



PROJECT INDEPENDENCE SEPTEMBER 2017

❖ CLOSED MONDAY, SEPT. 4 ❖

LABOR DAY

❖ EARLY CLOSING ❖

(for staff meeting)

Thursday, September 21

closing at 6:00 pm

Addison County Home Health Foot Clinic at Project Independence

Monday, September 18, 1:00 – 4:00 PM

*check payable to Elderly Services
due by Friday, September 15*

Tuesday, September 26, 1:00 – 4:00 PM

*check payable to Elderly Services
due by Friday, September 22*

\$30 for first appointment
(includes personal basin & nail clipper kit)
\$20 for subsequent appointments

To Register

Call 388-3983 for Dana or her voicemail.



September Highlights! More Inside!

- ❖ Broadway Show Tunes with Ronnie
- ❖ Zumba with Mary Ann
- ❖ Harp Music with Sheerya
- ❖ European Dance Music with Annelies
- ❖ Pinochle with Betty
- ❖ Welcome 5th Grade Students

Van Trips:

- *Tai Chi by the River*
- *Shoreham Bell Museum*
- *Compass Music and Arts Center*
- *Rocky Dale Gardens*
- *Crossing Lake Champlain by Ferry and by Bridge*




















September Birthdays

1 Ken Schoen	16 Kathleen Smith
4 June McQueen	17 Joyce Wheeler
6 Jeff Ellison	18 Theresa McDermott
10 Arlyn Foote	18 Stella Collette
13 Bob Many	18 Megi Hoxha
15 Louise Ellwood	19 Sylvia Boyea
16 Bob Mitchell	19 Joelle Logan
16 Evelyn Adams	20 Ann Keogh
16 Kristin Bolton	27 Susan Gingras

