

ARE YOU ON FACEBOOK?
Please like and follow us at facebook.com/elderlyservices.
Spread the word about our wonderful programs!

Addison County



Home Health Foot Clinic
at Project Independence
See back cover for details

Icy or Muddy Driveway?

Call us at 388-3983.

We may need you to rendezvous with the van at a nearby dry spot. Thank you!

❖ **EARLY CLOSING (for staff meeting)** ❖

Thursday, March 22 – closing at 6:00 pm

 Addison County 

Home Health Foot Clinic
at Project Independence

Monday, March 19, 1:00 – 4:00 PM

(check payment due by Friday, March 16)

Tuesday, March 27, 1:00 – 4:00 PM

(check payment due by Friday, March 23)

\$30 for first appointment
(includes personal basin & nail clipper kit)
\$20 for subsequent appointments

To Register

Call 388-3983 for Dana or her voicemail.



Highlights! More Inside!
































- ❖ *Piatigorsky Foundation Clarinet Concert*
- ❖ *Joe Shares His Artwork*
- ❖ *“Death in the Wilderness,” A Civil War Love Story*
with Director Kevin
- ❖ *Ron Sings Pete Seeger*
- ❖ *Piatigorsky Foundation Clarinet Concert*
- ❖ *Stories from the Bench with Judge Paul*
- ❖ *A Visit from Our Penpals*

Van Trips:

- *Bristol Fire Department*
- *Signs of Spring*
- *Sugarhouse Tours*



Family Caregiver Support Group
12 noon, 3rd Friday of the month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>And, every day, for your enjoyment...</i></p> <p>7-10 am Breakfast, Newspapers, Visiting</p> <p>10:00 Morning Chat & Walking Group</p> <p>11:30 Exercise & Walking Groups</p> <p>2:00 Afternoon Chat</p> <p>3:30 Exercise & Walking Groups</p> <p>5:45 Evening Farewell</p>	<h1>March 2018</h1> 		<p>10:30 Joe Shares His Art</p> <p>Cooking with Betsy</p> <p>Horseshoes</p> <p>12:45 Pinochle w/Betty</p> <p>1:00 Students Visit</p> <p>Singalong with Sue</p> <p>Bingo</p> <p>Tabletop Bowling </p> <p>2:30 Remembering Sugaring</p> <p>Music Club with Anne</p> <p>Bone Builders</p> <p>4:00 Graffiti - Public Art or Nuisance?</p> <p>Concentration... Pool</p>	<p>2 10:30 Students Visit</p> <p>Poker Game with Sue</p> <p>Judd Plays Accordion</p> <p>Cards and Games</p> <p>Beanie Baby Toss</p> <p>1:00 Remembering Sugaring</p> <p>NJ's Book Reading</p> <p>Car Shuffleboard</p> <p>2:30 School Chorus Sings</p> <p>Devotional Hour</p> <p>Ladderball</p> <p>4:00 Irish ♪ w/O'hAnleigh</p> <p>Beauty Time</p> <p>Tabletop Basketball</p> 	<p>3 10:30 Singalong with David</p> <p>Air Hockey</p> <p>1:00 Country Singalong with Kristin</p> <p>Bingo</p>
<p>5 9:45 Bone Builders</p> <p>10:00 Catholic Communion</p> <p>10:30 Piano & Singing with Amber</p> <p>Craft with Susan </p> <p>Golf</p> <p>1:00 Folksongs with Jack</p> <p>Concentration</p> <p>Tabletop Bag Ball</p> <p>2:30 Piano Singalong w/Linda</p> <p>Penpal Group</p> <p>Floor Shuffleboard</p> <p>4:00 Jazz Piano with Fred</p> <p>Flip It! with Dale ...Pool</p>	<p>6 10:00 Pinochle w/Betty</p> <p>10:30 Shader Croft</p> <p>Trivia</p> <p>Basketball Bonanza</p> <p>1:00 Hymn Sing with Mary Kay & Terry</p> <p>Crossword</p> <p>Croquet </p> <p>2:30 Mystery Trip</p> <p>Singalong with David</p> <p>Bone Builders</p> <p>4:00 Folksongs with Rodger</p> <p>Bingo</p> <p>Air Hockey</p>	<p>7 9:45 Bone Builders</p> <p>10:00 Lily & Janet Visit</p> <p>10:30 King Pede w/Barb</p> <p>Singalong with Sheila</p> <p>Readings with Nick</p> <p>Tabletop Basketball</p> <p>1:00 Remembering Pete Seeger with Ron</p> <p>Wheel of Fortune</p> <p>Tabletop Shuffleboard</p> <p>2:30 A Look at Susan's Crafts</p> <p>Hits from the 60's & 70s</p> <p>Car Shuffleboard</p> <p>4:00 Hymns with Meredith & Friends</p> <p>Trivia... Trouble Ball</p>	<p>8 10:30 Seed Catalogues & Garden Dreams </p> <p>Painting with Cynthia</p> <p>Bowl-a-Bocce</p> <p>12:45 Pinochle w/Betty</p> <p>1:00 Singalong with Nola</p> <p>A Look at Susan's Crafts</p> <p>Air Hockey</p> <p>2:30 A Civil War Love Story with Kevin</p> <p>Nail Care</p> <p>Bone Builders</p> <p>4:00 Singalong with Lyn </p> <p>Drama Group</p> <p>Pool Club</p>	<p>9 10:30 Poker Game w/Sue </p> <p>Broadway Singalong with Rhonda</p> <p>Art Fun with NJ</p> <p>Pool</p> <p>1:00 Singalong with Mona and Louise</p> <p>NJ's Book Reading</p> <p>Horseshoes</p> <p>2:30 Singalong with Kathleen</p> <p>Baking Choc. Cookies</p> <p>Broomball</p> <p>4:00 Piano Recital</p> <p>Trivia</p> <p>Ring Toss</p> 	<p>10 10:30 Singalong with Sue</p> <p>Tabletop Basketball</p> <p>1:00 Music and Massage with Maryanne's Piano Music</p> <p>Bingo</p> 
<p>12 9:45 Bone Builders</p> <p>10:30 Irish Singalong with Mary Jane & Jack </p> <p>Baking with Susan</p> <p>Horseshoes</p> <p>1:00 Music with Carol</p> <p>Knit & Chat</p> <p>Floor Shuffleboard</p> <p>2:30 Sugaring Trip</p> <p>Piano Singalong w/Linda</p> <p>Basketball Bonanza</p> <p>4:00 Jazz Piano w/Fred</p> <p>Coloring with Penpals</p> <p>Pool Club</p>	<p>13 10:00 Pinochle w/Betty</p> <p>10:30 Singalong with David</p> <p>Nail Care</p> <p>Team Tennis </p> <p>1:00 Don Quixote Reading Numbers Puzzle with Helen</p> <p>Tabletop Bag Ball</p> <p>2:30 Cello Music with Ken</p> <p>Green Bean Cutting</p> <p>Bone Builders</p> <p>4:00 Dancing Fun</p> <p>Readings with Jack</p> <p>Tabletop Bag Ball</p>	<p>14 9:45 Bone Builders</p> <p>10:30 King Pede w/Barb</p> <p>Singalong with Sheila</p> <p>Readings with Nick</p> <p>Tabletop Bowling</p> <p>1:00 Winter Hiking Gear</p> <p>Bingo</p> <p>Pool</p> <p>2:30 Abbott and Costello</p> <p>Poetry Hour</p> <p>Ladderball</p> <p>4:00 Music with Fred & Sarah </p> <p>Craft with Susan</p> <p>Toss 4</p>	<p>15 10:30 Bristol Fire Dept. Trip</p> <p>Edwin & His Poetry</p> <p>Pool Bocce</p> <p>12:45 Pinochle w/Betty</p> <p>1:00 Students Visit</p> <p>2018 Car Show</p> <p>Penny Ante</p> <p>Table Car Shuffleboard</p> <p>2:30 Winter Hiking Gear</p> <p>Words in a Word</p> <p>Bone Builders</p> <p>4:00 Singalong</p> <p>Trivia with Anne</p> <p>Pool Club</p>	<p>16 10:30 Students Visit</p> <p>Poker Game with Sue</p> <p>St Patrick's Day</p> <p>Show & Tell and Party</p> <p>Cards and Games</p> <p>Bowl-O'Bocce </p> <p>1:00 Concert with Lyn</p> <p>NJ's Book Reading</p> <p>Irish Jokes and Trivia</p> <p>2:30 Irish Bananagrams</p> <p>Devotional Hour</p> <p>Air Hockey</p> <p>4:00 Folksongs with Jack</p> <p>Irish Trivia</p> <p>Car Shuffleboard</p> 	<p>17 St Patrick's Day</p> <p>10:30 Irish Singalong</p> <p>Tabletop Bag Ball</p> <p>1:00 Folksongs with Rodger</p> <p>Bingo</p> 
