



**Are you on Facebook? Please like and follow us at [facebook.com/elderlyservices](https://facebook.com/elderlyservices). Spread the word about our wonderful programs!**

Addison County  
Home Health Foot Clinic  
at Project Independence  
*See back cover for details*

 **COOL WEATHER IS BACK!**   
Please put your name on your:  
➤ Winter coat      Hats  
➤ Mittens, Gloves      Sweater  
➤ Boots      Scarves  
*Thanks for helping us  
keep track of your clothing!*

**Important Holiday Schedule Information**

Saturday, Dec. 23      *Open regular hours*  
Monday, Dec. 25      *CLOSED*  
Tuesday, Dec. 26      *Open regular hours*

Saturday, Dec. 30      *Open regular hours*  
Monday, Jan. 1      *CLOSED*  
Tuesday, Jan. 2      *Open regular hours*



**Highlights! More Inside!**

- ❖ Classical Violin Music with Helen & Betsy
- ❖ Armchair Travels to Africa, New Zealand, Israel, and Alaska
- ❖ Midd Masti Indian Dance Troupe
- ❖ Allegro Chorus
- ❖ Sandy's Santa Collection
- ❖ Alex Sings Sinatra Holiday Favorites

**Van Trips:**

- Folklife Center: Gingerbread Houses
- Caroling on Wheels
- Werner Tree Farm
- Hot Chocolate at Rosie's
- Holiday Show at Town Hall Theatre



**Addison County  
Home Health Foot Clinic  
at Project Independence**

**Monday, December 11, 1:00 – 4:00 PM**  
*check payable to Elderly Services  
due by Fri., December 8*  
**Tuesday, December 19, 1:00 – 4:00 PM**  
*check payable to Elderly Services  
due by Friday, December 15*

\$30 for first appointment  
(includes personal basin & nail clipper kit)  
\$20 for subsequent appointments

**To Register**

Call 388-3983 for Dana or her voicemail.








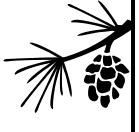











**December Birthdays**

- |                     |                       |
|---------------------|-----------------------|
| 2 Mary Boyer        | 19 Sherry Brown       |
| 7 Lorraine Wickland | 14 Pat Carpenter      |
|                     | Combes                |
| 10 May Small        | 20 Owen Oxley         |
| 12 Gwen Buchanan    | 21 Dick Keesler       |
| 13 Roger Rice       | 21 Ruth Hanson        |
| 14 Barb Sabourin    | 23 Wayne Hutchinson   |
| 14 Pat Carpenter    | 27 Beana Smith        |
| 15 Alice Barnum     | 29 An Duclos          |
| 17 Devon Kearns     | 29 Matt Jerry         |
|                     | 30 Marjorie Patterson |



❧ **OPEN regular hours – Saturday, Dec. 23** ❧  
**CLOSED Monday, Dec. 25...CLOSED Monday, Jan. 1**

