

INTERESTED IN AN ARMED  
CHAIR ON WHEELS FOR YOUR  
ELDERLY LOVED ONE?  
SEE PINK INSERT.



PILLS TO TAKE AT PROJECT?

Be sure to give any medications to the nurses rather than carry them on you.  
Thank you!

❖ EARLY CLOSING (for staff meeting) ❖  
Thursday, May 24 – closing at 6:00 pm



May Highlights! More Inside!

- ❖ Sándor's Hungary
- ❖ The History of the Banjo w/Shannon & Remy
- ❖ Live Music with Brisson, Boss & Pelletier
- ❖ Sugaring with Mo
- ❖ Piano Music with M'bury College Students
- ❖ Poetry Reading with Ann and Marshall
- ❖ Jazz with Blue Velvet
- ❖ Slideshow with Jim
- ❖ A Year in Judith's Garden
- ❖ Poetry Hour with Susan
- ❖ Joyfulness Reading w/ Johanna



Van Trips:

- Who Farmed Where?
- Addison Rep Theatre with Steve
- Moore Family Goat Kids
- Arts Center "Barn Art"
- Tai Chi at the Marbleworks Park
- Mystery Trip
- Champlain Valley Motor Sports

Addison County  
Home Health Foot Clinic  
at Project Independence

Monday, May 14, 1:00 – 4:00 PM

*check payable to Elderly Services  
due by Friday, May 11*

Tuesday, May 22, 1:00 – 4:00 PM

























*check payable to Elderly Services  
due by Friday, May 18*

\$30 for first appointment  
(includes personal basin & nail clipper kit)  
\$20 for subsequent appointments

To Register

Call 388-3983 for Dana or her voicemail.