⇒ CLOSED Monday, September 4 - Labor Day ⇐

∞ Early Close: Thursday, September 21 ∞

Family Caregiver Support Group
12 noon, 3rd Friday of the month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1>September 2017</h1> 		<p><i>And, every day, for your enjoyment...</i></p> <p>7-10 am Breakfast, Newspapers, Visiting</p> <p>10:00 Morning Chat & Walking Group</p> <p>11:30 Exercise & Walking Groups</p> <p>2:00 Afternoon Chat</p> <p>3:30 Exercise & Walking Groups</p> <p>5:45 Evening Farewell</p>		<p>September 1 10:30 Poker Game with Sue School Days Show & Tell w/Barb Music and Massage Corn Toss 1:00 Music of Debussy NJ's Book Reading Horseshoes 2:30 Dancing with Your Chair with Alice Name That TV Tune Horseshoes 4:00 Nature Program Bingo... Ring Toss</p>	<p>September 2 10:30 Singalong with David Tabletop Bag Ball 1:00 Country Singalong with Kristin Bingo</p> 
<p>4</p> <p>Closed – Labor Day</p>	<p>5</p> <p>10:00 Pinochle with Betty 10:30 Fifties Singalong Flower Arranging Horseshoes 1:00 Roanoke Radio History Henna Tattoos Toss 4 2:30 School Days Memories Singalong Bone Builders 4:00 Folksongs with Rodger Nail Care Bowlabocce</p> 	<p>6</p> <p>9:45 Bone Builders 10:00 Lily and Janet Visit 10:30 Singalong with Sheila Readings with Nick Trip: Compass Music and Arts Center Pool 1:00 Concert with Lyn Hand Massage with An Golf 2:30 Nature Show & Tell Poetry Hour...Ladderball 4:00 Music of Bill Monroe Baking with Susan Team Tennis</p>	<p>7</p> <p>10:30 Edwin Reads His Poetry Painting Sunflowers & Fall Leaves with Cynthia Bocce 1:00 Laughing with ☺ Bob Newhart Bingo... Crossword 2:30 Trip: Compass Music and Arts Center Roanoke Radio History Bone Builders 4:00 Greatest Hits of Classical Music Henna Tattoos Pool Club</p>	<p>8</p> <p>10:30 Poker Game with Sue Singalong with Connie Baking with NJ Wiffleball 1:00 Nature Show & Tell NJ's Book Reading Tabletop Basketball 2:30 Dancing Fun Bingo Tabletop Bagball 4:00 Flying Feet & Fiddles with Romy & Kristin Craft with Joelle Horseshoes</p> 	<p>9</p> <p>10:30 Singalong w/Sue Car Shuffleboard 1:00 Music & Massage with Maryanne's Piano Music Bingo</p>
<p>11</p> <p>9:45 Bone Builders 10:00 Catholic Communion 10:30 Have You Ever...? Flower Arranging Golf 1:00 Jazz Music with Carol, Fred & Bill Knit and Chat Car Shuffleboard 2:30 Piano Singalong w/Linda Words in a Word Team Tennis 4:00 Flip It! With Dale Dancing Fun Pool Club</p> 	<p>12</p> <p>10:00 Pinochle with Betty 10:30 Shader Croft Band Adult Coloring Pool 1:00 Who's in My Garbage Can? Nail Care Wiffleball 2:30 Trip: Tai Chi by the River Country Singalong with David Bone Builders 4:00 Musical Memories Naturally Curious Toss 4</p> 	<p>13</p> <p>9:45 Bone Builders 10:30 King Pede w/Barb Readings with Nick Putter Golf Baking with Geetha 1:00 Singalong with Mona & Louise Concentration Bowling 2:30 Musical Theatre with Kathleen Bingo Dog Stories 4:00 Hymns with Meredith & Friends Craft with Alison Horseshoes</p> 	<p>14</p> <p>10:30 Trip: Rocky Dale Gardens What is the International Seed Bank? Ladderball 1:00 Piano Singalong w/Rick Numbers Puzzle w/Helen Long Table Car Shuffleboard 2:30 Banjo Music with Rick & Kristin Wheel of Fortune Bone Builders 4:00 Who's in My Garbage Can? Life & ♪ of Ray Charles Pool Club</p>	<p>15</p> <p>10:30 Poker Game with Sue Judd Plays Accordion Art Fun with NJ Horseshoes 1:00 Andre Plays Strauss with Barb NJ's Book Reading Bingo 2:30 Broadway Show Tunes with Ronnie & Jack Devotional Hour Beanie Corn Toss Game 4:00 Sing & Dance w/Annie Baking with Joelle Bocce</p> 	<p>16</p> <p>10:30 Have You Ever...? Tabletop Bagball 1:00 Folksongs with Rodger Bingo</p> 
<p>18</p> <p>9:45 Bone Builders 10:30 Music Hour with Joelle Flower Arranging Air Hockey 1:00 Zumba with Mary Ann Bingo Wheel of Fortune 2:30 Piano Singalong w/Linda Drama Group Horseshoes 4:00 Pokeeno with Dale Singalong with Connie Pool Club</p> 	<p>19</p> <p>10:00 Pinochle w/Betty 10:30 Trip: Shoreham Bell Museum Life and Music of Ray Charles Tabletop Basketball 1:00 Sharing Stories with Len Singalong with David Bowlabocce 2:30 ♫ and Life of Patsy Cline Bingo Bone Builders 4:00 Folksongs with Lyn Cooking Demo w/Rodger Team Tennis</p>	<p>20</p> <p>9:45 Bone Builders 10:00 Lily & Janet Visit 10:30 King Pede w/Barb Singalong w/Pat & Mal Readings with Nick Poolabocce 1:00 Remembering Farm Days World Singalong Ring Toss 2:30 Trip: Shoreham Bell Museum Craft with Susan Indoor Croquet 4:00 Old Time Dance Party with Jim & Don Nail Care... Golf</p>	<p>21</p> <p>10:30 Woodchucks' Revenge Painting Fall Scenes with Cynthia Golf 1:00 Music and Massage Thirty Lessons for Living Horseshoes 2:30 Big Band Favorites Knit & Chat Bone Builders 4:00 Singalong with Mary Word Games Pool Club</p> 	<p>22</p> <p>10:30 Poker Game with Sue Nature in Fall Baking with Betsy Team Tennis 1:00 Photo Memories Guessing Game NJ's Book Reading Pool 2:30 Folksongs with Jack Beauty Salon Ladderball 4:00 Harp Music w/Sheerya Favorite Poems Poolabocce</p> 	<p>23</p> <p>10:30 Live Music with Heron Fire Tabletop Shuffleboard 1:00 Piano Singalong w/Hildgund Bingo</p> 
<p>25</p> <p>9:45 Bone Builders 10:30 Trip: Lake Champlain by Ferry & Bridge Baking with Susan Putter Golf 1:00 Jazz Music with Carol, Fred & Bill Flower Arranging Bowling 2:30 Piano Singalong w/Linda LCR Dice Game with Dale Team Tennis 4:00 Laughing with Bob Newhart Fifties Singalong Pool Club</p> 	<p>26</p> <p>10:00 Pinochle w/Betty 10:30 European Dance Music w/Lausanne & Annelies Wheel of Fortune Nail Care 1:00 Ragtime Piano w/George Word Pictures w/Marion Bingo 2:30 Ragtime Piano w/George Concentration Bone Builders 4:00 Photo Memories Guessing Game Baking with Chocolate Basketball Bonanza</p>	<p>27</p> <p>9:45 Bone Builders 10:30 King Pede w/Barb Singalong with Sheila Readings with Nick Art with An and Kathy Car Shuffleboard 1:00 Singalong with Sue You Be the Judge Horseshoes 2:30 What is the International Seed Bank? Country Singalong Golf 4:00 Funny Stories & Jokes about Vermont Craft with Alison Barrel Frisbee</p> 	<p>28</p> <p>10:30 Singalong with Rhonda Thirty Lessons for Living Tabletop Bagball 1:00 Numbers Puzzle with Helen Hiking the High Peaks Poolabocce 2:30 Classic Movies Bingo Bone Builders 3:30 Zumba with Mary Ann You Be the Judge Pool Club ⇒ EARLY CLOSE ⇐</p> 	<p>29</p> <p>10:30 Poker Game with Sue Students Visit Our Favorite Songs Cards and Games Beanie Baby Corn Toss 1:00 Shakespeare Concert with Mal & Jack NJ's Book Reading Golf 2:30 Trip: Lake Champlain by Ferry and Bridge Shakespeare Concert with Mal and Jack Devotional Hour 4:00 Irish ♪ w/O'hAnleigh Trivia... Ring Toss</p>	<p>30</p> <p>10:30 Shake Loose A Memory Ladderball 1:00 Singalong Bingo</p> 