai Chi on Otter Creek
- Classroom Visit
- Singalong at Porter Nursing Home
- Creemee Trips
- Monument Farms



**Addison County
Home Health Foot Clinic
at Project Independence**

Monday, June 18, 1:00 – 4:00 PM
*check payable to Elderly Services
due by Friday, June 15*

















Thursday, June 21, 1:00 – 4:00 PM
*check payable to Elderly Services
due by Monday, June 18*

\$40 for first appointment
(includes personal basin & nail clipper kit)
\$30 for subsequent appointments
*(For the past year, we enjoyed a lower price due to a grant
subsidy. Price now returning to original level.)*

To Register
Call 388-3983 for Dana or her voicemail.



Family Caregiver Support Group
12 noon, 3rd Friday of the month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
 <h1 style="text-align: center;">June 2018</h1>		<p style="text-align: center;"><i>And, every day, for your enjoyment...</i></p> <p>7-10 am Breakfast, Newspapers, Visiting</p> <p>10:00 Morning Chat & Walking Group</p> <p>11:30 Exercise & Walking Groups</p> <p>2:00 Afternoon Chat</p> <p>3:30 Exercise & Walking Groups</p> <p>5:45 Evening Farewell</p>				<p>1</p> <p><u>10:30</u> <i>Poker Game w/Sue</i> Music Hour Art Group Bocce <u>1:00</u> <i>A Year in the Garden</i> NJ's Book Reading Horseshoes <u>2:30</u> <i>A Year in the Garden</i> Hand & Shoulder Massage Tabletop Basketball <u>4:00</u> <i>Addison Quartet</i> Baking Tabletop Bag Ball</p>	<p>2</p> <p><u>10:30</u> Country Singalong with Kristin Car Shuffleboard <u>1:00</u> Singalong with David Bingo</p> 
<p>4</p> <p><u>9:45</u> Bone Builders <u>10:00</u> <i>Catholic Communion</i> <u>10:30</u> <i>Raising Cane(s) w/Dick</i> Knit & Chat Wiffleball <u>1:00</u> <i>Edwin Reads His Poetry</i> Rogers & Hammerstein Car Shuffleboard <u>2:30</u> <i>Piano Singalong with Linda</i> Bingo Croquet <u>4:00</u> <i>Jazz Piano with Fred</i> Hand & Shoulder Massage Pool Club</p> 	<p>5</p> <p><u>10:00</u> <i>Pinochle w/Betty</i> <u>10:30</u> <i>Zeno Mtn. Farm Trip</i> <i>Freeze Frame with Photographer Will</i> Basketball Bonanza <u>1:00</u> <i>Ragtime Piano with George</i> <i>Readings with Eileen</i> Molky <u>2:30</u> <i>Ragtime Piano with George</i> Craft Bone Builders <u>4:00</u> <i>Project Wimbledon</i> Folksongs with Rodger Green Bean Cutting</p> 	<p>6</p> <p><u>9:45</u> Bone Builders <u>10:00</u> <i>Lily & Janet Visit</i> <u>10:30</u> <i>King Pede w/Barb</i> <i>Singalong with Sheila</i> <i>Readings with Nick</i> Tabletop Shuffleboard <u>1:00</u> <i>The Nightmare in Film Noir</i> Singalong with Sue Pool <u>2:30</u> <i>Concert with Lyn</i> Nail Care Horseshoes <u>4:00</u> <i>Fred and Sarah: Jazz Piano and Song</i> Readings with Jack Barrel Frisbee</p>	<p>7</p> <p><u>10:30</u> <i>Trip: School Visit</i> <i>Painting with Cynthia</i> <i>Woodchuck's Revenge</i> Tabletop Bowling <u>12:45</u> <i>Pinochle w/Betty</i> <u>1:00</u> <i>Singalong w/Pat & Mal</i> Life Lessons Bocce <u>2:30</u> <i>Music with the Moore Family</i> Reminiscing - Mothers and