May Support Group  
CHANGED to  
Friday, May 25  
12 noon-1:30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>May 2018</b></p> 	<p><b>1</b>  <b>10:00 Pinochle w/Betty</b>  <b>10:30</b>            All About Julia Child Hand &amp; Shoulder Massage            Bingo  <b>1:00</b>            May Day Folk Songs &amp; Traditions            Trivia            Car Shuffleboard  <b>2:30</b>            Singalong            Penny Ante            Bone Builders  <b>4:00</b>  <b>May Day Concert w/Lyn</b>            Words in a Word            Ring Toss</p>	<p><b>2</b>  <b>9:45</b> Bone Builders  <b>10:30 Singalong w/Sheila</b>  <b>Readings with Nick</b>  <b>Trip: Who Farmed Where?</b>            Beanie Baby Target Toss  <b>1:00</b>  <b>The History of the Banjo w/Shannon &amp; Remy</b>            Nail Care... Pool   <b>2:30</b>  <b>Trip: Goats &amp; Their Kids</b>            Woodchuck's Revenge            Golf  <b>4:00</b>  <b>Fred and Sarah: Jazz Piano and Song</b>            Making Wooden Necklaces            Air Hockey</p>	<p><b>3</b>  <b>10:30</b>  <b>Trip: Champlain Valley Motor Sports</b>            Jackie Robinson's Legacy            Ladderball  <b>12:45 Pinochle w/Betty</b>  <b>1:00</b>  <b>Piano Singalong w/Rick</b>            Life Lessons            Basketball Bonanza   <b>2:30</b>  <b>Banjo Music with Rick &amp; Kristin</b>            Trivia            Bone Builders  <b>4:00</b>            All About Wildflowers            Listening to The Beatles            Pool Club</p>	<p><b>4</b>  <b>10:30 Students Visit</b>  <b>Poker Game with Sue</b>            Musical Pictionary            Cards &amp; Games            Bowl-a-Bocce  <b>1:00</b>  <b>Live J with Brisson, Boss &amp; Pelletier</b>            NJ's Book Reading            Tabletop Basketball  <b>2:30</b>            Exploring Costa Rica            Devotional Hour            Horseshoes  <b>4:00</b>  <b>Neighbor Spotlight: Marie</b>            Baking w/Choc. Chips            Car Shuffleboard</p> 	<p><b>5</b>  <b>10:30</b>            Singalong with David            Tabletop Bowling  <b>1:00</b>            Country Singalong with Kristin            Bingo</p>
<p><b>7</b>  <b>9:45</b> Bone Builders  <b>10:00</b>  <b>Catholic Communion</b>  <b>10:30</b>  <b>Singalong w/Mary Jane</b>            Mother's Day Baking            Bag Ball  <b>1:00</b>  <b>Spring Fling with Barb</b>            Singalong w/Kathleen            Tabletop Golf  <b>2:30</b>  <b>Piano Singalong with Linda</b>            Life Lessons            Ring Toss   <b>4:00</b>  <b>Jazz Piano with Fred</b>  <b>Massage with Nancy</b>            Pool Club</p>	<p><b>8</b>  <b>10:00 Pinochle w/Betty</b>  <b>10:30</b>  <b>Singalong with Rhonda</b>            Trivia with Connie            Croquet  <b>1:00</b>  <b>David Reads Don Quixote</b>  <b>Numbers Puzzle w/Helen</b>            Air Hockey  <b>2:30</b>            Wheel of Fortune            Mother's Day Tea            Bone Builders  <b>4:00</b>            Dancing Fun             Naturally Curious            Pool Bocce</p>	<p><b>9</b>  <b>9:45</b> Bone Builders  <b>10:00 Lily &amp; Janet Visit</b>  <b>10:30 King Pede w/Barb</b>  <b>Singalong with Sheila</b>  <b>Readings with Nick</b>            Baking            Car Shuffleboard   <b>1:00</b>  <b>Mother's Day Planting</b>            Life &amp; Art of Rockwell Kent            Tabletop Basketball  <b>2:30</b>            Charlie Chaplin            Bingo... Ladderball  <b>4:00</b>  <b>Hymns with Meredith &amp; Friends</b>            Tales of a Wayside Inn            Toss Four</p>	<p><b>10</b>  <b>10:30</b>  <b>Two Cellos: Tom &amp; Ken</b>  <b>Painting with Cynthia</b>            Horseshoes  <b>12:45 Pinochle w/Betty</b>  <b>1:00 Students Visit</b>  <b>Singalong with