







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
November 2017 		1 Chicken chow mein with rice Glazed pineapple Spinach Mini roll <i>Chocolate pudding</i>	2 Curried pumpkin soup Beet avocado salad Turkey salad on a roll Saltines <i>Vanilla ice cream cake with caramel drizzle</i>	3 Ham & asparagus quiche Cabbage apple salad Winter squash Whole grain roll <i>Chocolate cake</i>	4 Smorgasbord
6 Tuna macaroni salad Cottage cheese w/ pineapple Peas & carrots Cornbread <i>Strawberry ice cream</i>	7 Sweet potato soufflé Cottage cheese California blend vegetables Garlic bread <i>Black Forest cake</i>	8 Ranch ham salad Tomato salsa Winter squash Rye bread and butter <i>Mango peach medley</i>	9 White chicken chili Cranapple pear sauce Broccoli Garlic knots <i>Carrot cake</i>	10 Corned beef hash Carrot salad Beets Oatmeal bread <i>Apple crisp</i>	11 Smorgasbord
13 Vegetable soup Chicken salad on a finger roll Mandarin oranges <i>Walnut brownie</i>	14 Spanish rice Green beans Black bean avocado salad Whole grain mini roll <i>Date nut cake</i>	15 Roast turkey & gravy Mashed potatoes Stuffing Cranberry relish Peas and carrots Whole grain mini roll <i>Pumpkin pie</i>	16 Chicken à la King Sweet potato fries Spinach Biscuits <i>Hot fruit compote</i>	17 Vegetable chili Cottage cheese Broccoli Cornbread <i>Fruit cup</i>	18 Smorgasbord
20 Hot turkey on bread Sweet potatoes Pickled beets <i>Pumpkin pie brownies</i>	21 Macaroni & cheese White bean and tomato salad Spinach Morning glory mini muffins <i>Homemade applesauce</i>	22 Meatloaf Mashed potatoes Green beans Whole grain rolls <i>White cake with berry topping</i>	23  CLOSED – HAPPY THANKSGIVING!	24 Spinach ricotta pie Broccoli and cauliflower salad Peas and carrots Whole grain bread <i>Lemon cake</i>	25 Smorgasbord
27 Spinach cheddar omelet Baked beans Cantaloupe Blueberry muffin <i>Chocolate cake with raspberry frosting</i>	28 Citrus tilapia with tartar sauce Green beans with feta and dill Winter squash Cornbread <i>Maple blondies</i>	29 Rotini Mexican style Peach mango salad Brussels sprouts Garlic bread <i>Mud pie</i>	30 Four cheese spinach lasagna Corn salsa Carrots Sourdough Italian bread <i>Purple cow smoothie</i>	<div style="border: 1px solid black; border-radius: 15px; padding: 10px; display: inline-block;"> NOON DINNERS </div>  <p><i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i></p>	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 2017 <div style="border: 1px solid black; border-radius: 15px; padding: 5px; display: inline-block;">~ SUPPERS ~</div>				
				
		1	2	3
		Shepherd's pie Broccoli raisin slaw Oatmeal rolls <i>Swedish apple pie</i>	Baked haddock Roasted potatoes Peas Irish soda bread <i>Cheesecake</i>	Chili con carne Corn salsa Sweet potato fries Brown bread muffin <i>Banana cake</i>
6	7	8	9	10
Chicken Alfredo Red bean salad Green beans Herb bread <i>Oatmeal chocolate chip cookies</i>	Meatloaf Mashed potatoes Brussels sprouts Whole grain roll <i>Rainbow sherbet</i>	Macaroni and cheese Mediterranean white bean salad Corn Mini whole grain rolls <i>Angel food cake with berries</i>	Vegetable chili Grilled cheese sandwich Beet salad with avocado and feta <i>Peanut butter cookie</i>	Baked salmon Sweet potato salad Spinach Mini roll <i>Ultimate chocolate cupcake</i>
13	14	15	16	17
Citrus burst tilapia Fresh corn salad Zucchini Oatmeal bread <i>Ice cream cake</i>	Fettuccine with roasted red pepper sauce Chickpea salad Zucchini & summer squash with onions Sourdough Italian bread <i>Pumpkin surprise cupcake</i>	Sunshine baked eggs Baked beans Coconut mashed sweet potatoes Branana bread <i>Chocolate pudding</i>	Turkey stuffing bake Red cabbage slaw Green beans Mini roll <i>Peaches 'n cream</i>	Lazy lasagna Kidney bean salad Broccoli Garlic bread <i>Snickerdoodle cookie</i>
20	21	22	23	24
Cheesy omelet Beet walnut salad Yellow squash Bran muffins <i>Mango peach medley</i>	Broccoli cheddar soup Tuna on a whole grain roll Dilled potato salad <i>Strawberry shortcake</i>	Goulash Winter squash Lima beans vinaigrette Calzone bread <i>Peanut butter swirl brownie</i>	CLOSED – HAPPY THANKSGIVING! 	Three-cheese pizza Black bean & avocado salad Zucchini <i>Ice cream cup</i>
27	28	29	30	
Spaghetti with Italian meat sauce Asparagus Cottage cheese Sourdough bread <i>Gingerbread w/lemon sauce</i>	Chicken with peanut sauce on rice Spinach Carrot salad Mini roll <i>Chocolate drop cookie</i>	Baked scrod Buttered egg noodles Spiced pineapple Broccoli Bread & butter <i>Blueberry upside down cake</i>	Minestrone soup Egg & olive salad on a roll Mai Tai fruit salad <i>Ice cream sundae</i>	 <i>This institution is an equal-opportunity provider. 1% milk offered at meals and snack times.</i>