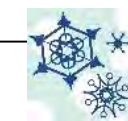


Are you on Facebook? Please like and follow us at facebook.com/elderlyservices. Spread the word about our wonderful programs!



Addison County
Home Health Foot Clinic
at Project Independence
See back cover for dates and hours



WINTER HAS ARRIVED!!! PLEASE...

- *Have pathways shoveled and clear of ice*
 - *Turn a light on for evening drop-offs*
 - *Come out to assist drivers*
- THANK YOU!**

❖ **EARLY CLOSING (for staff meeting):** ❖
Thursday, January 25 – closing at 6:00 pm

Highlights! More Inside!

- ❖ Middlebury College A Cappella Group
- ❖ Lively French Music
- ❖ Restorative Justice with Peter
- ❖ Ed and His Sled Dogs
- ❖ Writings with Cliff
- ❖ Piano and Flute Music with Jessica and Laura
- ❖ Scenes from “The Dining Room
- ❖ Elementary School Students Visit
- ❖ Middlebury Reminiscing with Barb and Scott
- ❖ Hymn Sing with Jack and Amber



Van Trips:

- Middlebury Inn & Rosie’s: Hot Chocolate
- Mystery Trip
- Homeward Bound
- Middlebury Food Co-op
- Middlebury Town Hall
- Middlebury Congregational Church Addition



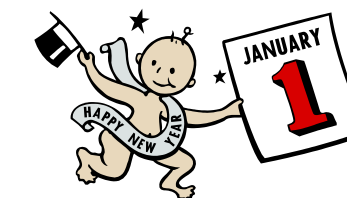
**Addison County
Home Health Foot Clinic
at Project Independence**

Monday, Jan. 15, 1:00 – 4:00 PM
(check payment due by Friday, Jan. 12)

Tuesday, Jan. 23, 1:00 – 4:00 PM
(check payment due by Friday, Jan. 19)

\$30 for first appointment
(includes personal basin & nail clipper kit)
\$20 for subsequent appointments
























To Register
Call 388-3983 for Dana or her voicemail.