Fathers Bone Builders <u>4:00</u> <i>Project Wimbledon</i> Writing a Play Pool Club</p> 	<p>8</p> <p><u>10:30</u> <i>Students Visit</i> <i>Poker Game with Sue</i> <i>Name That Tune with Rhonda</i> Remembering Vacations & Drive-In Theaters Golf <u>1:00</u> <i>Photos and Paintings with Lily & Pete</i> NJ's Book Reading Bag Ball <u>2:30</u> Vermont Folksongs Devotional Hour Ring Toss <u>4:00</u> <i>Neighbor Spotlight on Marie</i> Baking Strawberry Delights... Ladderball</p>	<p>9</p> <p><u>10:30</u> Singalong with Sue Target Toss <u>1:00</u> Music and Massage with <i>Maryanne's Piano Music</i> Bingo</p>		
<p>11</p> <p><u>9:45</u> Bone Builders <u>10:30</u> <i>Mystery Trip</i> <i>Singalong with Mary</i> Ring Toss <u>1:00</u> <i>Robert Plays Piano</i> Craft Barrel Frisbee <u>2:30</u> <i>Kingsland Bay Trip</i> <i>Piano Singalong with Linda</i> Bag Ball <u>4:00</u> <i>Jazz Piano with Fred</i> Green Bean Cutting Pool Club</p>	<p>12</p> <p><u>10:00</u> <i>Pinochle w/Betty</i> <u>10:30</u> <i>Preschool Show</i> Crossword Croquet <u>1:00</u> <i>David Reads Don Quixote</i> <i>Numbers Puzzle with Helen</i> Frisbee Toss <u>2:30</u> <i>Josie's Trip to the Mekong Delta</i> Singalong with David Bone Builders <u>4:00</u> <i>Concert with Lyn</i> Words in a Word Car Shuffleboard</p> 	<p>13</p> <p><u>9:45</u> Bone Builders <u>10:30</u> <i>King Pede w/Barb</i> <i>Singalong with Sheila</i> <i>Readings with Nick</i> Baking Molky <u>1:00</u> <i>Singalong with Mona & Louise</i> Concentration Wiffleball <u>2:30</u> <i>Zumba with Mary Ann</i> Craft Golf <u>4:00</u> <i>Project Wimbledon</i> <i>Hymns with Meredith & Friends</i></p> 	<p>14</p> <p><u>10:30</u> <i>Chat w/Rick: Why Are Phone Booths Gone?</i> <i>Painting with Cynthia</i> Horseshoes <u>12:45</u> <i>Pinochle w/Betty</i> <u>1:00</u> <i>Dana's Iceland Adventure</i> Music of Paul McCartney Ladderball <u>2:30</u> <i>Banjo Music with Rick</i> Tour of ESI's Gardens Bone Builders <u>4:00</u> <i>Project Wimbledon</i> Celebrating Flag Day Pool Club</p>	<p>15</p> <p><u>10:30</u> <i>Poker Game w/Sue</i> <i>Old Bones</i> Wheel of Fortune Nail Care <u>1:00</u> Music of Tammy Wynette NJ's Book Reading Bingo <u>2:30</u> <i>Project Wimbledon</i> <u>2:30</u> <i>Clowning Around with Art & Company</i> Trivial Pursuit <u>4:00</u> <i>Irish w/O'hAnleigh</i> Naturally Curious Tabletop Bowling</p>	<p>16</p> <p><u>10:30</u> Folksongs with Rodger Bingo <u>1:00</u> <i>RidgeRunners Band</i> Bocce</p> 		
<p>18</p> <p><u>9:45</u> Bone Builders <u>10:30</u> <i>Jazz Music with Carol, Fred & Bill</i> Knit & Chat Horseshoes <u>1:00</u> <i>Zumba w/Mary Ann</i> Nail Care Bean Bag Challenge <u>2:30</u> <i>Piano Singalong with Linda</i> Life Lessons Team Tennis <u>4:00</u> <i>Jazz Piano with Fred</i> <i>Pokeeno with Dale</i> Pool Club</p> 	<p>19</p> <p><u>10:00</u> <i>Pinochle w/Betty</i> <u>10:30</u> <i>Shader Croft</i> Green Bean Cutting Golf <u>1:00</u> Born in the Wild Sharing Stories Ladderball <u>2:30</u> <i>David Reads Don