




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 2017 <div style="border: 1px solid black; border-radius: 15px; padding: 5px; display: inline-block;">~ SUPPERS ~</div>				
				
		1	2	3
		Shepherd's pie Broccoli raisin slaw Oatmeal rolls <i>Swedish apple pie</i>	Baked haddock Roasted potatoes Peas Irish soda bread <i>Cheesecake</i>	Chili con carne Corn salsa Sweet potato fries Brown bread muffin <i>Banana cake</i>
6	7	8	9	10
Chicken Alfredo Red bean salad Green beans Herb bread <i>Oatmeal chocolate chip cookies</i>	Meatloaf Mashed potatoes Brussels sprouts Whole grain roll <i>Rainbow sherbet</i>	Macaroni and cheese Mediterranean white bean salad Corn Mini whole grain rolls <i>Angel food cake with berries</i>	Vegetable chili Grilled cheese sandwich Beet salad with avocado and feta <i>Peanut butter cookie</i>	Baked salmon Sweet potato salad Spinach Mini roll <i>Ultimate chocolate cupcake</i>
13	14	15	16	17
Citrus burst tilapia Fresh corn salad Zucchini Oatmeal bread <i>Ice cream cake</i>	Fettuccine with roasted red pepper sauce Chickpea salad Zucchini & summer squash with onions Sourdough Italian bread <i>Pumpkin surprise cupcake</i>	Sunshine baked eggs Baked beans Coconut mashed sweet potatoes Branana bread <i>Chocolate pudding</i>	Turkey stuffing bake Red cabbage slaw Green beans Mini roll <i>Peaches 'n cream</i>	Lazy lasagna Kidney bean salad Broccoli Garlic bread <i>Snickerdoodle cookie</i>
20	21	22	23	24
Cheesy omelet Beet walnut salad Yellow squash Bran muffins <i>Mango peach medley</i>	Broccoli cheddar soup Tuna on a whole grain roll Dilled potato salad <i>Strawberry shortcake</i>	Goulash Winter squash Lima beans vinaigrette Calzone bread <i>Peanut butter swirl brownie</i>	CLOSED – HAPPY THANKSGIVING! 	Three-cheese pizza Black bean & avocado salad Zucchini <i>Ice cream cup</i>
27	28	29	30	
Spaghetti with Italian meat sauce Asparagus Cottage cheese Sourdough bread <i>Gingerbread w/lemon sauce</i>	Chicken with peanut sauce on rice Spinach Carrot salad Mini roll <i>Chocolate drop cookie</i>	Baked scrod Buttered egg noodles Spiced pineapple Broccoli Bread & butter <i>Blueberry upside down cake</i>	Minestrone soup Egg & olive salad on a roll Mai Tai fruit salad <i>Ice cream sundae</i>	 <i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i>