➤ **EARLY CLOSE: Thursday, January 25** ➤

Family Caregiver Support Group
12 noon, 3rd Friday of the month

January 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|---|---|
| <p>1</p> <p>CLOSED – Happy New Year!</p>  | <p>2</p> <p>10:00 Pinochle w/Betty 10:30 Lively French Music Green Bean Cutting Toss Four 1:00 Hymn Sing with Mary Kay & Terry Nail Care Floor Shuffleboard 2:30 Singalong with David Bingo Bone Builders 4:00 Elvis: Music & Legend Concentration Troubleball</p> | <p>3</p> <p>Visit w/Lily & Janet 9:45 Bone Builders 10:30 King Pede w/Barb Singalong with Sheila Readings with Nick Ladderball 1:00 Ed Blechner and His Sled Dogs Music and Massage Pool 2:30 Adventures in Israel Baking with Susan Car Shuffleboard 4:00 Singalong with Lyn Wheel of Fortune Tabletop Bag Ball</p> | <p>4</p> <p>10:30 Trip: Hot Chocolate at the Middlebury Inn Alex Sings 12:45 Pinochle w/Betty 1:00 Writings with Cliff Life Lessons Croquet 2:30 Memory Game Green Bean Cutting Bone Builders 4:00 Peter Sellers: Pink Panther & Beyond Readings with Jack Pool Club</p>   | <p>5</p> <p>10:30 Students Visit Poker Game with Sue Have You Ever...? Cards and Games Beanie Baby Toss 1:00 M'bury Reminiscing with Barb and Scott NJ's Book Reading Horseshoes 2:30 Rosie's: Hot Chocolate Making Art Folksongs with Rodger 4:00 The Three Kings Words in a Word Tabletop Shuffleboard</p>   | <p>6</p> <p>10:30 Singalong with David Horseshoes 1:00 Country Singalong with Kristin Bingo</p>  |
| <p>8</p> <p>9:45 Bone Builders 10:30 Singalong with Terry Craft with Susan Tabletop Bag Ball 1:00 Students Visit Touch Box/Memory Game Handbells with Joelle Car Shuffleboard 2:30 Piano Singalong with Linda Life Lessons Ladderball 4:00 Jazz Piano with Fred Pokeeno Pool Club</p> | <p>9</p> <p>10:00 Pinochle w/Betty 10:30 Shader Croft Band Green Bean Cutting Tabletop Basketball 1:00 Dave Reads Don Quixote Handbells with Joelle Pool-a-Bocce 2:30 Alex Sings Penny Ante Bone Builders 4:00 Dancing Fun Baking Horseshoes</p>  | <p>10</p> <p>9:45 Bone Builders 10:30 King Pede w/Barb Readings with Nick Singalong with Kathleen Baking... Ring Toss 1:00 Singalong with Mona & Louise Craft Tabletop Shuffleboard 2:30 Trip: Play Reading at M'bury Town Offices Cello Music... Golf 4:00 Hymns with Meredith & Friends “Dear Abby...” Bowl-a-Bocce</p>  | <p>11</p> <p>10:30 Painting with Cynthia “Dear Abby...” Car Shuffleboard 12:45 Pinochle w/Betty 1:00 Students Visit Words in a Word Bingo Photos of Sunny Arizona! 2:30 Banjo Music with Rick & Kristin Readings with Jack Bone Builders 4:00 Famous Quotations Nail Care Pool Club</p>  | <p>12</p> <p>10:30 Poker Game Trip: Middlebury Congregational Church and Life of Dolly Parton with Barb Apple Cutting Tabletop Bowling 1:00 Family Stories NJ's Book Reading Pool 2:30 Dancing with Your Chair with Alice Devotional Hour Bocce 4:00 Piano Students Play Trivia... Air Hockey</p> | <p>13</p> <p>10:30 Singalong with Sue Bingo 1:00 RidgeRunners Ladderball</p>  |
| <p>15</p> <p>9:45 Bone Builders 10:30 Homeward Bound Trip Hymn Sing with Jack and Amber Nail Care Golf 1:00 “The Dining Room” w/Kathleen & Dutton Knit & Chat w/Terry Ring Bocce 2:30 Piano Singalong with Linda Bingo Tabletop Shuffleboard 4:00 Jazz Piano with Fred Word Grid...Pool Club</p>  | <p>16</p> <p>10:00 Pinochle w/Betty 10:30 Edwin & His Poetry Fifties Favorites Basketball Bonanza 1:00 Piano Music w/Robert Sharing Stories w/Ruth Ladderball 2:30 Music with Carol The Brothers Grimm Fairy Tales Bone Builders 4:00 Can You Dance Like That? Words in a Word Tabletop Bowling</p>  | <p>17</p> <p>Visit w/Lily & Janet 9:45 Bone Builders 10:00 Catholic Communion 10:30 King Pede w/Barb