Lyn</b>            Crossword            Koosh Ball Tennis  <b>2:30</b>  <b>Music w/Dottie &amp; Steve</b>            Word Grid            Bone Builders  <b>4:00</b>  <b>Craft with Ann</b>            Folksongs w/Rodger            Pool Club </p>	<p><b>11</b>  <b>10:30</b>  <b>Poker Game with Sue</b>  <b>Sugaring with Mo</b>            Playing Recorders            Ring Bocce  <b>1:00</b>  <b>Singalong with Mona &amp; Louise</b>            NJ's Reading... Pool  <b>2:30</b>  <b>Faith Reads Her Columns</b>  <b>Trip: Tai Chi at Marbleworks Park</b>            Tabletop Shuffleboard  <b>4:00</b>  <b>Piano Music with Midd College Students</b>            Nail Care            Tabletop Bowling</p> 	<p><b>12</b>  <b>10:30</b>            Singalong with Sue            Air Hockey  <b>1:00</b>            Music and Massage with <b>Maryanne's Piano Music</b>            Bingo</p>
<p><b>14</b>  <b>9:45</b> Bone Builders  <b>10:30</b>  <b>Life &amp; Music of Bing Crosby</b>  <b>Poetry Reading with Ann &amp; Marshall</b>            Ladderball  <b>1:00</b>  <b>Zumba with Mary Ann</b>            Craft... Ring Toss  <b>2:30</b>  <b>Piano Singalong with Linda</b>  <b>Mystery Trip</b>            Horseshoes   <b>4:00</b>  <b>Jazz Piano with Fred</b>  <b>Flip It! with Dale</b>            Pool Club</p>	<p><b>15</b>  <b>10:00 Pinochle w/Betty</b>  <b>10:30</b>  <b>Shader Croft Band</b>            Nail Care            Toss Four  <b>1:00</b>  <b>Ragtime Piano w/George</b>            Sharing Stories with Marion            Pool  <b>2:30</b>  <b>Ragtime Piano w/George</b>            Concentration            Bone Builders  <b>4:00</b>  <b>Neighbor Spotlight: Hazel's Paintings</b>            Wheel of Fortune            Trouble Ball</p>	<p><b>16</b>  <b>9:45</b> Bone Builders  <b>10:00 Catholic Communion</b>  <b>10:30 King Pede w/Barb</b>  <b>Readings with Nick</b>  <b>Trip: Addison Rep Theatre</b>            World Singalong            Tabletop Bag Ball  <b>1:00</b>  <b>Singalong w/Pat &amp; Mal</b>            Drama Group... Wiffleball  <b>2:30</b>            Pete Seeger &amp; Folk Revival            Poetry Hour            Tabletop Bowling   <b>4:00</b>  <b>Old Time Music &amp; Dance Party with Jim and Don</b>            Parenting 101            Car Shuffleboard</p>	<p><b>17</b>  <b>10:30</b>  <b>Vermont Folklife Trip</b>            Barbra Streisand's Life and Music             Bingo  <b>12:45 Pinochle w/Betty</b>  <b>1:00</b>  <b>Sándor's Hungary</b>            J of Tammy Wynette            Pool Bocce  <b>2:30</b>  <b>Sándor's Hungary</b>            Penny Ante            Bone Builders  <b>4:00</b>            Armchair Travel to New Zealand            Music Hour with Anne            Pool Club</p>	<p><b>18</b>  <b>10:30 Students Visit</b>  <b>Poker Game with Sue</b>  <b>Judd and His Accordion</b>            Cards &amp; Games            Beanie Baby Target Toss  <b>1:00</b>  <b>The Past is Prologue: Slideshow with Jim</b>            NJ's Book Reading             Golf  <b>2:30</b>  <b>The Past is Prologue: Slideshow with Jim</b>            Devotional Hour            Corn Toss  <b>4:00</b>            Vermont Folksongs            Words in a Word            Tabletop Bag Ball</p> 	<p><b>19</b>  <b>10:30</b>            Folksongs with Rodger            Bingo  <b>1:00</b>  <b>RidgeRunners Band</b>            Horseshoes</p>
