





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1>February 2018</h1>			<p>1</p> <p>Spinach ricotta pie Carrot ginger salad Green beans Whole grain roll</p> <p><i>Chocolate cookie</i></p>	<p>2</p> <p>Chicken chow mein with rice Beet avocado salad Broccoli florets Mini roll</p> <p><i>Lemon Lulu cake</i></p>	<p>3</p> <p>Smorgasbord</p>
<p>5</p> <p>Tuna macaroni salad Green beans & feta Fruit salad Bread and butter</p> <p><i>Pineapple upside-down cake</i></p>	<p>6</p> <p>Turkey meatloaf Cabbage apple salad Winter squash Cornbread</p> <p><i>Vanilla pudding</i></p>	<p>7</p> <p>Baked salmon Vegetable rice pilaf Spinach Raspberry applesauce Whole grain mini roll</p> <p><i>Strawberry cream cake</i></p>	<p>8</p> <p>Spaghetti & meatballs Cauliflower florets Cottage cheese with pineapple Garlic bread</p> <p><i>Cake with mixed berry sauce</i></p>	<p>9</p> <p>Ham and asparagus quiche Chickpea salad Beets Whole grain roll</p> <p><i>Chocolate mousse bar</i></p>	<p>10</p> <p>Smorgasbord</p>
<p>12</p> <p>Shepherd's pie Zucchini Oatmeal bread</p> <p><i>Walnut brownie</i></p>	<p>13</p> <p>Chicken and biscuits Lentil salad Broccoli bake</p> <p><i>Mai tai fruit salad</i></p>	<p>14</p> <p>Stuffed shells Maple-glazed carrots Coleslaw Mini roll</p> <p><i>Cherry ripple cheesecake</i></p>	<p>15</p> <p>Turkey divan Carrot pineapple salad Green beans Branana bread</p> <p><i>Apple cake</i></p>	<p>16</p> <p>Baked haddock Mashed potatoes Yellow squash Whole grain roll</p> <p><i>Bev's potato cake</i></p>	<p>17</p> <p>Smorgasbord</p>
<p>19</p> <p>Turkey gravy on a biscuit Maple carrot salad Asparagus</p> <p><i>Black raspberry ice cream cake</i></p>	<p>20</p> <p>Lemon chicken tortellini Three-bean salad Winter squash Mini whole grain roll</p> <p><i>Chocolate cake</i></p>	<p>21</p> <p>Spaghetti and cheese Broccoli & cauliflower Cottage cheese salad Mini bran muffin</p> <p><i>Snickerdoodle cookie</i></p>	<p>22</p> <p>Four-bean bake Coleslaw Hot buttered beets Garlic knot</p> <p><i>Gingerbread with whipped cream</i></p>	<p>23</p> <p>Corn chowder with saltines Egg salad on whole whole grain bread Brussels sprouts</p> <p><i>Hot fruit compote</i></p>	<p>24</p> <p>Smorgasbord</p>
<p>26</p> <p>Veggie chili Chicken salad on a finger roll Ambrosia salad</p> <p><i>Banana cake</i></p>	<p>27</p> <p>Macaroni and cheese Deviled eggs Mango sauce Spinach Brown bread</p> <p><i>Mandarin oranges & cream</i></p>	<p>28</p> <p>Beef stew on a buttermilk biscuit Coleslaw Winter squash</p> <p><i>Peanut butter cookie</i></p>	 <div style="border: 1px solid black; border-radius: 15px; padding: 10px; display: inline-block;"> <p>~ NOON DINNERS ~</p> </div> <p><i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i></p>		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 2018			1	2
			Lazy lasagna Cottage cheese Red bean salad Zucchini Sourdough bread <i>Fresh fruit</i>	Pot roast with gravy Mashed potatoes Zucchini Whole grain roll <i>Cranberry orange bar</i>
5	6	7	8	9
Scrambled eggs w/cheddar Roasted potatoes Asparagus Blueberry muffin <i>Chocolate ice cream</i>	Minestrone soup Grilled hummus & cheddar Carrots <i>Carrot cake</i>	Reuben casserole 3-bean salad Yellow squash Mini roll <i>White chocolate berry dessert</i>	Sesame chicken on rice Broccoli Asian slaw Mini roll <i>Peanut butter swirl brownie</i>	3-cheese pizza Best lentil salad Maple carrot salad Spinach <i>Peaches 'n cream</i>
12	13	14	15	16
Broccoli cheese soup Ham salad on a bun Yellow squash <i>Cherry berry crisp</i>	Chicken & peanut noodles Sweet 'n sour cabbage Corn Mini roll <i>Chocolate peanut butter cookie</i>	Sunshine baked eggs Coconut mashed sweet potatoes Asparagus Bran muffin <i>Fruit salad</i>	Crabcakes with tartar sauce Dill potato salad Spinach Whole grain roll <i>Vanilla ice cream with caramel drizzle</i>	Macaroni and cheese Black & white bean salad Fruit salad Mini roll <i>Coconut blueberry cake with lemon sauce</i>
19	20	21	22	23
Citrus burst tilapia Beet salad with avocado & feta Spinach Whole grain roll <i>Yellow cake</i>	Quiche Mediterranean chickpea salad Cauliflower Oatmeal roll <i>Orange dreamsicle smoothie</i>	Beef stroganoff & egg noodles Beet walnut salad Zucchini Sourdough bread <i>Ice cream sandwich</i>	Cheesy Spanish rice Black bean avocado salad Corn Bread & butter <i>Maple date bar</i>	Chicken w/apple stuffing Green beans Mashed yams Mini roll <i>Chocolate chip cookie</i>
26	27	28	 <div style="border: 1px solid black; border-radius: 15px; padding: 5px; display: inline-block; margin: 10px;"> ~ SUPPERS ~ </div> <p style="text-align: center; margin-top: 10px;"><i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i></p>	
Cheddar risotto Tomato white bean salad Steamed broccoli Blueberry mini muffin <i>Peach mango salad</i>	Chili con carne Rice pilaf Broccoli raisin slaw Mini corn muffin <i>Rainbow sherbet</i>	Salmon moutarde Roasted potatoes Brussels sprouts Pesto roll <i>Lemon pound cake</i>		