Singalong with Sheila Readings with Nick Baking... Horseshoes 1:00 Remembering Farm Days with Barb. Wintertime Art Fun with NJ Car Shuffleboard 2:30 MLK & Striking Workers Music Hour with Susan Pool-a-Bocce 4:00 Music and Dance Party with Jim and Don Poetry...Tabletop B'ball</p> | <p>18</p> <p>10:30 Restorative Justice with Peter Green Bean Cutting Ladderball 12:45 Pinochle w/Betty 1:00 Concert with Lyn Life Lessons Pool 2:30 Nancy's Elegant African Adventure Homeward Bound Trip Bone Builders 4:00 Classical Music Hour Trivia Pool Club</p>   | <p>19</p> <p>10:30 Students Visit Poker Game with Sue Judd Plays Accordion Apple Cutting Cards and Games 1:00 Music and Massage NJ's Book Reading Bingo 2:30 The Native Americans Music of the Beatles Beanie Baby Target Toss 4:00 Irish w/O'hAnleigh Pine Cone Bird Feeders Tabletop Bag Ball</p>   | <p>20</p> <p>10:30 Singalong with Kathleen Tabletop Bowling 1:00 Folksongs with Rodger Bingo</p> |
| <p>22</p> <p>9:45 Bone Builders 10:30 Singalong with Mary Poetry with Mona Tabletop Basketball 1:00 Music with Terry & Massage with Annie Readings with Jack Bocce 2:30 Piano Singalong with Linda Penny Ante Basketball Bonanza 4:00 Jazz Piano with Fred Life Lessons Pool Club</p>  | <p>23</p> <p>10:00 Pinochle w/Betty 10:30 An African Adventure Music with David Tabletop Bag Ball 1:00 Ragtime Piano with George Numbers Puzzle with Helen Pool 2:30 Mystery Trip Ragtime w/George Bone Builders 4:00 Neil Diamond's Music Baking Car Shuffleboard</p>  | <p>24</p> <p>9:45 Bone Builders 10:30 King Pede w/Barb Singalong w/Pat & Mal Readings with Nick G-Stone Motors Trip 1:00 Broadway Singalong with Rhonda Word Grid Tabletop Bowling 2:30 Neighbor Spotlight: Alice Sumner Craft Tabletop Basketball 4:00 Folksongs with Rodger You Be the Judge Car Shuffleboard</p>  | <p>25</p> <p>10:30 Woodchuck's Revenge Painting with Cynthia Tabletop Shuffleboard 12:45 Pinochle w/Betty 1:00 Students Visit Close Calls Words in a Word Ring Bocce 2:30 Classic Movies Penny Ante Bone Builders 3:30 LCR Dice Game w/Dale Classic Movies Pool Club ⇒ EARLY CLOSE ⇐</p>  | <p>26</p> <p>10:30 Poker Game with Sue Old Bones Wheel of Fortune Pool 1:00 Winter Outdoor Fun Reminiscing w/Barb NJ's Book Reading Bingo 2:30 College A Cappella Singing Devotional Hour Horseshoes 4:00 Concert with Lyn Nail Care Ring Toss</p> | <p>27</p> <p>10:30 Piano Singalong w/Hildgund Beanie Baby Target Toss 1:00 Piano Music with Maryanne and pictures from the National Gallery of Art Bingo</p>  |
| <p>29</p> <p>9:45 Bone Builders 10:30 Singalong with Jack and Mary Jane Craft with Joelle Tabletop Shuffleboard 1:00 Music with Carol Knit & Chat w/Terry Beanie Baby Toss 2:30 Trip to the Co-op Piano Singalong with Linda Tabletop Bag Ball 4:00 Jazz Piano with Fred Flip It! With Dale Pool Club</p>  | <p>30</p> <p>10:00 Pinochle w/Betty 10:30 Kitchen Tunk Wheel of Fortune Nail Care 1:00 Dave Reads Don Quixote Green Bean Cutting Car Shuffleboard 2:30 Family Stories Music with David Bone Builders 4:00 Mystery Activity Mozart's Genius Ladderball</p> | <p>31</p> <p>Visit w/Lily & Janet 9:45 Bone Builders 10:30 King Pede w/Barb Trip to the Co-op Readings with Nick Dance: Tap & Clogging Tabletop Bowling 1:00 Music and Massage with Maryanne You Be the Judge... Pool 2:30 Piano and Flute Music with Jessica and Laura Penny Ante Tabletop Basketball 4:00 Horse Talk Craft with Susan Troubleball</p> | <p>And, every day, for your enjoyment...</p> <p>7-10 am Breakfast, Newspapers, Visiting</p> <p>10:00 Morning Chat & Walking Group</p> <p>11:30 Exercise & Walking Groups</p> <p>2:00 Afternoon Chat</p> <p>3:30 Exercise & Walking Groups</p> <p>5:45 Evening Farewell</p>  | | |