<p><b>21</b>  <b>9:45</b> Bone Builders  <b>10:30</b>  <b>Trip: Where Do You Live?</b>  <b>Carol &amp; Friends</b>            Singalong w/Kathleen            Tabletop Bowling  <b>1:00</b>  <b>Zumba with Mary Ann</b>            Knit &amp; Chat            Car Shuffleboard   <b>2:30</b>  <b>Piano Singalong with Linda</b>            Life Lessons            Tabletop Basketball  <b>4:00</b>  <b>Jazz Piano with Fred</b>            Words in a Word            Pool Club</p>	<p><b>22</b>  <b>10:00 Pinochle w/Betty</b>  <b>10:30</b>  <b>Edwin Shares His Poetry</b>  <b>Craft with Ann</b>            Pool Bocce   <b>1:00</b>  <b>Hymn Sing with Mary Kay &amp; Terry</b>  <b>Numbers Puzzle w/Helen</b>            Tabletop Shuffleboard  <b>2:30</b>  <b>Two Cellos: Tom &amp; Ken</b>            Crossword            Bone Builders  <b>4:00</b>  <b>Poetry Hour with Susan</b>            Life &amp; Music of Tammy Wynette            Tabletop Golf</p>	<p><b>23</b>  <b>9:45</b> Bone Builders  <b>10:00 Lily &amp; Janet Visit</b>  <b>10:30 King Pede w/Barb</b>  <b>Readings with Nick</b>            Mem. Day Remembrance            Baking            Ladderball   <b>1:00</b>  <b>Nightmare in Film Noir with Leger</b>            Words in a Word            Bowla Bocce  <b>2:30</b>            The Royal Wedding            Guess the Object            Horseshoes  <b>4:00</b>  <b>Fred and Sarah: Jazz Piano and Song</b>            Nail Care... B'ball Bonanza</p>	<p><b>24</b>  <b>10:30</b>  <b>Painting with Cynthia</b>  <b>Singalong with Rhonda</b>            Croquet  <b>12:45 Pinochle w/Betty</b>  <b>1:00 Students Visit</b>  <b>Singalong with Mary</b>            Trivia            Tabletop Bag Ball  <b>2:30</b>            Classic Movies            Bingo            Bone Builders  <b>3:30</b>            Classic Movies            Trivia            Pool Club            ⇒ <b>EARLY CLOSE</b> ⇐ </p>	<p><b>25</b>  <b>10:30</b>  <b>Poker Game w/Sue</b>  <b>Old Bones</b>            Trivial Pursuit            Ring Toss  <b>1:00</b>  <b>Jazz with Blue Velvet</b>            NJ's Book Reading            Pool  <b>2:30</b>  <b>Joyfulness Reading with Johanna</b>            Memorial Day Remembrance            Tabletop Shuffleboard  <b>4:00</b>  <b>Concert with Lyn</b>             All About Wildflowers            Air Hockey</p>	<p><b>26</b>  <b>10:30</b>  <b>Live Music with Heron Fire</b>            Tabletop Bag Ball  <b>1:00</b>            Piano Singalong w/Hildgund            Bingo</p> 
<p><b>28</b></p> <p><b>CLOSED – MEMORIAL DAY</b></p> 	<p><b>29</b>  <b>10:00 Pinochle w/Betty</b>  <b>10:30</b>  <b>Kitchen Tunk</b>            Nail Care             Crossword  <b>1:00</b>            Lifelong Learning            Making Art            Car Shuffleboard  <b>2:30</b>  <b>David Reads Don Quixote</b>            Wheel of Fortune            Bone Builders  <b>4:00</b>            Folksongs with Rodger            Craft            Tabletop Bowling</p>	<p><b>30</b>  <b>9:45</b> Bone Builders  <b>10:30 King Pede w/Barb</b>  <b>Readings with Nick</b>            Musical Theatre            Art Group  <b>1:00</b>            Remembering Memorial Day Observances            Bingo            Tabletop Shuffleboard  <b>2:30</b>  <b>Zumba with Mary Ann</b>            Art Books – Mary Cassatt and More            Beanie Baby Target Toss  <b>4:00</b>            Guitar Singalong             New Haven WWII Pilot            Trouble Ball</p>	<p><b>31</b>  <b>10:30</b>  <b>Faith Reads Her Columns</b>            Baking            Air Hockey  <b>12:45 Pinochle w/Betty</b>  <b>1:00</b>  <b>MUHS Men's and Women's Ensembles</b>            Life Lessons             Golf  <b>2:30</b>  <b>Trip: Compass Arts Center "Barn Art"</b>            Folksong Singalong            Bone Builders  <b>4:00</b>  <b>Pokeeno with Dale</b>            Rockwell Kent &amp; His Art            Pool Club</p>	<p><b>And, every day, for your enjoyment...</b></p> <p>7–10 am Breakfast, Newspapers, Visiting</p> <p>10:00 Morning Chat &amp; Walking Group</p> <p>11:30 Exercise &amp; Walking Groups</p> <p>2:00 Afternoon Chat</p> <p>3:30 Exercise &amp; Walking Groups</p> <p>5:45 Evening Farewell</p>	