Quixote</i> Singalong; Bone Builders <u>4:00</u> Dancing Fun What's Cookin'? Bocce</p> 	<p>20</p> <p><u>9:45</u> Bone Builders <u>10:30</u> <i>Van Trip: Singalong at Porter Nursing Home</i> Tapping & Clogging <i>Readings with Nick</i> Ring Toss <u>1:00</u> <i>Concert with Lyn</i> Fatherhood Car Shuffleboard <u>2:30</u> Comedy Hour Bingo Tabletop Bowling <u>4:00</u> <i>Fred and Sarah: Jazz Piano and Song</i> Penny Ante... Croquet</p>	<p>21</p> <p><u>10:30</u> <i>Wagon Rides</i> Singalong with Sue Bag Ball <u>12:45</u> <i>Pinochle w/Betty</i> <u>1:00</u> <i>The Evolution of Milking</i> Music Trivial Pursuit Molky <u>2:30</u> <i>Creeme Trip</i> Music Hour with Anne Bone Builders <u>4:00</u> Folksong Singalong Writing a Play Pool Club</p> 	<p>22</p> <p><u>10:30</u> <i>Poker Game w/Sue</i> <i>Neighbor Spotlight on Joe</i> Baking Tabletop Basketball <u>1:00</u> <i>Yoga with Jen</i> NJ's Book Reading Barrel Frisbee <u>2:30</u> <i>Dana's Adventure in Iceland</i> Rodger's Music Hour Horseshoes <u>4:00</u> Name & Dance That Tune Craft Wiffleball</p>	<p>23</p> <p><u>10:30</u> 50's Singalong with Sibylle Horseshoes <u>1:00</u> Piano Singalong with Hildgund Bingo</p> 		
<p>25</p> <p><u>9:45</u> Bone Builders Green Bean Cutting <u>10:30</u> <i>Creeme Trip</i> <i>Singalong with Mary Jane & Jack</i> Ladderball <u>1:00</u> <i>Zumba w/Mary Ann</i> Sitting Tour of ESI's Gardens Golf <u>2:30</u> <i>Piano Singalong with Linda</i> Life Lessons Frisbee Toss <u>4:00</u> <i>Jazz Piano with Fred</i> <i>Craft with Ann</i> Pool Club</p> 	<p>26</p> <p><u>10:00</u> <i>Pinochle w/Betty</i> <u>10:30</u> Adventures in Scotland with Kristin Bingo Horseshoes <u>1:00</u> Piano Singalong <i>Numbers Puzzle with Helen</i> Wiffleball <u>2:30</u> <i>Jazz Music with Carol, Fred & Bill</i> Nail Care Bone Builders <u>4:00</u> Sigalong with David Baking Ring Toss</p> 	<p>27</p> <p><u>9:45</u> Bone Builders <u>10:00</u> <i>Catholic Communion</i> <u>10:30</u> <i>Monument Farms Trip</i> <i>Piano Music w/Rhonda</i> <i>Readings with Nick</i> <u>1:00</u> <i>Craft with Ann</i> Weddings and Proms Barrel Frisbee <u>2:30</u> Music Listening Poetry Hour Bag Ball <u>4:00</u> <i>Old Time Music & Dance Party w/Jim & Don</i> Words in a Word Basketball Bonanza</p> 	<p>28</p> <p><u>10:30</u> <i>Josie's Trip to the Mekong Delta</i> Baking Team Tennis <u>12:45</u> <i>Pinochle w/Betty</i> <u>1:00</u> Life & Music of Cole Porter Green Bean Cutting Croquet <u>2:30</u> Classic Movies Bingo Bone Builders <u>3:30</u> Classic Movies Writing a Play Pool Club</p> <p style="text-align: center;">⇒ EARLY CLOSE ⇐</p>	<p>29</p> <p><u>10:30</u> <i>Judd Plays Accordion</i> Crossword Target Toss <u>1:00</u> Children's TV Programs NJ's Book Reading Bocce <u>2:30</u> <i>Trip: Tai Chi on Otter Creek</i> Folksongs with Jack Molky <u>4:00</u> Opera Friday - Turandot Music Trivial Pursuit Car Shuffleboard</p>	<p>30</p> <p><u>10:30</u> <i>Live Music with Heron Fire</i> Tabletop Bowling <u>1:00</u> Singalong Bingo</p> 