Family Caregiver Support Group  
12 noon, 3<sup>rd</sup> Friday of the month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>December 2017</b></p>  <p>HAPPY HANNUKAH</p>		<p><i>And, every day, for your enjoyment...</i></p> <p>7-10 am Breakfast, Newspapers, Visiting</p> <p>10:00 Morning Chat &amp; Walking Group</p> <p>11:30 Exercise &amp; Walking Groups</p> <p>2:00 Afternoon Chat</p> <p>3:30 Exercise &amp; Walking Groups</p> <p>5:45 Evening Farewell</p>		<p>1 <b>10:30 Students Visit Poker Game with Sue</b> 15 Quotes &amp; Authors Card and Board Games Bowl a Bocce <b>1:00</b> Arts of America NJ's Book Reading Air Hockey <b>2:30</b> <i>Live Jazz w/Blue Velvet</i> Devotional Hour Horseshoes <b>4:00</b> <i>Piano Students' Recital</i> Trivia... Tabletop B'ball</p>	<p>2 <b>10:30</b> Singalong with David Golf <b>1:00</b> Music Hour with Anne Bingo</p> 
<p>4 <b>9:45</b> Bone Builders <b>10:00</b> <i>Catholic Communion</i> <b>10:30</b> Folksongs with Jack Baking for College Student Care Packages Knit &amp; Chat Bowling <b>1:00</b> <i>Readings with Eileen</i> Adventures in Israel Apple Cutting Corn Toss <b>2:30</b> <i>Piano Singalong with Linda</i> <i>Trip: Gingerbread Houses</i> Team Tennis <b>4:00</b> <i>Jazz Piano with Fred</i> Trivia... Pool Club</p>	<p>5 <b>10:30</b> <i>Thomases Take Alaska!</i> Singalong with David Horseshoes <b>1:00</b> <i>Hymn Sing with Mary Kay &amp; Terry</i> Green Bean Cutting Bingo Car Shuffleboard <b>2:30</b> <i>Art with An &amp; Kathy</i> Beethoven's Best Bone Builders <b>4:00</b> Adventures in Israel College Student Care Packages Trouble Ball</p>	<p>6 <i>Visit w/Lily &amp; Janet</i> <b>9:45</b> Bone Builders <b>10:30</b> <i>King Pede with Barb</i> <i>Singalong with Pat &amp; Mal</i> <i>Readings with Nick</i> Air Hockey <b>1:00</b> <i>Sandy's Santa Collection with Barb</i> Name that Tune Car Shuffleboard <b>2:30</b> <i>Thomases Take Alaska!</i> Christmas Craft Tabletop Bagball <b>4:00</b> <i>Hymns with Meredith &amp; Friends</i> Remembering Dear Abby Basketball Bonanza</p> 	<p>7 <b>10:30</b> <i>Trip: Werner Tree Farm</i> Remembering Pearl Harbor Day Tabletop Basketball <b>12:45 Pinochle w/Betty</b> <b>1:00</b> <i>Singalong</i> Wisdom of Our Fathers Croquet <b>2:30</b> <i>Violin Music with Helen &amp; Betsy</i> Bingo Bone Builders <b>4:00</b> <i>Singalong with Lyn</i> Nail Care Pool Club</p> 	<p>8 <b>10:30</b> <i>Poker Game with Sue</i> <i>Old Bones</i> Wheel of Fortune Pool <b>1:00</b> <i>Decorate the Tree &amp; Carol Sing w/Rhonda</i> NJ's Book Reading Bowl-a-Bocce <b>2:30</b> <i>South Indian Dance with Midd Masti</i> 60's Trivial Pursuit Ring Toss <b>4:00</b> Art Appreciation: Diego Rivera Christmas Tea Bowling</p> 	<p>9 <b>10:30</b> <i>Remembering Christmas Past with Barb</i> Tabletop Shuffleboard <b>1:00</b> Singalong with Sue Bingo</p> 
<p>11 <b>9:45</b> Bone Builders <b>10:30</b> <i>Singalong with Mary Jane and Jack</i> Green Bean Cutting Christmas Craft Ring Toss <b>1:00</b> <i>John Denver's Music with Barb</i> Poetry Group Horseshoes <b>2:30</b> <i>Piano Singalong with Linda</i> Bingo Car Shuffleboard <b>4:00</b> <i>Jazz Piano with Fred</i> <i>Massage with Nancy</i> Pool Club</p>	<p>12 <b>10:30</b> <i>Trip: Gingerbread Houses</i> Adventures in New Zealand w/Olivia Apple Cutting Tabletop Shuffleboard <b>1:00</b> <i>Craft with Ann</i> Music and Massage with <i>Piano of Maryanne</i> Bowl-a-Bocce <b>2:30</b> <i>Piano Singalong with Carol &amp; Family</i> <i>Craft with Ann</i> Bone Builders <b>4:00</b> A German Christmas Naturally Curious Team Tennis</p> 	<p>13 <b>9:45</b> Bone Builders <b>10:30</b> <i>King Pede w/Barb</i> <i>Singalong with Sheila</i> <i>Readings with Nick</i> Art Fun with NJ Pool <b>1:00</b> <i>Christmas Cheer w/Robert</i> Bingo Words in a Word <b>2:30</b> <i>Trip: Holiday Show at Town Hall Theatre</i> <i>Sinatra Holiday Tunes</i> Tabletop Basketball <b>4:00</b> <i>Old Time Dance Party with Jim and Don</i> Poetry Hour Croquet</p> 	<p>14 <b>10:30</b> <i>Woodchuck's Revenge</i> <i>Painting with Cynthia</i> Tabletop Bagball <b>12:45 Pinochle