<p>19 9:30 Green Bean Cutting</p> <p>9:45 Bone Builders</p> <p>10:30 Sugar House Trip</p> <p>Life and Music of Lawrence Welk</p> <p>Tabletop Basketball</p> <p>1:00 Show & Tell: Spring Hats </p> <p>Music of Elton John</p> <p>Tabletop Shuffleboard</p> <p>2:30 Foot Clinic</p> <p>Piano Singalong w/Linda</p> <p>Pokeeno with Dale</p> <p>Team Tennis</p> <p>4:00 Jazz Piano with Fred</p> <p>Nail Care</p> <p>Pool Club</p>	<p>20 10:00 Pinochle w/Betty</p> <p>10:30 Kitchen Tunk </p> <p>Bocce</p> <p>Trivia</p> <p>1:00 Robert Presents "Irving Berlin"</p> <p>Sharing Stories with Len & Dorothea</p> <p>Pool</p> <p>2:30 Dave Reads</p> <p>Don Quixote</p> <p>Craft with Joelle</p> <p>Bone Builders</p> <p>4:00 Music with Ronnie and Annie</p> <p>Naturally Curious</p> <p>Tabletop Bowling</p>	<p>21 9:45 Bone Builders</p> <p>10:00 Lily & Janet Visit</p> <p>10:00 Catholic Communion</p> <p>10:30 King Pede w/Barb</p> <p>Singalong w/Pat & Mal</p> <p>Readings with Nick</p> <p>Baking with Geetha</p> <p>Car Shuffleboard</p> <p>1:00 Music and Massage with Maryanne's Piano Music</p> <p>Words in a Word... Golf</p> <p>2:30 Clarinet Concert</p> <p>Green Bean Cutting</p> <p>Beanie Baby Target Toss</p> <p>4:00 Old Time ♪ and Dance Party w/Jim & Don</p> <p>Life Lessons</p> <p>Bowl-a-Bocce</p>	<p>22 10:30 Broadway Singalong with Rhonda</p> <p>Painting with Cynthia</p> <p>Ring Bocce</p> <p>12:45 Pinochle w/Betty</p> <p>1:00 Cello Music with Ken</p> <p>Trivial Pursuit</p> <p>Koosh Ball Tennis</p> <p>2:30 Classic Movies</p> <p>Bingo</p> <p>Bone Builders</p> <p>3:30 Classic Movies</p> <p>Crossword</p> <p>Pool Club </p> <p>⇒ EARLY CLOSE ⇐</p>	<p>23 Tropical Day!</p> <p>10:30 Poker Game with Sue</p> <p>Old Bones</p> <p>Tropical Wheel of Fortune</p> <p>Coconut Bowling</p> <p>1:00 Dancing with Your Chair with Alice</p> <p>NJ's Book Reading</p> <p>Pineapple Ring Toss</p> <p>2:30 Sugar House Trip </p> <p>Tropical Day</p> <p>Dance Party</p> <p>Tropical Fruit Tasting</p> <p>4:00 Music and Life of Harry Belafonte</p> <p>Tropical Trivia</p> <p>Coconut Bocce</p> 	<p>24 10:30 Live Music with Heron Fire</p> <p>Tabletop Golf</p> <p>1:00 RidgeRunners</p> <p>Penny Ante</p> 
<p>26 9:45 Bone Builders</p> <p>10:30 Music with Carol </p> <p>Knit & Chat</p> <p>Ladderball</p> <p>1:00 David and "GrandPA WS Memoirs"</p> <p>Bingo</p> <p>Car Shuffleboard</p> <p>2:30 Piano Singalong w/Linda</p> <p>Life Lessons</p> <p>Team Tennis</p> <p>4:00 Jazz Piano w/Fred</p> <p>LCR Dice Game w/Dale </p> <p>Pool Club</p>	<p>27 10:00 Pinochle w/Betty</p> <p>10:30 Singalong with David</p> <p>Art w/Annie & Kathy</p> <p>Table Car Shuffleboard</p> <p>1:00 Numbers Puzzle with Helen</p> <p>Lifelong Learning</p> <p>Air Hockey</p> <p>2:30 Albert Einstein: Philosopher & Physicist</p> <p>Singalong with David</p> <p>Bone Builders</p> <p>4:00 Concert with Lyn</p> <p>Baking with Joelle</p> <p>Trouble Ball</p>	<p>28 9:45 Bone Builders</p> <p>10:30 King Pede w/Barb</p> <p>Stories from Judge Paul</p> <p>Readings with Nick</p> <p>Ring Toss</p> <p>1:00 Neighbor Spotlight On Ginny</p> <p>Singalong with Sue</p> <p>Bocce</p> <p>2:30 March Get-Away Trip</p> <p>2018 Car Show </p> <p>Horseshoes</p> <p>4:00 Music with Fred & Sarah</p> <p>Penny Ante</p> <p>Tabletop Basketball</p>	<p>29 10:30 Woodchuck's Revenge</p> <p>Craft with Betsy & Ann</p> <p>Tabletop Bag Ball</p> <p>12:45 Pinochle w/Betty</p> <p>1:00 Life of Julia Child</p> <p>Nail Care</p> <p>Toss 4 </p> <p>2:30 Bristol Fire Dept. Trip</p> <p>Banjo Music with Rick and Kristin</p> <p>Bone Builders</p> <p>4:00 MLB Opening Day </p> <p>Elton John's Music</p> <p>Pool Club</p>	<p>30 10:30 Poker Game with Sue</p> <p>Spring Work on the Farm with Barb</p> <p>Baking</p> <p>Tabletop Bowling</p> <p>1:00 Piano Music w/Gloria </p> <p>NJ's Book Reading</p> <p>Pool</p> <p>2:30 Harp and Flute Music w/Sheerya & Jim</p> <p>Green Bean Cutting</p> <p>Beanie Baby Target Toss</p> <p>4:00 Bach's St. John Passion</p> <p>Mini Garden Craft</p> <p>Tabletop Shuffleboard</p> 	<p>31 10:30 Piano Singalong with Hildgund</p> <p>Ring Toss</p> <p>1:00 Wheel of Fortune</p> <p>Bingo</p> 