



ESI COLLEGE COURSE LISTINGS FALL I 2010

September 6th through October 15th
Elderly Services, Inc.



**Inside!! \$10 off coupon on your
registration form**



**Beverly Wyman teaches
Basic Computers**

The following are courses which will be offered in the Fall I semester of ESI College. If you are interested in selecting a course, please complete the registration form contained in this brochure and return to the address below.

We are happy to offer ESI College to independent individuals age 60 and older. If you are an elder who needs personal assistance, please call Elderly Services about educational and social activities available through Project Independence.

Elderly Services, Inc.
P.O. Box 581
112 Exchange Street
Middlebury, VT 05753
Phone: 802-388-3983

Email: college@elderservices.org

Curiosity Never Retires

ESI FALL I 2010 COURSE DESCRIPTION INFORMATION

Fall I Term: September 6th – October 15th

Below are listed the course offerings for Fall I term of ESI College. ESI College offers opportunities for you to learn something new, to think about something differently, or to revisit the classics.



COURSE # A218 - "GREAT DECISIONS" – What do you think?

Time: 9:45am – 11:30am

Dates: Tues. 9/14 Tues. 9/21 Tues. 9/28

Cost: \$60.00

Description: Great Decisions, the centerpiece of the longest-running civic education program in the United States devoted to foreign affairs, empowers readers to discuss global issues shaping U.S. foreign policy and the world. The briefing book provides historical background, current U.S. policy and alternative policy options, informative maps and detailed graphs, suggested readings and resources, as well as opinion ballots for each topic. This is not a lecture program but a discussion group which depends on participation of the

students. Topics for weekly discussions are:

Afghanistan and Pakistan

Energy and the Global Economy

Cuba after Castro

Instructor: Len Bull – Dr. Leonard (Len) Bull was raised on a diversified but primarily dairy farm in Massachusetts. He holds degrees from Oklahoma State University (BS, MS) and Cornell (PhD) in animal science and nutrition. He spent a 41 year career in academia at several universities, including UVM (1981-89) as Chair of Animal Science, and most recently several administrative positions at North Carolina State University (NCSU, 1989-2009). At NCSU, among other positions, he was Associate Vice Chancellor for International Programs. He participated in the NCSU Adult Learning Program (ENCORE) for 8 years leading courses on China (2 years) and a discussion program called Great Decisions. He will lead the Great Decisions discussions in ESI starting in Fall, 2010. Len and wife Angie live in New Haven.



COURSE # A219 - "THE MIDTERM ELECTIONS OF 2010"

Time: 10:00am – 11:30am

Dates: Wed. 9/8 Wed. 9/22 Wed. 10/6

Cost: \$60.00

Description: In this course we will review the political landscape, both nationally and in Vermont, in the run-up to the November 2 midterm elections. How will voters' judgments of President Obama, the Democratic and Republican Parties, and the economy shape their voting choices this fall? Could the Republicans win enough seats in Congress to win back control of either House, the Senate, or both? How will national

trends filter down to Vermont? How will the results of the August 24 Vermont primary affect the general election contest in the state?

Instructor: Eric L. Davis is Professor Emeritus of Political Science at Middlebury College. He is a graduate of Brown University (B.A.) and Stanford University (M.A., Ph.D.). He was a member of the Middlebury College

faculty from 1980 through 2007. He is a frequent speaker on Vermont and national politics to community groups. He is a commentator for Vermont Public Radio, WCAX-TV, and other media.



COURSE #A220 – “COACHING AND ISSUES OF SPORTS”

Time: 10:00am – 11:30am

Dates: Tues. 9/7 Tues. 9/14 Tues. 9/21 Tues. 9/28 Tues. 10/5

Cost: \$100.00

Description: We will discuss the many issues of sports in our world society from youth to professional. We will also examine the style and impact of coaches through the various sports identified

Instructor: Bill Beaney – has coached and taught at the high school and college levels for the past 37 years. He came to Middlebury College in 1986 and has coached Men’s Hockey, Men’s and Women’s Golf, and Women’s Soccer from 1987 to 1995.