w/Betty</b> <b>1:00</b> <i>Students Visit</i> <i>Holiday Music w/Rick</i> <i>Numbers Puzzle with Helen</i> Car Shuffleboard <b>2:30</b> <i>Banjo with Rick &amp; Kristin</i> Knit &amp; Chat Bone Builders <b>4:00</b> Adventures in New Zealand w/Olivia Baking with Hallie Pool Club</p>	<p>15 <b>10:30</b> <i>Students Visit</i> <i>Poker Game with Sue</i> <i>Christmas Ornaments</i> <i>Show and Tell w/Barb</i> Cards and Games Toss 4 <b>1:00</b> <i>Alex Sings Sinatra</i> <i>Holiday Tunes</i> NJ's Book Reading Bowling <b>2:30</b> <i>Dancing with Your Chair with Alice</i> Devotional Hour Air Hockey <b>4:00</b> <i>Allegro Chorus</i> Craft with Joelle Corn Toss</p> 	<p>16 <b>10:30</b> Folksongs with Rodger Bingo <b>1:00</b> <i>RidgeRunners Band</i> Horseshoes</p> 
<p>18 <b>9:45</b> Bone Builders <b>10:30</b> <i>Trip: Caroling Neighbor Spotlight</i> Tabletop Basketball <b>1:00</b> <i>African Travel w/Nancy</i> Caroling w/Handbells Air Hockey <b>2:30</b> <i>Piano Singalong with Linda</i> <i>Pokeeno with Dale</i> Floor Shuffleboard <b>4:00</b> <i>Jazz Piano with Fred</i> Wheel of Fortune Pool Club</p>	<p>19 <b>10:30</b> <i>Singalong with Mary</i> Basketball Bonanza <b>1:00</b> <i>Ragtime Piano w/George</i> <i>Sharing Stories with Len</i> Green Bean Cutting Bowling <b>2:30</b> <i>Ragtime Piano w/George</i> <i>Trip: Caroling on Wheels</i> Bone Builders <b>4:00</b> Folksongs with Rodger Baking German Christmas Cookies Car Shuffleboard</p> 	<p>20 <i>Visit w/Lily &amp; Janet</i> <b>9:45</b> Bone Builders <b>10:00</b> <i>Catholic Communion</i> <b>10:30</b> <i>King Pede with Barb</i> <i>Singalong with Sheila</i> <i>Readings with Nick</i> Baking Fun... Ladderball <b>1:00</b> <i>Sing with Mona &amp; Louise</i> Farm Animals' Christmas Golf <b>2:30</b> Vermont in the 50's Christmas Bingo Tabletop Shuffleboard <b>4:00</b> <i>Concert with Lyn</i> Christmas Craft Trouble Ball</p>	<p>21 <b>10:30</b> <i>Caroling with Students</i> Wheel of Fortune Corn Toss <b>12:45 Pinochle w/Betty</b> <b>1:00</b> <i>High School Concert</i> Holiday Stories Horseshoes <b>2:30</b> Solstice Traditions Family Stories Bone Builders <b>4:00</b> Figure Skating Greats Reading Kipling Pool Club</p> 	<p>22 <b>10:30</b> <i>Poker Game with Sue</i> <i>Chancel Choir Sings</i> Nail Care Golf <b>1:00</b> Figure Skating Greats NJ's Book Reading Christmas Bingo <b>2:30</b> <i>Kristin &amp; Family</i> <i>Honey in the Hive</i> Christmas Coloring Horseshoes <b>4:00</b> <i>Jazz Piano with Chris</i> Devotional Hour Car Shuffleboard</p> 	<p>23 <b>10:30</b> <i>Live Music with Heron Fire</i> Ladderball <b>1:00</b> International Christmas Songs with Hildgund and Sibylle Bingo</p> 
<p><b>Merry Christmas</b></p> 	<p>26 <b>10:30</b> Country Singalong Words in Word Tabletop Shuffleboard <b>1:00</b> <i>Word Games w/Marion</i> Landscapes &amp; Christos Bowling <b>2:30</b> Famous Tenors Bingo Bone Builders <b>4:00</b> Singalong with David Concentration Car Shuffleboard</p> 	<p>27 <b>9:45</b> Bone Builders <b>10:30</b> <i>King Pede w/Barb</i> <i>Readings with Nick</i> <i>Hot Chocolate @ Rosie's</i> Singalong with Sue Ring Toss <b>1:00</b> Music and Massage with <i>Piano Music of Maryanne</i> Word Grid... Horseshoes <b>2:30</b> Mary Tyler Moore Fifties Singalong Bowling <b>4:00</b> Vermont in the 50's Wheel of Fortune Toss 4</p> 	<p>28 <b>10:30</b> <i>Painting with Cynthia</i> Mary Tyler Moore Apple Cutting Bowl-a-Bocce <b>12:45 Pinochle w/Betty</b> <b>1:00</b> <i>Piano Singalong</i> <i>Numbers Puzzle with Helen</i> Tabletop Basketball <b>2:30</b> New Year's Resolutions Nail Care Bone Builders <b>4:00</b> <i>Flip It! with Dale</i> Landscapes &amp; Christos Pool Club</p>	<p>29 <b>10:30</b> <i>Poker Game with Sue</i> <i>Judd &amp; His Accordion</i> Penny Ante Pool <b>1:00</b> <i>Concert with Lyn</i> NJ's Book Reading Bingo <b>2:30</b> <i>Hot Chocolate at Rosie's</i> <i>Harp Music w/Sheerya</i> Tabletop Bagball <b>4:00</b> Folksongs with Jack Word Games Ladderball</p>	<p>30 <b>10:30</b> Singalong Corn Toss <b>1:00</b> Radio City Music Hall Holiday Celebration Bingo</p> 