


August 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>31</p> <p>Scrambled eggs w/cheese Baked beans Carrot salad Bran muffins</p> <p><i>Marble cake</i></p>	<p>1</p> <p>Broccoli soup Ham salad on a whole wheat bun Sweet potato fries</p> <p><i>Blueberry cobbler</i></p>	<p>2</p> <p>Fettuccine with roasted red pepper sauce Cottage cheese Green beans Applesauce Mini roll <i>Yellow cake</i></p>	<p>3</p> <p>Baked haddock Asparagus with lemon Roasted potatoes Whole wheat roll</p> <p><i>Watermelon</i></p>	<p>4</p> <p>Spinach ricotta pie Quinoa, black bean and feta salad Baby peas Brown bread muffin</p> <p><i>Ice cream sandwich</i></p>
<p>7</p> <p>Pulled pork on a roll Coleslaw Corn and peppers</p> <p><i>Chocolate pudding</i></p>	<p>8</p> <p>Tuna macaroni salad Cucumber salad Carrot slaw Cheese bread</p> <p><i>Maple blondie</i></p>	<p>9</p> <p>Baked fried chicken Chickpea salad Peas Whole wheat roll</p> <p><i>Fruit smoothie</i></p>	<p>10</p> <p>Egg and olive on a bun Beet, avocado & feta salad Summer squash</p> <p><i>Strawberry ice cream</i></p>	<p>11</p> <p>Chili con carne Black bean and mango salsa Spinach Cornbread <i>Chocolate chip cookie bar</i></p>
<p>14</p> <p>Minestrone soup Grilled cheese sandwich Asparagus</p> <p><i>Ice cream sundae cup</i></p>	<p>15</p> <p>Cheese pizza White bean & tomato salad Zucchini with onions</p> <p><i>Peach berry crisp</i></p>	<p>16</p> <p>Meatloaf Scalloped potatoes Red bean salad Blueberry muffin</p> <p><i>Vanilla ice cream cake</i></p>	<p>17</p> <p>Sesame chicken with rice Asian slaw Corn Whole wheat roll</p> <p><i>Pumpkin cupcake with cream cheese frosting</i></p>	<p>18</p> <p>Teriyaki salmon Orzo salad Green beans Mandarin oranges Mini roll</p> <p><i>Lemon Lulu</i></p>
<p>21</p> <p>Turkey meatloaf Hot buttered beets Broccoli slaw Oatmeal roll</p> <p><i>Brownie</i></p>	<p>22</p> <p>Macaroni and cheese Black and white bean salad Zucchini Pears Mini roll</p> <p><i>Chocolate ice cream</i></p>	<p>23</p> <p>Crab cakes Potato salad with herbs Summer vegetable mix Brown bread</p> <p><i>Lime cheesecake</i></p>	<p>24</p> <p>Mushroom and cheddar soup Ham salad on a bun Sweet potato fries</p> <p><i>Peanut butter cookie</i></p>	<p>25</p> <p>Curry chicken salad Rice and lentil salad Cranapple sauce Sourdough bread & butter</p> <p><i>Banana cake with cream cheese frosting</i></p>
<p>28</p> <p>Summer garden quiche Beet and walnut salad Brussels sprouts Whole wheat roll</p> <p><i>Fruit salad</i></p>	<p>29</p> <p>Grilled cheese sandwich Tomato soup Broccoli and cauliflower salad Mandarin oranges <i>Chocolate cake with peanut butter frosting</i></p>	<p>30</p> <p>Goulash White bean and tomato salad Corn Garlic bread</p> <p><i>Ice cream sandwich</i></p>	<p>31</p> <p>Turkey gravy Mashed potatoes Asparagus Oatmeal roll</p> <p><i>Angel food cake with berries</i></p>	<p>August 2017</p>  <p>SUPPERS</p>