COURSE # A221 - “ WRITING AND READING POETRY FOR A LIFETIME”

Time: 10:00am – 11:30am

Dates: Fri. 9/10 Fri. 9/17 Fri. 9/24 Fri. 10/1 Fri. 10/8

Cost : \$100.00

Description: We will read poems that support our own writing of poems, in ways that naturally and effectively create a steady relationship to our creativity. We will see and

experiment how ordinary experience can be transferred into vibrant and meaningful language. We will also discuss sharing our poems with others through publication

Instructor: Gary Margolis is Executive Director of College Mental Health Services and Associate Professor of English and American Literature at Middlebury College. He was a Robert Frost Fellow and has taught at the University of Tennessee, Vermont and Breadloaf Writers’ Conferences. His third book, *Fire in the Orchard* was nominated for the 2002 Pulitzer Prize in Poetry. Recently his poem, *The Interview* was featured on National Public Radio’s *The Story* and Boston’s ABC Channel 5 interviewed him reading his poem *Winning the Lunar Eclipse* after the 2004 World Series. His new book of poems, *Below the Falls*, was recently published by the Addison Press.

COURSE # A222 - “ IDEAS OF FEMINISM”

Time: 10:00am – 11:30am

Dates: Mon. 9/13 Mon. 9/20 Mon. 9/27 Mon. 10/4

Cost : \$80.00

Description: Feminism is first and foremost an activist movement for social change, but it is informed by a great number of theoretical ideas and it has influenced a multitude of scholarly debates in return. We will examine some of the major theories that lie behind various forms of feminism including liberal feminism, radical feminism and socialist feminism. Throughout, we will take up some of the major debates within feminism: what is the primary cause of women’s history of

oppression? Is there an essential nature to women? Is there a reason to think that an ethic that emphasizes that maternal value of caring would result in a more peaceful world. Does Western feminism have anything to offer women on a global scale, given that women’s lives occupy a wide variety of cultural contexts?

Instructor: Heidi Grasswick - is a Professor of Philosophy at Middlebury College and teaches a wide variety of contemporary philosophy courses, including courses on feminist philosophy and gender and science. She also regularly teaches and advises in the Women’s and Gender Studies Program. Her research interests include feminist theory, theory of knowledge, philosophy of science, and the connections between ethics and





knowledge. She is the editor of the forthcoming book of collected essays *Feminist Epistemology and Philosophy of Science: Power in Knowledge* (Springer).

COURSE: #A223 – “EIGHT MEN OUT: A Search for the Truth about the Black Sox Scandal in the Baseball World Series of 1919”

Time: 10:00am-11:30am

Dates: Thurs. 9/16 Thurs. 9/23 Thurs. 9/30 Thurs. 10/7

Cost: \$80.00

Location: Lodge at Otter Creek

Description: In 1963, Eliot Asinof wrote a book about the eight men who were indicted for “throwing” the 1919 World Series. Entitled *Eight Men Out*, the book was later (1988) turned into a film by the same name, starring, among others, Charlie Sheen, D.B. Sweeney, John Cusack, and Studs Terkel. This sport episode has remained controversial over the decades. Following a brief overview, we shall view the film, *Eight Men Out* and then explore the many factual and moral issues raised by the case. The study of any facet of baseball history is never limited solely to the game of baseball. Rather it is always, and ultimately, about American Culture and society at large: context and content, symbol and sentiment, process and penalty, redemption and rebirth.

“Things are not always as they appear.” Serious on-going historical research and investigative journalism have uncovered new facts and resulted in some truly challenging interpretations of this symbolically significant cultural event. Many questions persist about the scandal. Who initiated “the fix”? Was there a cover-up of the tangled relationships – by the players, by club owners and executives, by the press? With what consequences for justice, and for baseball as a business? Were there subsequent legal proceedings of consequence? Was justice achieved? At the end of this course, we’ll convene as a “jury” and consider a question that continues to simmer: should some / all?? of the players be exonerated?

Instructor: Rudi Haerle is Professor Emeritus of Sociology at Middlebury College. He attended Dartmouth College (A.B. in Sociology) and the University of Chicago (M.A. and Ph.D. in Sociology). He is a long-time baseball fan and serious collector of baseball cards and memorabilia (for over 50 years), and a dedicated student of baseball’s history.

Hal Cohen: For questions about legal issues and procedures, Rudi will be assisted by class-member Hal Cohen. Hal was with the Circuit Court in Palm Beach County, Florida. He received his BA degree from Binghamton University of the State University of New York in 1967 and his JD from George Washington University in Washington DC, in 1971.



COURSE: #A224 – “WINTER SOUPS WITH DONNA”

Time: 10:00am – 11:30am

Dates: Thurs. 9/9 Thurs. 9/16 Thurs. 9/23

Cost: \$60.00

Location: Elderly Services Exchange Street

Description: You will be introduced to a variety of hearty soups for winter. Make a meal of soup and bread to enjoy on a cold winter night. Each participant will take home a container of soup following the cooking class. Classes will be held in the downstairs kitchen at Elderly Services on Exchange Street

Instructor: Donna Siebert has been working as Chef at the Waybury Inn for over 30 years. She enjoys learning ,sharing, experiencing new techniques, and new tools, and of course eating!!

COURSE #A225 - “BASIC COMPUTER”

Time: 1:00pm – 2:30pm

Date: Wed. 9/8 Wed. 9/15 Wed. 9/22 Wed. 9/29 Wed. 10/6 Wed. 10/13

Cost: \$120.00

Description: This is a beginning class for students who have never used a computer or have little or no computer experience. We will learn how to use the computer, tackle e-mail, and do some web (internet) exploration. The course will be held at Elderly Services and will be conducted on laptop computers.



Instructor: Barbara Merz works at Middlebury College providing computer support for the library on-line catalog. She has taught computer classes at Community College of Vermont and at Middlebury College.



MOVIE CLUB #13 "IT'S A MAD MAD MAD MAD WORLD" 1963

Date: Sunday September 19, 2010

Time: 1:00pm

Cost: \$15.00

Description: Somewhere in the desert. A car speeds like crazy along the roads. Suddenly, the driver loses control and sails off a cliff. Four other vehicles are near, they stop to help. The dying man narrates the drivers of a fortune in cash, \$350,000, which he has hidden below a giant "W" in Santa Rosita, some 200 miles away. The four drivers and their respective passengers can't decide on how to share the future fortune, and suddenly a wild race to Santa Rosita develops. While one party manages to rent a plane (from 1916), the others face different problems like tire damage, untrustworthy lifts, deep water, drunken millionaires, a British adventurer, little girl's bicycles, and last but far not least a mother-in-law from hell and her imbecile son. While the folks slowly travel towards the goal, they are being watched. Who ever said that nobody else knew about the fortune? Starring in the film: most of the big names in comedy in the 1950's and 1960's. We'll enjoy popcorn and make you own sundaes!!



**FT #14 Fall Foliage Trip and Lunch At
Simon Pearce Restaurant and Gift Shop**

Monday Oct. 11th

Cost \$60.00

Leaving at 9:30am

Description: We will enjoy a wonderful foliage drive to Quechee, Vermont where we will enjoy a delightful lunch at Simon Pearce. If you have never enjoyed a gourmet lunch at this restaurant, you are in for a treat. Also tour their showroom of spectacular glassware. The Simon Pearce Restaurant was originally established at The Mill in 1983 as the Glassblower's Café, a place where visitors could enjoy lunch overlooking the falls of the Ottauquechee River and its covered bridge. Soon locals discovered the lovely setting and the superb food, and the Cafe evolved into the Simon Pearce Restaurant. A terrace dining room overlooking the falls stands open in the summer and is glass-enclosed during winter. The restaurant is acclaimed as one of Vermont's finest.

2010 New Horizons Club Calendar of Events

- Sept 3 NHC Customer Appreciation Days, Bristol
- Sept 8 Mystery Trip TBA
- Sept 10 NHC Customer Appreciation Days, Vergennes
- Sept 16 Tea – Drink to Life
- Sept 17 NHC Customer Appreciation Days, Hinesburg
- Sept 27 AARP Defensive Driving Course
- Sept 30-Oct15 Exploring Greece and Its Islands
- Nov 2 Learn to Bead Class 1 & Class 2

Contact Charlotte Birchmore at 388-1632 for more information.

**The New Horizons Club is a program of the National Bank of
Middlebury**

WAYBURY INN SEMINAR AND LUNCHEON **MEETINGS**

11:00am Lecture / 12:00noon Lunch

At the Waybury Inn, East Middlebury

Wednesday September 15, 2010 \$25.00

MOONLIT ALPACA FARM IN **CORNWALL**



Carol and Cass Tillman will show a powerpoint program about their Alpaca Farm in Cornwall/ They recently held a contest at their farm for “the Best Alpaca Shearer in North America”. The Tillmans started their business about six years ago as they neared retirement and they now have more than 100 Alpacas. They distributed more than \$2000 in prize money at this event.

RSVP

Thursday October 21, 2010 \$25.00

RETIRED SENIOR VOLUNTEER PROGRAM

Serena Eddy-Moulton- is the Executive Director of RSVP has over 800 volunteers at their disposal as the need arises for their services. RSVP is an “Invitation to Serve” program for people of all ages who want to make a difference, get involved and enjoy the experience of volunteering. They serve individuals and organizations in Addison Country. Serena will talk about the program and it’s effectiveness in the community.

94% of RSVP Volunteers report that their services has improved their knowledge, health, and social connectiveness.

Want to feel better?

Elderly Services invites you

to a

FREE 6-part Healthier Living Series

Instructors: Nancy Damm & Ann Brousseau

- **Do you have a chronic health condition?**
- **Want to learn ways to manage your health?**
- **Join us for 6 classes that will improve your life!**

**Dates: Tuesdays 9/7 9/14 9/21 9/28
10/5 10/12**

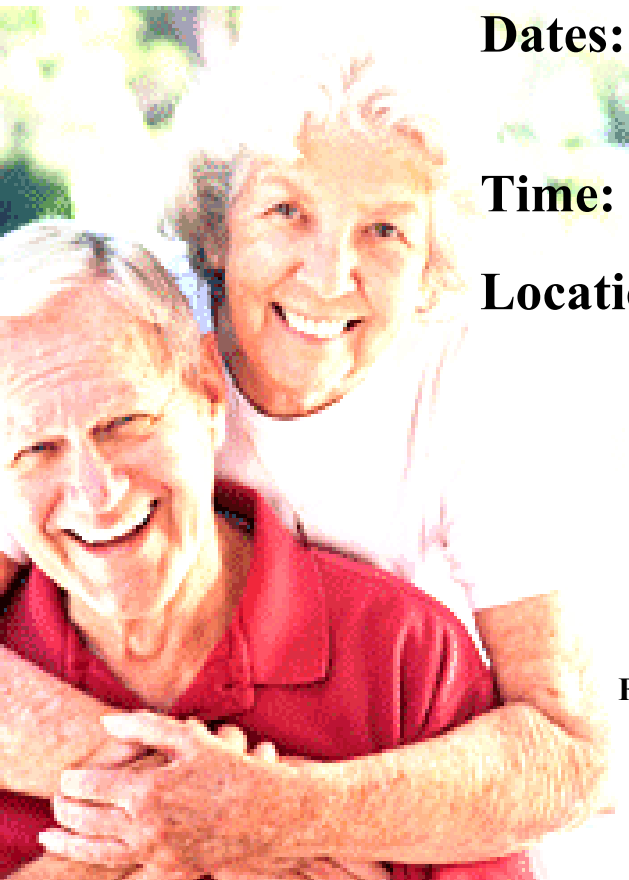
Time: 1:30pm to 4:00pm

Location: THE LODGE AT OTTER CREEK

**Call Scott Needham
388-3983**

Register Soon-Space is Limited!

**Facilitators Nancy Damm & Ann Brousseau, certified and trained
by the Vermont Department of Health**



FALL 1, 2010

ELDERLY SERVICES, INC. ESI COLLEGE REGISTRATION FORM

Return to: Scott Needham, ESI, P.O. Box 581, Middlebury 05753

Name: Last First Middle Initial

Address: Street/PO Box City State Zip

Home Phone: () ()

E-Mail:

Here are the courses I wish to take:

Table with 3 columns: Course #, Course Name, Cost

Please Check the events you wish to attend\

- ()Waybury Seminar "Moonlit Alpaca" Wed. Sept 15, 2010 Cost \$25.00
()Waybury Seminar "Retired Senior Volunteer Program" Thurs. Oct. 21, 2010 Cost \$25.00
()Movie Club "It's a Mad Mad Mad Mad World" Sun. Sept. 19, 2010 Cost \$15.00
()FT#14 Foliage Trip & Lunch @ Simon Pearce Mon. Oct 11, 2010 Cost \$55.00
()Heathier Living Workshop Begins Tuesday Sept 7, 2010 Cost Free

Total =

Check Enclosed Cash Enclosed Expiration Date

Mastercard or Visa#

10 Ten Dollars Off! 10



Register for a class at ESI College and take \$10 off!

(Not applicable to field trips, Supper or Lunch Club, or Movie Club)

Coupon expires 12/31/10 Limit one coupon per person